

ok let me try this again

Posted by 5770 - 17 Nov 2020 11:11

Day 1.

This has affected most if not all aspects of my life in very bad ways. Being older probably than many of you I can tell you this does not get any easier.

Hoping to check in regularly and keep on top of this going forward.

thank you,

yaakov

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Re: ok let me try this again

Posted by 5770 - 26 Nov 2020 16:07

What do you think drives you to be a good father?

Yeah I dont know. Well i am lucky to be home a lot so they get a lot of attention

What do you think the difference is between being a good father and a good husband?

Wow good question! I have no idea. It is easy for me to relate to my kids (well, not the female,

) and be a reasonable father. After all, even a vicious wolf can be a loving parent.

obviously

Care to share how you are managing?

I have no better strategy than reading GYE and posting every day. I am almost on Day 10 and I hope this is a sustainable technique. Using self-guilt is only of value to me AFTER the acting

Thank you for writing. I do appreciate it.

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Re: ok let me try this again

Posted by 90dys - 27 Nov 2020 04:06

You are clearly a loving and dedicated father! While that does not *necessarily* translate into being a loyal husband, the two are certainly related, and given your extreme self awareness and honesty, I am 100% certain that BEZH we will be chatting in two weeks with you on Day 24.

I could use help as well - as I fell hard last week and was guaranteed (by no less than "Thank that better days are ahead. You are the definition of a Gadol (think Yosef hatzadik....); please daven for me and I will do the same. Stay strong brother - We are in your corner!

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Re: ok let me try this again

Posted by 5770 - 28 Nov 2020 01:44

thanks for being in my corner, makes a huge difference....sending you my brother awesome

brochos for your continued strength!

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Re: ok let me try this again

Posted by wilnevergiveup - 28 Nov 2020 17:58

I saw somewhere that the difference between parenting and "husbanding" is that when parenting we come into it without expecting to receive anything in return as opposed to marriage where we at best expect to receive in return and in most cases expect to receive more than we give.

I think many people find themselves better parents than spouses and this might be the reason.

All the best.

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Re: ok let me try this again

Posted by 90dys - 29 Nov 2020 01:42

The energy is reciprocal, as I believe that we are in a similar spot (I am 2 days behind you in cleanliness). One day at a time....but I am optimistic that now is an eis ratzon for us both to BEZ"H make a strong statement to our (very different) yitzrei hara and string together a special streak of nekiyus.

Not sure why - just a feeling

Feel free to reach out at jackz90dys@gmail.com

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Re: ok let me try this again

Posted by 5770 - 29 Nov 2020 03:26

parenting we come into it without expecting to receive anything in return as opposed to marriage where we at best expect to receive in return and in most cases expect to receive more than we give.

agree ...this is the root of the problem here... I expect a reward for my effort. Ha! that does

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Re: ok let me try this again

Posted by 5770 - 29 Nov 2020 03:28

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Re: ok let me try this again

Posted by 5770 - 03 Dec 2020 02:20

I've been looking for excuses to act out... was getting some legit items on dear old Amazon and explain a lot before you know it, some fairly un-tznus photos came into focus, which of course I dutifully

Not going to pretend... it was good to look even at amazon advertising!

But of course, you know how quickly these things escalate.

Anyway, luckily the lady folk in the house started yelling and having a crises which broke the trance I was in.

So here we are, all good now. Day 16.

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Re: ok let me try this again

Posted by jack123 - 03 Dec 2020 06:27

phew

i came across your post last night on another forum, that you were about to fall..

been oif shpilkes since

big relief, stay strong

all the best

jack

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Re: ok let me try this again

Posted by 5770 - 03 Dec 2020 16:30

thanks Jack, i'm in that state where I've gone a small but decent distance with the streak so I am a bit complacent, you know? Anyway appreciate the support!!

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Re: ok let me try this again

Posted by 5770 - 04 Dec 2020 01:59

17 days!

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Re: ok let me try this again

Posted by Youngster - 04 Dec 2020 02:05

To"v (17) meod!!!

Keep on going! But please make sure to make a lchaim to celebrate!!!

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Re: ok let me try this again

Posted by 5770 - 04 Dec 2020 11:37

will do!! thank you

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