

Menucha Vsimcha Ohr Layhudim

Posted by Menucha Vsimcha - 05 Mar 2021 05:54

Hi all!!

I'm married for 8 years now. I've been on and off this site over the years. I've BH gained a lot, I've spoke years back to reb Dov and Reb one day at a time, and others. I've been following some threads especially the recent story ones and yeshiva guy's and others.

I struggle from time to time with my lust addiction and maybe I will one day write it all out like others have done recently in a story format.

Unfortunately, today from one minute to the next, I fell (was ????) with something (or more accurate: someone) way beyond anything I've ever done before! Oiy.

I've reached out to real people in the past and I now plan on reaching out again to a known rav involved with such things and also with Regesh network.

additinaly I am starting this new thread and hope to update it every day or few days to help attain accountability and to be in touch with the olam. Although regularly I'm fine and I don't have anything to update, still I will bl'n update often, in order to help for when the urges hit.

So today was a terrible fall, I doubt it's necessary to write out the extent of it. I'm restarting my 90 day journey And I hope to hear from the olam and to update everyone in the coming days.

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Re: Menucha Vsimcha Ohr Layhudim

Posted by Lou - 25 Apr 2021 19:51

How have you been doing??

We would love to hear more from you....including Yankel's story!

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Re: Menucha Vsimcha Ohr Layhudim

Posted by Menucha Vsimcha - 26 Apr 2021 02:30

Hi there! Thanks for reaching out!! I'm BH doing very good, I'm today 52 days clean!! I've been going to a therapist once a week, I am also seeing a certain Rav every few weeks. And of course HHM is on my case making sure the bedroom sugya is under control, thanks to him!

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