

Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 01 Dec 2020 21:09

I just joined GYE a few minutes ago... I'm a very frum Jew in yeshiva and In a relationship with a very frum girl... never thought I would be posting about this but I'm here today struggling... I'm in the midst of a very meaningful and emtional relationship... can't learn as well nowadays... looking for anyone with similar challenges... can anyone relate?? About my relationship- it all happened accidentally... never thought talking to a girl for a few minutes can cause so many challenges...now It's been many months... we're both super frum and relate to each other extremely well... we share a lot a lot a lot of similarities... feels like I met my twin ... now trying not to meet in person... after meeting several times and falling with shomer negiah...can anyone relate to my situation?! Any comments ??? Please... I'm looking for

I'm a very unique guy... very emotional.. and loves learning with all my heart... I'm a big learner and want to be good.... just struggling with an intense relationship... besides that sometimes very rare I do fall to porn... and to m"zl.... looking forward to hearing from you all!!!

=====

Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 21 Dec 2020 13:56

[Shtarkandemotional wrote on 21 Dec 2020 13:50:](#)

Thanku hashem for an annoying brother that distracted me from my sadness lol!!!! Haha I'm dancing with my headphones in my room pretending I'm at my chasuna!!! Lol!im dancing cuz I'm an eved hashem now!!! I'm dancing because I'm so happy with some of advice that people support gave me!!! With my mindset!!!! We can do this!!!! Last time was brutal, now it feels like I'm eating cheesecake haha!

My thoughts-I will get through this!!!! I'm dancing thanking hashem!!!! Thanku hashem for giving me such clarity for my future so easily Bh!!!! There are so many positives to this situation trying to stay positive I will get through this!!!

=====

Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 21 Dec 2020 13:56

[Grant400 wrote on 21 Dec 2020 13:56:](#)

[Shtarkandemotional wrote on 21 Dec 2020 13:50:](#)

Thanku hashem for an annoying brother that distracted me from my sadness lol!!!! Haha I'm dancing with my headphones in my room pretending I'm at my chasuna!!! Lol!im dancing cuz I'm an eved hashem now!!! I'm dancing because I'm so happy with some of advice that people gave me!!! With my mindset!!!! We can do this!!!! Last time was brutal, now it feels like I'm eating cheesecake haha!

Amazing! You are a legit warrior for hashem! Please do me and yourself a favor! I beg you!

Take a pen and paper and write yourself a letter describing your feelings of happiness. Illustrate how you know it's the correct option and how it's ratzon hashem. Write everything about why you made this decision and took this brutal plunge. Now tuck it away in a safe place, where you can access it and read it on a rainy day, when you start to second guess your holy decision. It will work wonders.

Wow such a good idea!!! Thank you

=====

Re: Boyfriend-girlfriend relationship
Posted by Grant400 - 21 Dec 2020 13:58

Or you can write it right here on this site, to help inspire others too. Like you always do so well!

=====

Re: Boyfriend-girlfriend relationship
Posted by Shtarkandemotional - 21 Dec 2020 14:07

I went out with my future kallah yesterday! We both bought 2 notebooks and we're gonna write in it and vent there and whatever I wanna tell her now I'm gonna write there!!! I'm gonna use this notebook tons lol!! And after when we reach our goal... we're gonna give each other the

notebooks... I'm writing everything in there! I'm so happy hashem is with me gave me such helpful ideas to keep the sadness away!

=====

=====

Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 21 Dec 2020 14:28

I'm gonna post something very special now... In a very emotional state I'm shocked and wowed!!! (I've been seeing my sister saying a lot of tehillim lately...) I just told my mom I get a mazel tov I just broke up and she gave me a huge hug she was so happy huge smile on her face and whatever... then she sits down and she tell me something... she says I wanna tell you a secret ... "your sister didn't tell you who it's for but it was for you...she's been saying the entire tehillim straight (no interruptions in between) 2 hrs each day past 13 days I believe maybe it's even more... and she's been saying it special for me the entire thing ONLY for me! She understands this situation very well!!! Feeling so emotional... there should be many more sisters like this in the world! Tears in my eyes... I have such a beautiful family... I'm wowed such a caring sister?!? Such a person exists ?!?!? You say tehillim for me?!?! The whole thing?!? 2 weeks already?!?! Wow hashem answered her teffilos now things are clicking in how this happened and why I'm dancing now!! I'm gonna buy her a huge gift right now!!! Going to the

in my eyes... this young girl can daven so much for herself... she has so much in her life that can get better!!! I'm amazed!!! Thanku hashem for creating such people in the world!!! To learn from there ways!!! I'm shocked such a caring sister she gets up early from her sleep she has a full day of work not married... and whatev sometimes she gets up 6am to say it for her dear brother that's suffering a lil! Wow!!! Hashem!! Thanku!!! My sister darling Thanku!! You sure will see the fruits of your teffilos I promise!!!

=====

=====

Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 21 Dec 2020 14:32

[Shtarkandemotional wrote on 21 Dec 2020 14:28:](#)

I'm gonna post something very special now... In a very emotional state I'm shocked and wowed!!! (I've been seeing my sister saying a lot of tehillim lately...) I just told my mom I get a mazel tov I just broke up and she gave me a huge hug she was so happy huge smile on her face and whatever... then she sits down and she tell me something... she says I wanna tell you a secret ... "your sister didn't tell you who it's for but it was for you...she's been saying the entire tehillim straight (no interruptions in between) 2 hrs each day past 13 days I believe maybe

it's even more... and she's been saying it special for me the entire thing ONLY for me! She understands this situation very well!!! Feeling so emotional... there should be many more sisters like this in the world! Tears in my eyes... I have such a beautiful family... I'm wowed such a caring sister?!? Such a person exists ?!?!?! You say tehillim for me?!?! The whole thing?!? 2 weeks already?!?! Wow hashem answered her teffilos now things are clicking in how this happened and why I'm dancing now!! I'm gonna buy her a huge gift right now!!! Going to the in my eyes... this young girl can daven so much for herself... she has so much in her life that can get better!!! I'm amazed!!! Thanku hashem for creating such people in the world!!! To learn from there ways!!! I'm shocked such a caring sister she gets up early from her sleep she has a full day of work not married... and whatev sometimes she gets up 6am to say it for her dear brother that's suffering a lil! Wow!!! Hashem!! Thanku!!! My sister darling Thanku!! You sure will see the fruits of your teffilos I promise!!!

Lucky is my future kallah to have such a sister-in-law!!!! I'm not kidding... she is such a special girl !!! Wow!!!! store ASAP !!! Wow, how I'm so lucky to have such a sister honestly!!! So caring!!! Tears

=====

====

Re: Boyfriend-girlfriend relationship

Posted by Yehuda B - 21 Dec 2020 15:55

Hi, I really don't wanna be the party crasher but sometimes it's good to hear some advice from a different angle, especially from someone who has been through this himself. Two years is a long time. People can and should change alot in two years especially during this time in your life. Additionally it will be extremely difficult to get through this time writing notes long term and keeping this girl on your mind 24/7. It will be very hard to function as an individual and it will hold you back from growing as a true ben Torah. If you are really serious about not getting back together during the next two years and want to avoid all contact you need to separate your mind from her. At least for now. It doesn't mean you don't care about each other. And if you wanna write some stuff down now great. But if you consistently take notes about this it will be very difficult in a couple of months. Impossible if you ask me. If you really care about this girl and you really want to grow as a person the best move you can do right now is to throw yourself into other things, learning would be one suggestion. And in a couple of years if it's meant to be it'll happen. Also if you try to reach out to her during this time it might backfire. I know about this because I went through this. I married my girlfriend. After we cut off all ties and went to yeshiva/seminary for a bunch of years. Ended up in kollel for many years afterwards. Not talking for these next two years will help you both grow and if you both end up hashkafically in the same place in two years and you both are still interested it'll happen. Hatzlacha!

=====

====

Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 22 Dec 2020 01:39

Hey all! Today was day #1 wooh! I would call it a confusing adjustment! And a wild roller coaster haha! Going from such a close relationship to absolutely 0 contact with each other! Wow such an adjustment... feeling a lil pain on and off... but try to keep myself really distracted... it hits me here and there but overall doing great!!! Went for a bike ride, bought a gift for my sister, went to yeshiva, did computer work, etc etc... tried keeping very busy... I just found out that I have strep... so it makes sense why I wasn't feeling well past few days haha!(sorry I'm going on like this lol trying to distract myself) this is the first day and I'm wowed! Compared to last time the way the break was done-this is so easy and smooth!!! Gonna try to get busy again now!!! Just the problem is I'm not feeling well so it's hard to move but staying lonely really makes me sad!!! It's so hard I miss my love so much!! I miss those good conversations!!! But she's right we can always resume I find those thoughts help me a lot!! Like to know it's not forever... I need to constantly talk to myself about it!!! Anyway Bh was a good day but a lil confusing a little lonely and a lil painful but was so smooth Bh!!!! And I will get through thisssssssss!!!!!!!!!!!!

=====

=====

Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 22 Dec 2020 02:15

I'm telling myself in her voice what she told me!! "Honey, we're taking it slow... you'll get there... for now our goal is 40 days let's aim for that... and remember I'm always here for you love" when I think about that comment more and more it makes me feel like take it day by day let's make today a possibility each day we don't talk is an achievement !! SPIRITUALLY ... and I'm sure there's a lot of gain for example self control ... and making hashem proud and having more productive DAYS!!!! Feeling good about myself!!! Learning a million times better... etc here! And the same how we decided to take this break etc!!! My goal isn't to heal from this relationship during this break... my goal is 2 grow from this break and to maximize the time wisely... and use it well!! It's precious... I'm 99% sure with HASHEMS HELP!!! That this will be a real future for both of us as a shidduch;) yes I know people change etc.. but if people saw and experienced the same feelings that I felt they would realize it's not something that will just fade away... YES- overtime we may feel more distanced but that doesn't take away anything... after not being in touch 6 months we can sit and shmooz for 10 min and all will come flying back! The love is there the strong bond between us is there but it will be a little distanced the more we move into this break!! It will feel like it's lost like maybe our entire connection is forgotten and lost but it's there and it's 10 minute conversation away in person from being so tightly against your heart! 10 minutes away from knowing that clarity for a shidduch potential! I wish I can share something we her now but I'll vent my

There's someone on this forum that had been amazing to me and just gave me his number to vent to him and he's being such a great help and he just sent me this! I think it's the ultimate truth "I was thinking more about your situation and the following idea came to me: The famous midrash comes to mind that Hashem tests

people before He elevates them to greatness. You have an incredibly difficult situation and nisayon now, but if you overcome it who knows what incredible things Hashem has in mind for you“ this was so helpful it’s a reminder we’re doing this to grow to become better to make hashem proud to Become more productive to have more focus and time and energy for the holy Torah!!!! This is all what I would tell her! AND I hope she realizes that “honey I love you and I’m really with you... I care about you tons and hope your ok and we WILL GET THROUGH THIS we didn’t touch right;)? Yesterday?!? Crazy intense and we made it right?!?!? We didn’t hug goodbye right?! Then we can definitely get through the next minute/hour/day from refraining to break this goal!! Honey ur so special and I love you from the hug and small everything will always be remembered” lol sorry going on like this AGAIN HAHA!!!! I’m just really wanting to

thanks all

so much!!! Feeling so much better cuz I feel like venting and imagining she reading it helps so much!!!! I’ll pretend she’s reading it haha lol!! It’s so cool how this really helps... like to vent... anyway hatzlacha all!!! We will do this!!!

=====

=====

Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 22 Dec 2020 02:26

Taking to myself and telling myself... think about this as tiny small breaks to gain productivity!!! No one is going ANYWHERE!!!! Who am I fooling she lives nearby my house!! This won’t last text her this!! So I decided I’m gonna post here and everyone can here my thoughts straight 2 years!!! We’re just doing as much as we could slowly to gain Torah to gain spiritually! To gain time and productivity!!! We’re still both very connected at heart!!!

=====

=====

Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 22 Dec 2020 02:35

Nice thought- like to compare ppl that had girlfriends and relationships they think it’s all the same like I went through it too and whatever I consider it like this 20 people went to a restaurant ordered all the same food was prepared all the same time and it was all the same fresh!!! 10 of them loved it... 5 we’re ok with it... 2 had allergic reactions.. and 3 threw up after... ahhh what happened it’s all the same food?!?!?! Answer is everyone has different reactions different taste buds etc etc... so... so to with relationships people went through something but each relationship is different in its own way.. YES- others went through the “same” -friend with the opposite gender or whatever... but just like it’s the same meal for everyone... it’s not the same relationship for everyone...some might throw up and some might love it insanely!!! Some might have really close unusual relationships while other are eh! Not so good but they think it’s good and then they later on realize how bad it was and then they think everyone’s situation is like that and at one point everyone realizes... whatever I know how this goes Lolol!!!! So everyone is

different REMEMBER some throw up and some love it!!! Some relationships are REAL some aren't so real even tho they may think it is!!

=====

=====

Re: Boyfriend-girlfriend relationship
Posted by Shtarkandemotional - 22 Dec 2020 02:37

Thanku GYEEEE Thanku HASHEMMMMMM posting here literally relieved me like it does when my love validates and listens like a pro! Thank YOU HASHEM!!! For GYE!!!

=====

=====

Re: Boyfriend-girlfriend relationship
Posted by Shtarkandemotional - 22 Dec 2020 02:38

[Shtarkandemotional wrote on 22 Dec 2020 02:37:](#)

Thanku GYEEEE Thanku HASHEMMMMMM posting here literally relieved me like it does when my love validates and listens like a pro! Thank YOU HASHEM!!! For GYE!!!

Feeling like I CAN do this especially letting it all out here helps so tremendously!!!!
Wowwwwwww feeling in heaven bhhhhhhh!!!!!!

=====

=====

Re: Boyfriend-girlfriend relationship
Posted by Shtarkandemotional - 22 Dec 2020 02:52

and made me feel so much better..Bh!!!!!! Such a
magic wand!!

=====

=====