

TAKING OFF MY MASK

Posted by No Mask - 30 Sep 2021 22:24

Hi everyone.

I'm here for a few months but I didn't post about myself, and I decided to take that step. I still remember the first time when i emailed GYE I was trembling it was the first time I told someone my secret.

I am in my thirty's and I am struggling from about age 10 and never told a person I just suffered in silence.

When I was a kid one day I was going home from school and there was a CD playing on the bus of a kid singing and I got all funny type of thoughts and feelings and since then i had cravings to be together with someone physical and I would have a friend that I would have my hands on his shoulder and it was I my mind all day and night. But I felt stupid bad but I didn't know what to make of it.

i remember when I was 13 I learned reishis chachmah and went crazy and came in to a shul in Brooklyn where I lived at that time and the rov came over to me if I'm ok because I look like I'm fainting.

Then I went to mesivtah and I started working on myself good days good hours bad days.. and so on.

And at about age 15 it changed to girls.

b"H I never watched porn but I did try to look at pictures and love videos and mainly on the street and fantasizing..

And I just went crazy. I was a very good boy a masmid lamden i was considered from the top boys but I felt like I have this big mask.

I had a chart that I filled in if I masturbated if i careful with my eyes, and I had knosos I had to pay, I always left over one thing from super and lunch to show my self that I don't have to give in to my temptation, cried and davend etc. And it didn't help much I used to try at least half my day should be good Rov. And I am not going to bore with the rest I'm sure a lot of you guys can finish the rest. (Which I didn't know at that time)

but the hardest thing was my MASK and that I knew i will never come out of hell.

I had very judgmental parents which didn't make it any easier. And I never felt comfortable in there presence because it should not leak out to them

I wanted to end my life because I felt I'm doing more damage then good.

The rest to continue

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Re: TAKING OFF MY MASK

Posted by No Mask - 08 Jun 2022 23:25

WOW !!!

We have half a minyan already

[Shmuel](#)

[eyes](#)

[Dave M](#)

[committed_togrowth](#)

[No Mask](#)

and as always [Hashem Help Me](#) came to be m'tzoref for minyan.and i see [Vehkam](#) came too.

And I'm sure that hashem is m'tzoref too, so we are almost there

Hatzlacha to all !!

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Re: TAKING OFF MY MASK

Posted by sleepy - 09 Jun 2022 02:37

[Shmuel wrote on 08 Jun 2022 20:47:](#)

[No Mask wrote on 07 Jun 2022 21:54:](#)

DOES ANYONE WANT TO JOIN ME FOR 2 WEEKS KEEPING OUR EYES CLEAN

I cant commit to two weeks but i can commit for the next 24 hours!

i cant commit to 24 hours, but i can commit to today.(bln)

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Re: TAKING OFF MY MASK
Posted by sleepy - 09 Jun 2022 03:14

[sleepy wrote on 09 Jun 2022 02:37:](#)

[Shmuel wrote on 08 Jun 2022 20:47:](#)

[No Mask wrote on 07 Jun 2022 21:54:](#)

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i cant commit to 24 hours, but i can commit to today.(bln)

lets be honest, we dont deserve credit for the hours when we're asleepy

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Re: TAKING OFF MY MASK
Posted by Vehkam - 09 Jun 2022 03:15

You are always a sleepy and take any credit you can....!

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Re: TAKING OFF MY MASK
Posted by No Mask - 09 Jun 2022 04:14

[sleepy wrote on 09 Jun 2022 03:14:](#)

[sleepy wrote on 09 Jun 2022 02:37:](#)

[Shmuel wrote on 08 Jun 2022 20:47:](#)

[No Mask wrote on 07 Jun 2022 21:54:](#)

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So you got the sleeping slot in the minyan

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Re: TAKING OFF MY MASK
Posted by No Mask - 09 Jun 2022 04:21

[No Mask wrote on 07 Jun 2022 21:54:](#)

DOES ANYONE WANT TO JOIN ME FOR 2 WEEKS KEEPING OUR EYES CLEAN

DAY 2# Wed. June 8

B"H VERY GOOD

If yours was good too , join me by hitting the thank you tab

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Re: TAKING OFF MY MASK
Posted by No Mask - 10 Jun 2022 13:01

DAY 3# Thursday. June 9

B"H VERY GOOD

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Re: TAKING OFF MY MASK
Posted by No Mask - 12 Jun 2022 05:02

DAY 4# Friday. June 10

B"H VERY GOOD

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Re: TAKING OFF MY MASK
Posted by No Mask - 12 Jun 2022 05:02

DAY 5# ??? ?????. June 11

B"H VERY GOOD

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Re: TAKING OFF MY MASK
Posted by No Mask - 12 Jun 2022 05:24

I heard this story,

The Bais Aharen from Karlin said, why am I more than my friends, because when I go on the street and I come home B'shalom I give a l'chaim

Meaning most of us recognized and appreciate big steps, but just going on the street once, and you didn't look etc. going on the internet and I didn't look for... we don't celebrate that. And he said what made him into who he was, that he celebrated even one victory in watching his eyes

There is a lot of depth to this story

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Re: TAKING OFF MY MASK
Posted by No Mask - 13 Jun 2022 19:16

DAY 6# Sunday. June 12

B"H VERY GOOD

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Re: TAKING OFF MY MASK
Posted by connected - 13 Jun 2022 20:03

[No Mask wrote on 13 Jun 2022 19:16:](#)

DAY 6# Sunday. June 12

B"H VERY GOOD

I hope I can still join.

I'm adopting the following Pasuk as my own "???? ???? ?????? ???".

(Till I find one that speaks more to me...)

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Re: TAKING OFF MY MASK

Posted by No Mask - 15 Jun 2022 04:08

DAY 7# Monday. June 13

B"H VERY GOOD

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Re: TAKING OFF MY MASK

Posted by No Mask - 15 Jun 2022 04:09

DAY 8# Tuesday. June 14

B"H VERY GOOD

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