

Feel like I'm trapped

Posted by Bilaam Harasha to Yosef Hatzaddik - 13 Jan 2022 15:40

So I just came from the teen forum after turning 18 so I thought I should introduce myself to the forum here. Here's just a little background to me:

I've been struggling with p and m for over 12 years now, and during the earlier of those years I wasn't even able to produce seed but the desire was nonetheless there even as young as I was then. I still explicitly remember the first time I did it when my aunt brought her laptop and left it with me while she ran some errands. It wasn't p explicitly then but just arayot which was made known to me through the goyish world and things that I already had a desire to see, so that's what led me to initially seek this stuff on her laptop and eventually it led to me discovering p when I got my own laptop and computer. And I really wouldn't feel guilty at all, only fearful that I would be caught, and so I would do it numerous times a day in my younger years.

Now I'm here baruch Hashem changing my lifestyle and trying to get closer to Hashem and His Torah so I realized that much of my behavior is wrong including this one and that it needs to be fixed. Just a few days ago Baruch Hashem I was able to get the filter I was using previously to work again and now it's up and running on my computer with my mom being able to see my searches and me being only able to view allowed websites. My phone is also filtered in the same manner with apple screen time, so no app store and my safari browser is on allowed websites only with no other browsers or apps that can show me arayot. But I still have some problems:

I feel like I'm trapped and it's creating this sense of desperation in me even though I have been able to combat this desire without feeling this desperate or trapped or weak. So what I'm saying is that the filters are the source of this new feeling which I didn't experience before until getting all of my devices filtered. I also feel like I might act as desperate as an addict would in regard to this. Please, if there's any information or chizuk you can give me on this for me to avoid this feeling and thought process I would really appreciate it. (The sense of being trapped by the way isn't from the filters itself, I don't feel like I can't freely roam the internet because I added all the sites that I use on a regular basis that are kosher but secular from fedex to optimum to religious sites like Torah Anytime or itorah.) I also live with a step father who can't stand me and used to call me names under his breath whenever he would see me. He was removed from my home in the pandemic for treating my mom badly but he's living again with us and when he is in the home I also feel trapped in that regard because I don't want to look at that rasha so I can't freely travel in my home when he's there.

I also haven't told my mom about my struggle so she thinks I'm being frum or something

although I think that she sort of has an understanding of my struggle. So the problem here is that I can go to her and ask her to take off the filters temporarily so I can access a site and then put it on the allowed websites and actually then give in to watching p or allowing YouTube so I can fulfill the desire in that regard and she wouldn't suspect a thing or monitor me while doing this. I also have a dismantled smart TV that is under my bed that can't have any filters on it and that can freely access the internet. In this regard I have no idea what to do but if I start acting like a deprived addict I will likely fall in these ways.

My biggest problem is this though: I injured my shoulder, the same one with which I did the act for most of my life, in a very severe way and I've been recovering from it since March. Most of the time was spent getting bedrest and doing the schoolwork I had in great pain. The doctor's said it looked like I was hit by a car or tackled by an NFL player from the nature of the injuries I sustained but neither of these things happened. Now I was already sort of lazy before the injury but afterward I'm very lazy now and my body also feels like it's getting frail from my laziness. This laziness is something I really have to combat but I really don't have much to do even in regards to studying. I really want to sit down and study but after a while my back starts to hurt and I lose interest and go lay down as I've been used to now after the injury. And the sefarim I have are beautiful and full of so much wisdom like sefer chofetz chaim from artscroll and I need to know this stuff to be a shomer mitzvot Jew. I'm also very lonely and I have been for most of my life until middle school where I would hang around this one group and go to a friend's house and they were all idol worshipping catholics/christians or secular. That was certainly to my benefit because I was raised around goyim like a goy and I eventually fell out of touch with that group in high school baruch Hashem but the problem of loneliness still exists. I was friends with a few Jews from the high school but they are all secular and my interaction with them was just conversations on this topic of immorality (in a bad way) and immoral jokes and lashon hara. I was also friends with goyim and engaged in similar activities with them but I have cut ties with all goyim entirely and with those Jews that I knew also. I have no idea what to do in this regard but I feel like very lonely and I know I should connect with a Jewish community but the type of community I'm looking for is sephardi and that is pretty far away from me.

Please help me in these regards if you can.

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Re: Feel like I'm trapped

Posted by Bilaam Harasha to Yosef Hatzaddik - 30 Jan 2022 23:18

Does anybody know any accountability software similar to webchaver? I just want compare their features to see what's best for me. I'd prefer software that's installed on my device itself that takes screenshots like webchaver and not just on my browser because I already have a filter on it. There's also another problem of there being a loophole in the operating system of my

computer that allows me to get new browsers which unfortunately allows unrestricted access to the internet through those browsers. And I don't think it's possible to put filters on them because they are more like widgets than apps. So I need the accountability until it's hopefully fixed.

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Re: Feel like I'm trapped

Posted by Looking_to_improve - 31 Jan 2022 00:08

Maybe check out truple, I haven't used it recently, but I found it to be quiet good. It was more stable than webchaver on my phone, and has quite a lot of options you can change such as blur level and blurring out text. The big disadvantage I remember was that the images aren't sent in the daily email, rather it's a reminder to log in with a summary of the day. So if your partner doesn't bother looking at the pictures, because of the extra step of logging in, then it's less of a deterrent.

I found a bug where the app would stop when I would press a certain thing on my phone, but I told the developer and he was quick to respond to try find a fix. He takes a lot of pride in his work

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Re: Feel like I'm trapped

Posted by jsmith01 - 31 Jan 2022 00:43

I use Accountable2you.

It constantly scans all text on the the screen and sends an alert if it detects anything.

If you have it set on strict mode nothing gets through.

If you try and make any changes to settings or uninstall it your partner gets an alert.

Bh it has helped me tremendously and I have seen real change since I started using it.

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Re: Feel like I'm trapped

Posted by Shmuel - 31 Jan 2022 00:45

[Bilaam Harasha to Yosef Hatzaddik wrote on 30 Jan 2022 23:18:](#)

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Covenant Eyes

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Re: Feel like I'm trapped

Posted by Shtarkandemotional - 31 Jan 2022 00:50

[jsmith01 wrote on 31 Jan 2022 00:43:](#)

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Wow this sounds good!

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Re: Feel like I'm trapped

Posted by omekhadavar - 31 Jan 2022 01:31

[jsmith01 wrote on 31 Jan 2022 00:43:](#)

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Wow! I just downloaded the trial to see how it works. It keeps track of every single thing. This is amazing!

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Re: Feel like I'm trapped

Posted by omekhadavar - 31 Jan 2022 01:32

[jsmith01 wrote on 31 Jan 2022 00:43:](#)

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Re: Feel like I'm trapped

Posted by Bilaam Harasha to Yosef Hatzaddik - 31 Jan 2022 01:46

Thanks for all of your ideas I'll look into them tomorrow morning b'ezrat Hashem.

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Re: Feel like I'm trapped

Posted by joetyh - 31 Jan 2022 07:22

[Shmuel wrote on 31 Jan 2022 00:45:](#)

[Bilaam Harasha to Yosef Hatzaddik wrote on 30 Jan 2022 23:18:](#)

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Covenant Eyes

Covenant Eyes is the software that webchaver uses....

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Re: Feel like I'm trapped

Posted by jsmith01 - 31 Jan 2022 14:22

I tried out every monitoring software that I could find and this one seems to be the only one that doesn't have any loopholes.

It's been life changing for me.

I have no idea why it's not more well known in the Jewish world.

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Re: Feel like I'm trapped

Posted by Bilaam Harasha to Yosef Hatzaddik - 31 Jan 2022 17:02

I have no idea why it's not more well known in the Jewish world.

Well I went on their website and ~~the creators of the accountability2you are christians~~. Maybe that's why it's not popular in the jewish world and I personally wouldn't want to get just for that. Please don't take this personally though, from what you and others say I would hope there's software similar to this from other sources that aren't associated with people like this. So far webchaver is going great for me.

EDIT:

As I will say in my future posts, attribute all this to my opinion, I removed a lot of stuff here that really wasn't correct for me to say but I left some to give an idea of what I said so there is no confusion about the later posts.

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Re: Feel like I'm trapped

Posted by jackthejew - 31 Jan 2022 19:17

I have no idea why it's not more well known in the Jewish world.

Well I went on their website and the creators of the accountability2you are christians. They start their mission statement by saying how the creator is a believer in jc and they of course foolishly claim as if that nonsense is the word of Hashem when in fact it's the words of a few jews who wanted to take the yoke of heaven off of themselves. See here for if want to find out more of why I'm disgusted by the obvious shecker of this nonsense: Jews for Judaism

And its nothing personally against them in particular, although they did steal our Torah and filled it with mistranslations and now arrogantly claim jews are in the dark of the truth on top of all the times they censored the words of the sages (most hilariously tractate avodah zara from the talmud) and even on top of all the times these people censored their own false testament from their fellow idol worshippers by keeping it in a language only the priests can understand (and I know most of this is from my education in a secular high school in America). The same stands true for all the false religions of the goyim whom aren't observant bnei-noach (like islam also). But here's why I can see why it's not popular in the jewish world and I personally wouldn't want to get just for that.

Please don't take this personally though, from what you and others say I would hope there's software similar to this from other sources that aren't associated with people like this. I just can't stand people like that whether they're non-jews or jews. Keep away from Jews for J. Terrible people.

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Re: Feel like I'm trapped

Posted by jsmith01 - 31 Jan 2022 23:31

I believe covenant eyes/webchaver is the same. Its also developed by Christians.

I don't believe that that's a reason that anyone would accept seeing as there really aren't any alternatives as far as I can tell.

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Re: Feel like I'm trapped

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Please don't take this personally though, from what you and others say I would hope there's software similar to this from other sources that aren't associated with people like this. I just can't stand people like that whether they're non-jews or jews.

Sorry, I'm not understanding why this would be an issue for using their product.

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