

Yearning for Serenity

Posted by Rebuild613 - 09 Nov 2020 14:55

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Re: Yearning for Serenity

Posted by Rebuild613 - 29 Nov 2020 07:48

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Re: Yearning for Serenity

Posted by Rebuild613 - 01 Dec 2020 10:35

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Re: Yearning for Serenity

Posted by YeshivaGuy - 01 Dec 2020 12:10

[Rebuild613 wrote on 01 Dec 2020 10:35:](#)

Nonsense. When I hear all the tzaros and torment you've endured yet you still yearn for Dveikus to the Eibishter and try every day anew, that lifts me up and gives me hope.

We aren't suffering here buddy.

We are being uplifted and inspired by a genuine Eved HaShem.

I don't have much to say in regards to the beginning of your post, and I'm sure guys here will.

But I can assure you, hearing from you only enhances my day and my life.

Because I gain a glimpse into the life of a true Mevakesh HaShem.

With much admiration,

YeshivaGuy

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Re: Yearning for Serenity

Posted by YeshivaGuy - 01 Dec 2020 12:20

[Rebuild613 wrote on 01 Dec 2020 10:35:](#)

But G-D why do my brothers over here have to suffer by listening to my complaints?? They deserve a better day.

Nonsense.

When I hear of the tzaros and torment you've endured yet you still yearn for Dveikus with the Eibishter, that lifts me up and gives me hope.

We aren't suffering here buddy.

We are currently being uplifted and inspired by a genuine Eved HaShem.

I don't have much to say in regards to the first part of your post, and I'm sure the chevra here will.

But I can assure you, hearing from you enhances my day and life,

because I'm gaining a glimpse into the world of a true Mevakesh HaShem.

With much admiration,

YeshivaGuy

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Re: Yearning for Serenity

Posted by wilnevergiveup - 01 Dec 2020 14:47

[Rebuild613 wrote on 01 Dec 2020 10:35:](#)

...But i need to communicate with you guys because when i daven should it be the regular tefilah or Theilim, i must tell you my real feelings, i feel i am davening to a wall, i am still davening 3 times a day but on Tehilim i gave up, i have heard in the past that if i would've pray'd a little bit more so everything would be okay, like the famous vort that if Moshe rabeinu would've daven one more tefilah ????? ?????? he would've entered eretz yisroel,

It doesn't motivate me any more.

It's interesting that you mention ??????, I actually wrote something about this that was bothering me for a while. You can see it [here](#).

About tefillah in general, if I may ask, what is your *tachlis* in davening, what do you expect to happen/feel?

You can ask yourself, do you feel like Avraham Avinu felt when he was davening a hopeless tefillah to save Sedom? Did Avraham feel like he was talking to a wall? Why or why not?

The answer to this may be enlightening.

Please keep on inspiring us!

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Re: Yearning for Serenity
Posted by Rebuild613 - 01 Dec 2020 23:20

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Re: Yearning for Serenity
Posted by Rebuild613 - 01 Dec 2020 23:26

My tefilah problem is twofold, 1) getting answered or not, 2) feeling a connection regardless of being answered, like in the words of the Chazon Ish

??? ????? ????? ?? ?????? ????? ?????? ?????? ????? ????? ????? ?????

I don't feel any connection whatsoever i do the services diligently, i am a Robot the robot moves his lips turns pages etc etc. even though i have No intention of giving up the robotic services (because doing less then the minimum is even worse) but it is frustrating, i feel alienated because it's most probably

????? ?????? ?????? ?????? ?????? ??????

it is very possible that it's a direct result of watching porn in the past.

btw. I am a bit confused, ?????? ????? composed a tefilah for one who wishes to do teshuva towards the end are these words

??? ?????? ??? ?????? ??? ?? ?????? ??? ?????? ?? ??? ?????? ??? ??????

if i can talk to Hashem direct i can tell him ????? ?? ??? so who needs all these ??????/?????? and if i do have a direct line so what exactly is ?????? ??????

point #2) about being answered, i do not remember exactly where but over the years i have seen it from different sources that if someone asks Hashem for ??????? there is no way the tefilah would go unanswered, it sounds too good to be true because as much as i prayed for the ??????? of my children does not seem to work. Is the wall between me and G-D so thick that even rabeinu Yona's method does not work ??

Please be aware: i am asking these questions because i am looking for CLARITY if i have clarity it's much easier for me to shlep the robot to shul 3 times a day and it's not an easy task.

one more point. Re: Avrohom avinu G-D spoke to him directly. it's impossible to compare his relationship with Hashem and our relationship.

Looking forward hearing from you again

Love you ALL !

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Re: Yearning for Serenity
Posted by wilnevergiveup - 02 Dec 2020 05:14

Here is something that I wrote for parshas Vayeira (I never finished editing it so it's still a little choppy and rhetoric).

In parshas Vayeira, Hashem tells Avraham about his plans to destroy Sedom. Avraham then pleads with Hashem to Sedom from destruction. His tefillah is one of the greatest tefillos of all time. Avraham challenges the justice of Hashem, asking how could Hashem destroy the cities. Maybe there were ten tzadikim in each one and in their merit the cities should be saved. How can Hashem destroy the tzaddik together with the rashah that would be injustice.

When told that there weren't ten tzadikim in each city, Avraham didn't give up. He challenged Hashem again, maybe there were nine and that was enough, maybe eight.

Some even explain that the reason why Hashem told Avraham in the first place was to hear his tefillos.

The question is that we know that in the end Sedom was destroyed. What then happened to all those tefillos, did they all go to waste? What was the point of them if they didn't even accomplish their task?

If this is true that Avraham's tefillos went unanswered, how should this make us feel about our own tefillos?

In school they teach us not to worry no tefillos are lost, Hashem saves each and every one for a later time. Does this mean that I am davening sso that Hashem should save my tefillos? But I want my tefillos to work for me now, to save me from my current troubles, shouldn't my tefillos work to give me what I am asking for?

The answer is that we are making a mistake about the avodah of tefillah.

We go through life with master plans about what we want to do or are planning to accomplish. When something gets in the way of our predetermined life plan it seems to be an obstacle. We then turn to Hashem to solve our problems and get upset when He doesn't follow our plans.

With this logic, things that go according to the way we want then to go, mean that Hashem is listening to us and maybe He even deserves to have us do a good deed or two. If on the other hand things don't fall into place the way we want, we get upset and angry at Hashem. How could he destroy my plans, how could He cause me so much anguish, does He not want me to succeed?

The answer is that of course He does, but we need to clarify what it means to succeed. We are in this world to serve our Creator, to reveal His glory by removing the evil from ourselves. The more we remove ourselves from the vanities and fleeting pleasures of this world, the closer we will be to removing evil. We only have a limited number of years to live and during that time only a limited amount of energy. Anything spent on pursuing the pleasures of this world is that much less available to be spent on spiritual needs. It goes even further than this. The more we invest in this life, the more we are making this temporary world important to us. By pursuing the vanities of this world we are showing that it is more important to invest in short term gains at the expense of long term ones. It's either one or the other, you just can't have both. You cannot value physical pursuits and at the same time value the spiritual ones, one takes away from the other, whichever one you give your time and effort, it's at the expense of the other.

With this in mind, it follows that the avodah of tefillah cannot be purely to get what we want from Hashem, after all, what we want is most likely not even good for us unless it is our spiritual desires. Now it makes sense why Hashem doesn't give us everything that we ask for. This is because He really does love us and does for us only what is really going to help us reach our spiritual needs. It's more than "it's all for the best", It must be clear that something that we want purely to fulfil our desires will most likely make our avodas Hashem more difficult. In order to grow we need to learn to live with not getting everything that we want and learn to live with less. We will be happier and ultimately be more successful in what really matters.

If all this is true, what then is the purpose of tefillah?

One of the peshatim that is said is that when we daven, we are acknowledging that whatever it is that we are asking for is completely out of our hands and in the hands of Hashem. We are making ourselves aware that Hashem is the kol yachol, and that He can do whatever he wants. We then can reach the level of clarity that whether it goes the way I want it or not it's the will of Hashem. We understand that Hashem could make it go either way and it's in His power to turn things around if that is what He sees fit. We use tefillah as a way of connecting to Hashem and strengthening our emunah and bitachon.

With this understanding of tefillah, we see that there is no such thing as a tefillah that goes to waste. Even a tefillah that wasn't answered the way we wanted still accomplished the most important aspect of tefillah and that is becoming closer to Hashem.

Although Hashem does save tefillos for later times, nothing can change the level of closeness reached through the actual tefillos. When Avraham Avinu davened, he was literally speaking to Hashem (getting real time answers) and connecting. Even if they didn't work for what he had wanted, the connection, the trying to understand Hashem's ways, the growing and becoming closer are still there.

This was a thought that I had on the parsha, please let me know what you think.

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Re: Yearning for Serenity

Posted by YeshivaGuy - 14 Dec 2020 04:34

Hey buddy how you been?

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Re: Yearning for Serenity

Posted by Rebuild613 - 14 Dec 2020 06:52

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Re: Yearning for Serenity

Posted by YeshivaGuy - 14 Dec 2020 06:59

I'm sorry to hear that.

Perhaps if you share with us your struggles we may together work on making things better?

We all care so so much about you. We need you

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Re: Yearning for Serenity

Posted by Rebuild613 - 14 Dec 2020 10:30

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Re: Yearning for Serenity

Posted by Grant400 - 14 Dec 2020 14:06

[Rebuild613 wrote on 14 Dec 2020 10:30:](#)

I hate being labeled as a complainer, i therefore refrained from posting.

It's been very difficult lately for me, this morning i was up at 2:00am deep in my thoughts lots of sadness etc. suddenly the phone notifies me of a email received it was none other than a fellow brother @GYE asking how i am doing.

Never underestimate the nuclear power of a good word AT THE RIGHT TIME

(to be continued)

My friend! My dearest Rebuild!

How many times do we have to reiterate that we want to hear your complaints?!?

Which one of us joined GYE to hear nice and sweet things, and see people being miraculously healed, and to dance in a meadow full of roses? (Those guys post and then leave).

Didn't we all join to come together as a group who have been fighting these urges our entire life, and could use some ideas and chizuk, and the camaraderie this brotherhood has to offer?

Isn't that chizuk and camaraderie felt through all of us venting our frustrations, ranting and raving, sharing our ideas and experiences, falls and wins?

Why do you feel like we don't want to hear every word if complaint? (That is what we login to hear every day/night!)

Message to awesome you:

Share!

Share!

Share!

Share!

Share!

Oh yeah, and one more thing. SHARE EVERYTHING!!!!!!

Grant

P.S. SHARE!!!!!!

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Re: Yearning for Serenity
Posted by Rebuild613 - 14 Dec 2020 17:08

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