

TAKING OFF MY MASK

Posted by No Mask - 30 Sep 2021 22:24

Hi everyone.

I'm here for a few months but I didn't post about myself, and I decided to take that step. I still remember the first time when i emailed GYE I was trembling it was the first time I told someone my secret.

I am in my thirty's and I am struggling from about age 10 and never told a person I just suffered in silence.

When I was a kid one day I was going home from school and there was a CD playing on the bus of a kid singing and I got all funny type of thoughts and feelings and since then i had cravings to be together with someone physical and I would have a friend that I would have my hands on his shoulder and it was I my mind all day and night. But I felt stupid bad but I didn't know what to make of it.

i remember when I was 13 I learned reishis chachmah and went crazy and came in to a shul in Brooklyn where I lived at that time and the rov came over to me if I'm ok because I look like I'm fainting.

Then I went to mesivtah and I started working on myself good days good hours bad days.. and so on.

And at about age 15 it changed to girls.

b"H I never watched porn but I did try to look at pictures and love videos and mainly on the street and fantasizing..

And I just went crazy. I was a very good boy a masmid lamden i was considered from the top boys but I felt like I have this big mask.

I had a chart that I filled in if I masturbated if i careful with my eyes, and I had knosos I had to pay, I always left over one thing from super and lunch to show my self that I don't have to give in to my temptation, cried and davend etc. And it didn't help much I used to try at least half my day should be good Rov. And I am not going to bore with the rest I'm sure a lot of you guys can finish the rest. (Which I didn't know at that time)

but the hardest thing was my MASK and that I knew i will never come out of hell.

I had very judgmental parents which didn't make it any easier. And I never felt comfortable in there presence because it should not leak out to them

I wanted to end my life because I felt I'm doing more damage then good.

The rest to continue

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Re: TAKING OFF MY MASK
Posted by No Mask - 13 Jul 2022 03:58

DAY 3#. Tuesday July 12

B"H VERY GOOD

(Day 34)

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Re: TAKING OFF MY MASK
Posted by No Mask - 14 Jul 2022 03:42

DAY 4#. Wednesday July 13

B"H VERY GOOD

(Day 35)

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Re: TAKING OFF MY MASK
Posted by No Mask - 15 Jul 2022 04:15

DAY 5#. Thursday July 14

B"H VERY GOOD

(Day 36)

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Re: TAKING OFF MY MASK
Posted by Yeshar - 15 Jul 2022 17:05

Keep it up Tzadik!

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Re: TAKING OFF MY MASK
Posted by No Mask - 17 Jul 2022 17:02

DAY 6#. Friday July 15

B"H VERY GOOD

(Day 37)

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Re: TAKING OFF MY MASK
Posted by No Mask - 17 Jul 2022 17:02

DAY 7#. ??? ???? July 16

B"H VERY GOOD

(Day 38)

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Re: TAKING OFF MY MASK

Posted by Hashem Help Me - 17 Jul 2022 23:08

Very impressive! Keep inspiring!

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Re: TAKING OFF MY MASK

Posted by Shtarkandemotional - 18 Jul 2022 14:11

Keep going strong!!

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Re: TAKING OFF MY MASK

Posted by No Mask - 19 Jul 2022 00:20

I wanna do another week of guarding my eyes, starting Sunday July 17

If anyone wants to join me it would be much appreciated

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Re: TAKING OFF MY MASK

Posted by No Mask - 19 Jul 2022 00:21

DAY 1#. Sunday July 17

B"H VERY GOOD

(Day 39)

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Re: TAKING OFF MY MASK
Posted by No Mask - 19 Jul 2022 04:44

DAY 2#. Monday July 18

B"H VERY GOOD

(Day 40)

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Re: TAKING OFF MY MASK
Posted by Lchaim Tovim - 19 Jul 2022 18:08

[No Mask wrote on 19 Jul 2022 04:44:](#)

DAY 2#. Monday July 18

B"H VERY GOOD

(Day 40)

Wow, Mazel Tov! 40 is very symbolic number! I'll be there in two days bezras Hashem.

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Re: TAKING OFF MY MASK
Posted by No Mask - 20 Jul 2022 03:27

DAY 3#. Tuesday July 19

B"H VERY GOOD

(Day 41)

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Re: TAKING OFF MY MASK

Posted by No Mask - 21 Jul 2022 03:48

DAY 4#. Wednesday July 20

B"H VERY GOOD

(Day 42)

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