

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 14 Dec 2020 23:56

At dougies now with the family, night before I drive back to Yeshiva.

Funny, they don't realize that I'm celebrating almost 100 days clean.

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Re: Make it to Yeshiva

Posted by Grant400 - 15 Dec 2020 04:03

[Shnitzel and kugel wrote on 14 Dec 2020 18:14:](#)

It's our little secret

Yes I agree!

I think yeshiva guy is the "gye navy seal" that fights till the end and never quits!

Couldn't agree more!!!!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 16 Dec 2020 03:04

I can't believe I'm writing this.

B'Chasdei HaShem I am now 100 days clean.

Clean from touching my "Ever" for hanaa.

Clean from masterbating

Clean from watching explicit content.

I used to dread saying kriyas shema.

The words “v’lo sasuru,” would send shivers down my spine.

In my heart I didn’t actually believe it was within my capability whether or not to violate these holy words.

And by extension, I wasn’t shayach to “v’hyisem Kedoshim.”

I was an outsider.

I would read Mussar Sefarim describing high madreigos of Kedusha v’Yiraah.

And I would listen to shmuzin from my Rebbium and Roshei HaYeshiva about how Klall Yisrael is a “Mamleches Kohanim v’Goy Kadosh.”

But every night I would hear shiur from a different “Rebbi.”

“Ein l’cha Cheleik b’Elokay Yisrael” is what the porn stars and western society would tell me.

I was just a piece of meat, evermore bound by his base desires.

And so I lived.

Learning, davening, and doing mitzvos.

But I didn’t actually believe I was shayach to a life of Kedusha.

The Rebbium just didn’t understand!

This is 2020, this generation of Jews aren’t shayach to this “Goy Kadosh” that they speak of.

A sad mindset, born not out of rebellion, but of despair.

I had heard of GYE.

I had always assumed it was for crazy addicts, but not for “normal people” like me who struggled with masturbating and watching explicit content from time to time.

When zman ended early before Pesach due to Corona, I knew I had to do something drastic to stay afloat and not drown in the cesspool of pornography.

So I joined GYE.

I met an anonymous chevra of Emesdike Bnei Torah striving to grow in their Avodas HaShem.

I wasn't alone.

This chevra lifted me up when I was down, and was always there for me no matter what.

There is one particular thing that has played a central role in my Hatzlocha thus far.

One day, HaShem Help Me reached out to me.

We spoke on the phone and he conveyed to me fundamental Yesodos of how to view myself and approach the challenges I was having.

He offered me a deal. If I would be clean for a certain amount of days then he would give me a certain amount of money.

The offer was for 30 clean days.

Now, in my mind, this was way outside of my Nekudas HaBechira! But he persisted and I agreed. I was matzliach Baruch HaShem, and have been ever since.

Every time I struggled he was there for me on the phone, over text, etc.

But what was more meaningful to me was that he was willing to invest in me when I wasn't willing to invest in myself.

He invested monetarily in a "stock" which I never believed had the capability to grow.

This has been fundamental in my growth thus far, and B'ezras Hashem, shall help further my Hatzlocha henceforth.

Anyone interested in this life altering opportunity can contact HHE directly or PM me for details.

I have no words with which to convey to each and every one of you my Hakoras HaTov.

People ask me "How did you do it? How did you overcome this particular nisayon?"

And the answer is,

I don't know.

But I do know that it was this chevra here which debunked the lies I had been fed by the entertainment industry.

I am not a slave to lust.

I am the Baal HaBus over my Self.

And it is only because of this chevra here, that I now believe wholeheartedly that I am shayach to a life of Kedusha.

And Now, when I walk into the Beis HaMedrash, I proclaim defiantly in my heart and in my mind "Yesh Lee Cheilek b'Elokay Yisrael."

Thank You,

YeshivaGuy

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Re: Make it to Yeshiva

Posted by Zedj - 16 Dec 2020 03:20

You are amazing in so many ways.

You should really celebrate and know that you are an inspiration for many on here.

Thank you for posting and sharing your experience!

From what I understand, the battle doesn't just stop after 100 days, so don't just casually skippidy dippidy away.....

Looking forward to see many more posts from you!

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Re: Make it to Yeshiva

Posted by badaba - 16 Dec 2020 04:11

I'm clean for 180 days. Haven't touched a thing. Barely thought about it for months. I was on top of the world. Years of struggle, and suddenly I'm free. Just like that. Amazing. Had a good Yom Kippur, and never have to think about this again. Who ever would have thought that stopping cold turkey could be this easy? Amazing.

The last few days I'm suddenly going crazy, fantasizing and craving a relapse. It's like quitting smoking, and after years off abstaining and thinking that you're totally over it, you suddenly are dying for just 1 cigarette. It's no big deal, and it won't lead to anything, your little voice says. Cognitively, you're well aware of the absurdity of such a statement, and that there can be nothing more dangerous than killing the streak with a one time indulgence (even if you say that you won't actually masturbate, which is also a laughably ridiculous sentiment), and that the last thing that such an indulgence would do is satiate the drive for another 6 months.

Nonetheless, with all of the cognizance of the horrific danger of a one time indulgence, that little voice just won't shut up. The frustration is driving me nuts. I haven't had wet dreams in months... Now I had a few nights in a row.

HKBH has been holding my hand the past few days, during the weeks of the saga of Yosef Hatzaddik. Every time I'm about to slip, the image of my Father appears in the window, metaphorically speaking. A shiur that I'm listening to just happens to extoll the great virtue of one who holds back from slipping in this temptation, and how it's the greatest cosmic accomplishment one can conceive. (No, the topic of the shiur had nothing to do with this. It was a open question and answer forum about anything under the sun playing in the background. I don't believe I've ever heard this topic discussed by that speaker before.)

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(I almost forgot how much closer to Him I was when I was in the depths of the abyss, and He was the only one who knew I was there and was there with me. I had nobody to talk to or to ask for help from but Him. Ironically, in a way i was closer through my anguish than I am now in my numbness. At least then I appreciated the horrific gravity of what I was doing wrong, at least to a degree, and felt pain over my lack of feeling pain. Now I feel nothing.)

I'm not even sure why I'm posting here. I'm just venting. Thanks for listening.

@Yeshiva Guy, you're incredible. I can't emphasize that enough. Just absolutely incredible. May you (and Hashem Help Me) experience all the goodness and reward that comes to those that accomplish this monumental feat. Know the incredible nachas you are giving to your Creator.

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Re: Make it to Yeshiva
Posted by Grant400 - 16 Dec 2020 14:27

[YeshivaGuy wrote on 16 Dec 2020 03:04:](#)

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Thank You,

YeshivaGuy

Mazal tov!!!

What an incredible celebration! A celebration of purity and truth! Of miracles and redemption!

A celebration of ??????? ??? ??????!

A celebration of ????? ??? ??????!

A celebration of ??????? ??? ????????

A celebration of ?????? ??? ??????!

A celebration of ?????? ??? ?????? ??????!

A celebration by each and every one of us!

You may think that this is your very own celebration, but you are so wrong. All of us are celebrating too. All of us who were inspired to be better because of you. All of us who learned from you. All of us who are only holding where we are because we had the merit of sitting on the sidelines and viewing a mighty warrior vanquish a dragon. The dragon we all thought to be invincible and unconquerable. Until you fearlessly entered the ring, armed only with the knowledge that you must overcome it, no matter what.

We learned from you that the impossible was indeed possible. That the immortal was just waiting to be slain. That we do have the ability within ourselves to triumph and take control of our lives.

So it may be your 100 days, but it is our celebration too!

Thank you!! Thank you!! Thank you!!

Grant

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Re: Make it to Yeshiva

Posted by Grant400 - 16 Dec 2020 15:10

[badaba wrote on 16 Dec 2020 04:11:](#)

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@Yeshiva Guy, you're incredible. I can't emphasize that enough. Just absolutely incredible. May you (and Hashem Help Me) experience all the goodness and reward that comes to those that accomplish this monumental feat. Know the incredible nachas you are giving to your Creator.

@badaba: Why don't you start you own thread and continue documenting your journey. It seems like you have what to share and know the benefits of the forum.

We would love to get to know you better, and be a part of your heroic journey!

Looking forward to reading your first post in your thread!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 18 Dec 2020 00:30

Kabala (bli neder) I made by the Neiros tonight.

I will (bli neder) take my Sim out of my iPhone and put it in my kosher phone before going into bed for sleep. (This is a "baby step" to make the transition. If, chalila, it doesn't work, then

more drastic measures will be implemented).

Gut Chanuka!

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Re: Make it to Yeshiva

Posted by OivedElokim - 18 Dec 2020 01:36

Wow. Hatzlacha.

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One of the ways of reading this Chazal is that if you have a thought to do a good thing, HaShem will assist you in carrying it out.

Very happy for you, KUTGW.

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Re: Make it to Yeshiva

Posted by Grant400 - 18 Dec 2020 03:03

[YeshivaGuy wrote on 18 Dec 2020 00:30:](#)

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Gut Chanuka!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 19 Dec 2020 23:21

Update: Shabbos had taiva to have hirhurim/masterbate.

Regarding hirhurim, the “scenes in my mind” have faded considerably Bh, so doesn’t give me much hanaa, so I gave up.

Regarding taiva for masterbating, I held back from lying on my stomach.

At times it’s hard, and I do very often feel “pressure” in my hands to touch myself. However, it has become natural for me to hold back. Nonetheless the “pressure” remains.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 19 Dec 2020 23:51

A very close friend of mine recently asked me why I’ve been holding back so much? Like, it’s so so hard, why/how have I held on?

The answer I beleive is: I really really want this.

I grew up more modern, and exposed to the emptiness of a life devoid of Kedusha.

And I REALLY REALLY want a life of kedusha.

I told him, I would amputate my arm for this, that’s how much I want it.

I REALLY want to build a Yidishe home of Kedusha v’Tahara.

When I was in highschool and went to my Rebbis house and saw how everyone was tzanua, happy, and had a certain "chain" I decided that no matter what, this is the life I want.

Obviously, I'm not invincible.

And it is very shayach, regardless of ones "Ratzon," to fall.

Im just saying I'Toeles HaRabim, that for me, tapping into my innermost, deepest Ratzon has helped me immensely.

Gut vuch!

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Re: Make it to Yeshiva
Posted by Zedj - 20 Dec 2020 01:17

I wish I had a close friend like that.....

I'm making many on here though.

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Re: Make it to Yeshiva
Posted by YeshivaGuy - 20 Dec 2020 01:42

[Zedj wrote on 20 Dec 2020 01:17:](#)

I wish I had a close friend like that.....

I'm making many on here though.

Ya, it's a gamechanger...

Feel free to reach out, we're all in this together

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