

A bit about me

Posted by Agent_Carmichael - 13 Dec 2020 08:50

I'm 21, I grew up frum, I went to day school, I was a good kid. In middle school I had to transfer out of day school and into public school (where I would remain) because I needed to be placed in special education for some mental health issues that thank G-d is mostly behind me now. Since moving away from day school, I have slowly started to drift away from my orthodoxy. I stopped keeping kosher and shabbat and I don't think I have davened regularly since middle school. My jewish education is severely lacking, I can barely read hebrew. Anyway since going to college I have connected with the chabad on campus and like 2 years ago I started keeping kosher again and am doing my best to keep shabbat. I am on a journey to reinjuvinate myself. I've been learning with my rabbis. I used to blow shofar for my family that could not physically go to shul and I was pretty good at it too, my uncle trained me....Anyway for a while now like 10+ years I have dealt with porn and masturbation. Im at a point in my rejuvenation process where I just don't feel comfortable moving forward (i.e. relearning hebrew and start davening again and learning regularly and blowing the shofar(which I stopped mainly because I did not feel pure)) until I get over this hurdle. I can not have this schmutz in the back of my mind if I am to do the things that involves getting closer to hashem, It just feels very wrong. Just as the cohen gadol would wash their hands before entering the mishkan, I too must purify myself before taking the next steps on my journey towards a relationship with hashem. I need a mental

I'd love to hear any and all thoughts you guys might have, and extra brownie points to whoever can tell me where my username is from without a google search.

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Re: A bit about me

Posted by DavidT - 17 Dec 2020 20:14

If you want to build a relationship with Hashem, spend time thinking that He loves you. Think about His care for you and your wishes, and appreciate that He is looking out for you. Think about all that He does for you, and all the extra things He gave you just for your enjoyment.

Realize that Hashem's entire relationship with you is built on His love for you. Everything He does is only because He cares about you. He never loses His cool or becomes fed up with you.

Remind yourself about all the times Hashem has helped you. Every time He makes something go your way, especially if you prayed for His help, write it in a notebook or on your phone and review it often. This will remind you that Hashem is running your life and that He cares about

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whatever you care about, just because you care about it.

Remember that Hashem is the One Who gives you the strength to defeat the yetzer hara. As you do battle, realize that Hashem is with you. He is always at your side giving you strength, no matter how far you have strayed. If Hashem wouldn't help you, it would be impossible to win any battle.

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