

Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 01 Dec 2020 21:09

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I just joined GYE a few minutes ago... I'm a very frum Jew in yeshiva and In a relationship with a very frum girl... never thought I would be posting about this but I'm here today struggling... I'm in the midst of a very meaningful and emtional relationship... can't learn as well nowadays... looking for anyone with similar challenges... can anyone relate?? About my relationship- it all happened accidentally... never thought talking to a girl for a few minutes can cause so many challenges...now It's been many months... we're both super frum and relate to each other extremely well... we share a lot a lot a lot of similarities... feels like I met my twin ... now trying not to meet in person... after meeting several times and falling with shomer negiah...can anyone relate to my situation?! Any comments ??? Please... I'm looking for I'm a very unique guy... very emotional.. and loves learning with all my heart... I'm a big learner and want to be good.... just struggling with an intense relationship... besides that sometimes very rare I do fall to porn... and to m"zl.... looking forward to hearing from you all!!!

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Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 02 Dec 2020 05:24

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To "yeshivaguy" I appreciate what you wrote... so kind and caring and sensitive about it.. I appreciate it... I would love to hear some tips on how to take a break from this...

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support

Re: Boyfriend-girlfriend relationship

Posted by YeshivaGuy - 02 Dec 2020 05:27

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[quote="Shtarkandemotional" post=358074 date=1606886217 catid=19]I think it's A great relationship but just has to wait for marriage..

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Re: Boyfriend-girlfriend relationship

Posted by YeshivaGuy - 02 Dec 2020 05:52

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[Shtarkandemotional wrote on 02 Dec 2020 05:24:](#)

To “yeshivaguy” I appreciate what you wrote... so kind and caring and sensitive about it.. I appreciate it... I would love to hear some tips on how to take a break from this...

Absolutely buddy. I know it's not as easy as it sounds, guys say just break it off etc, but it's very difficult. Especially as someone (like myself) who is drawn to emotion and thirsts for a deep relationship...

I know it's not just taiva, and that's what makes it so much harder.

Theres 2 things we should be looking to do.

1. Break off this relationship with the least emotional pain and most erlichkeit possible.
2. Find something to satisfy, or at least distract from, (for the time being until marriage) your tremendous cheishik for such a relationship. Obviously we can't yet redirect this inner ratzon entirely, that will need to wait for marriage. But we can help you cope.

Regarding #1: A lot of it depends on your style. Meaning, I'm a pretty intense guy, so I once wrote an emotional letter (expressing my appreciation to her etc, and how this is so hard for me

but could be here it would have the opposite affect and just drive your emotions through the roof.

Though a face to face conversation is also pretty intense, so perhaps a phone call would be preferable.

You can take ur pick and we can discuss what to say/wright.

For those of us who are naturally driven primarily by emotion then intellect, it's hard, in a time like this to act upon pure seichel and not be ?????? to the Lev (as in emotion, not necessarily refers to taiva).

This is a life's work, and is the tachlis haAdam (as we can discuss another time)- That ones Seichel rule their Lev.

So in this position, it helps to be aware of this Stira within you. Two opposing kochos within the

Adam.

Your Seichel says it's best to break it off but your Lev says it can't.

Im not giving an eitza, I'm saying to be aware of what's happening.

What you are experiencing is ????? the nisayon of ??? in this world ??? ?????.

Contemplate this.

You are choosing what is objectively better over that which feels better.

Your mind is ruling your heart with this decision.

A high darga.

This is a big Yesod b'chlall in Yidishkeit, and it helps immensely to always be aware of this inner struggle.

We'll discuss #2 later. Meanwhile u can respond to this and choose which mahalach you'd like to take (letter v.s face to face or phone call)

With much admiration,

YeshivaGuy

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Re: Boyfriend-girlfriend relationship  
Posted by Shtarkandemotional - 02 Dec 2020 06:05

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I've tried everything already!!! Nothing takes the place!!!! Nothing...I've tried everything...

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Re: Boyfriend-girlfriend relationship  
Posted by YeshivaGuy - 02 Dec 2020 06:05

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[Shtarkandemotional wrote on 02 Dec 2020 05:10:](#)

Just feels like such a challenging state... such a torn matzav... cuz it's a distraction in my life and I can't focus and learn and here and there (rarely) we meet and even then (rarely) we slip with shomer negiah...

Yup I totally feel ya.

Its super rough and confusing, cuz you feel/see so much good yet you see lmaaseh there's big negatives to it.

I think it's clear what needs to be done buddy.

Respond to my previous post, we'll get through this together

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Re: Boyfriend-girlfriend relationship

Posted by YeshivaGuy - 02 Dec 2020 06:08

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[Shtarkandemotional wrote on 02 Dec 2020 06:05:](#)

I've tried everything already!!! Nothing takes the place!!!! Nothing...I've tried everything...

Tried everything?

1.what constitutes "everything"?

2.how long did u spend trying?

and 3. I never said it will take the place, I said we can help u cope.

Dude, I was ligit dying a just a few months ago, u can check my thread.

Now I'm shteiging in Yeshiva.

Its possible

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Re: Boyfriend-girlfriend relationship  
Posted by 90dys - 02 Dec 2020 07:35

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You are dealing with a nisayon the likes of which I cannot fathom. **"Cold turkey" can only work if you appreciate the magnitude of the greatness that it would take to sever the relationship.** Although I would never wish such a test on anyone, I envy your schar (I constantly tell my talmidim not to overfocus on the reward awaiting in olam haba, but to the elevated and indescribable feeling that one has immediately after conquering a taavah, after being mevater, etc; there is no parallel in the physical world)

Feel free to email me at [jackz90dys@gmail.com](mailto:jackz90dys@gmail.com)

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Re: Boyfriend-girlfriend relationship  
Posted by Youngster - 02 Dec 2020 14:57

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Hi, can I ask you a few questions?

- 1) do you have other things that occupy your mind except your relationship?
- 2) are there stuff that you enjoy to do and she doesnt and you do it?
- 3) do you feel a need to share EVERYTHING with her, every feeling, plan thought etc or do you feel that she should share everything?
- 4) if you call her and she says she's busy now with her friends etc will you be hurt (or the other way around)
- 5) do you feel that without her, you will literally die?...
- 6)do you give her all the credit of your growth in the last few years?

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Re: Boyfriend-girlfriend relationship  
Posted by Youngster - 02 Dec 2020 15:35

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Can I ask you a few questions?

- 1) do tou feel that without her you dont have why to live for?
- 2) do you ask her before making a decision on everything?
- 3) is it very important for you that you agree on almost everything?
- 4) do you need her in order to be happy?
- 5) do you think about her, what she would think, do, approve of, when you do stuff that has nothing to do with her?
- 6) do you feel you havto share EVERYTHING with her?
- 7) do you need her approval on everything you do in order to feel good?
- 8) do you have mixed feelings while answering those questions, trying to figure out out what the right answer should be in order to say that this is indeed a great match, or trying to make excuses why it really is good???

Be honest with yourself...

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Re: Boyfriend-girlfriend relationship  
Posted by yuyu - 02 Dec 2020 15:55

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One thing I marvel at is how is it possible in the frum community that something like this should happen without anyone noticing it?

How can such a relationship be established in the first place between 2 frumies and how can it be possibly be sustained?

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Re: Boyfriend-girlfriend relationship  
Posted by anonymousmillenial - 02 Dec 2020 16:48

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I can't even start to imagine how hard this is for you.

You're probably thinking to yourself:

"Why do I really need to break up with her? If we go so good together, why can't I just continue? You might argue that it's bad for my yiddishkeit, but I truly feel that I've really grown since I've met her."

Let me tell you, I once went to visit my family, who had a girl about my age. We started talking. I fell in love with her. More precisely, I was totally infatuated by her. I already saw myself together with her.

Even though my situation wasn't so involved as yours, my point is that I wasn't seeing clearly. Even after not having spoken to her and seeing her for a few weeks and months, I still felt a 'connection'.

I find the problem with these situations is that as long as we're involved, and perhaps as long as we see it as a possibility we aren't able to think clearly.

Therefore, I would highly recommend what has been recommended by the choshuve oilam over here: either seek daas toireh on this issue by someone who knows you and find clarity, and if he tells you to marry her, then fine. Or break it off.

The situation as is can't continue.

I know it's an extremely hard situation on your part. And the fact that you were able to reach out over here, makes you a true hero. But the fact that you reached out over here shows that you yourself realize that this situation is not optimal. It's probably tearing you up on the inside. That's normal.

You're at a crossroads where every option is painful.

1.) Reaching out is extremely hard, especially with the nature of this issue being very sensitive.

2.) Breaking up doesn't even seem possible. How can you get yourself to break up with your best friend, especially if she might be your bashert?

3.) Continuing the way it's gone so far might be the easiest option and that's why it has continued up till now. But you yourself realize that it's not right and it's eating you up on the inside.

At the end of the day, Hashem created each one of us with a moral compass. You know what the right thing is to do, and as long as you won't follow that inner guide, you'll feel that bitter aftertaste.

May Hashem give you the inner strength to do what is right in his eyes.

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Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 02 Dec 2020 17:27

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Firstly THANK YOU everyone!!

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Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 02 Dec 2020 17:28

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Yes it's unreal .. 2 super frum families and 2 SUPER frum people!

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Re: Boyfriend-girlfriend relationship

Posted by yuyu - 02 Dec 2020 17:35

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[Shtarkandemotional wrote on 02 Dec 2020 17:28:](#)

Yes it's unreal .. 2 super frum families and 2 SUPER frum people!

It's not that unreal, as you see some guys here relate to you.

Btw, Is anyone aware of the relationship, besides you and her?

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