

I am new here...

Posted by Lou - 29 Nov 2020 22:39

Hello, I am brand new here and a bit confused about how to use the forums and how GYE itself works. I do feel like I need help but just not sure how to get it here. Is there a (relatively) easy way to get the idea?

Thank you!

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Re: I am new here...

Posted by 90dys - 02 Dec 2020 07:21

Grant, you are the man; the "neighborhood bully parable" is spot on! Until the vulnerable kid believes that he can extract himself from the cycle of being taken advantage of - he will succumb every time.

Lou, the guys in the chat are the best of the best. Their honesty based on personal experiences makes them qualified like no one else - please stay in touch.

And remind the bully (yes, verbally and out loud) that you make the decisions around here. (just make sure that "she" is not in the room when you have this mirror conversation, you don't want to freak her out...)

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Re: I am new here...

Posted by Lou - 06 Dec 2020 21:03

I would like to clarify something. I am sure this is something that has been chewed over countless times here on GYE, but please indulge me and allow me to have some chewing time too.

Can someone please clarify what is the definition of an addiction? When is a behavior considered to be an addiction? Regarding our shared struggles here on GYE, Obviously every frum man has this struggle to a certain extent. Every person has a Yetzer Hara for Arayos etc

and today's world is full of temptations. So, if someone falls in his nisyonos is he called addicted? Is it a certain amount of times that he falls to be considered addicted? Furthermore, does it really make a difference if the term addicted is applicable or not? It is a struggle and it has to be worked on in whichever way works as long as it conforms halachically and hashkafically for that person. Or no, maybe there is a very different way to treat an addict and someone else and perhaps it would even be harmful to do otherwise?

Any thoughts are welcome.

Thanks!

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Re: I am new here...

Posted by Lou - 06 Jan 2021 03:01

Hello, I generally post on my thread in the Break free forum. However, I came across my thread here now. I was reading through some of the responses I got when I first arrived here. You have no idea how helpful it is to get those first few welcome messages. It gets you through those uncomfortable days when you are not sure if you should be here or not...

Thank you!!!!

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Re: I am new here...

Posted by barber - 10 Oct 2021 19:53

[Lou wrote on 06 Dec 2020 21:03:](#)

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Thanks!

new.recoveryzone.com/PublicSurvey/Home

the sast test is very good, but under 10 i dont think needs real addiction style help and gye should be good enough for him

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