#### **GYE - Guard Your Eyes**

Generated: 29 July, 2025, 18:50

Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33 Hi everyone, First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu. I bh am not addicted to pornography. I haven't been on a porn website. But I'm getting close, and I'm here to gain chizuk not to fall into it. Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila. I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks. i want to just express my gratitude to all of you, and my great admiration for each and every one of you. My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos" So I'm here to gain that chizuk. thank you! ==== Re: Make it to Yeshiva Posted by Markz - 10 Dec 2020 23:36

YeshivaGuy wrote on 10 Dec 2020 22:42:
Just saying, I feel like I'm in an alternative universe
Men are from Marz
Women are from Venuz
YG is from
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Re: Make it to Yeshiva Posted by Gevura Shebyesod - 11 Dec 2020 00:54
Markz wrote on 10 Dec 2020 23:36:
YeshivaGuy wrote on 10 Dec 2020 22:42:
Just saying, I feel like I'm in an alternative universe
Men are from Marz
Women are from Venuz
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Jew-piter!
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Re: Make it to Yeshiva Posted by YeshivaGuy - 11 Dec 2020 01:32



Just got news that now I'm pre-diabetic. unless I work very hard, could chalila get diabetes... Pretty upset, cuz it's in my stupid genes, I've always struggled with weight even though I ligit eat no carbs/sugar during the week. Im so freakin careful and yet my stupid doctor just says "keep up the good work and exercise more" I don't want any advice on this from anyone. Im venting. Seeing top doctor tomorrow, hopefully he'll help me out.. pretty nervous and angry, cuz like it's not my freakin fault. I already barely eat sugar/carbs and it's still getting worse. All my friends eat whatever they want and they are fine. But me? I'm the one having tuna with salad! And I'm the fat one!? Anyway, goin to sleep I guess. Would love love love to watch bad stuff or masterbate, ah... Im honestly angry. I don't give a #%\*+= anymore. Nothing I do works. This doctor tomorrow better give me some meds to help me out cuz my body doesn't work no more. GN

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Re: Make it to Yeshiva

Posted by Grant400 - 11 Dec 2020 01:41

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## YeshivaGuy wrote on 11 Dec 2020 01:32:

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Im so freakin careful and yet my stupid doctor just says "keep up the good work and exercise more"

### I don't want any advice on this from anyone.

#### Im venting.

Seeing top doctor tomorrow, hopefully he'll help me out.. pretty nervous and angry, cuz like it's not my freakin fault. I already barely eat sugar/carbs and it's still getting worse.

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Ok. No advice, just sympathy. Sounds really rough, but if anyone I know can handle it, it's you. You're a true warrior.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 11 Dec 2020 01:44

Thanks so much.

Ill let u guys know how it goes tomorrow.

In bed now going to sleep. I'm so so aggravated that I just can't be awake.

Oh how nice it would be, just a little bit of taiva, I would forget all my troubles and enjoy...

Gn Y'all

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 11 Dec 2020 20:07

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In the health complex I was sent to this place where I was shown by a young woman about exercise, weights, abit of stretches...

I tried hard not to "lust" and Bh she was fully clothed. But still, was difficult.

And as a guy I sexualize everything.

So like, she's gonna email me workout schedule etc, but in my mind it's like a bigger sexual

A lot of taiva to masterbate, watch bad stuff, speak to girls etc etc......

Gut vuch,

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The only thing keeping me going right now is the drive to get to day 100....

Haven't learnt much thus far at home. But have stayed clear of all tv/ computer use even for kosher purposes!

The big nisayon is tonight. Motzei Shabbos in general is always hard, and being home, especially after 98 days of "Yetzer Deprivation," makes it harder.

Theres only one eitza in my mind right now.

To sit in my room for an hour now and just learn b'hasmada.

III keep y'all posted

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 12 Dec 2020 23:36

A lot of taiva for biah...

was walking to minyan this morning and was a pretty girl on other side of street. I kept my head down and repeated to myself "one day bezras Hashem, you will have a wonderful beautiful wife with Yiras Shamayim etc, you will tell her the mesirus nefesh you endured for her and she will be so touched..."

I really hope this is true. I want so much to have a relationship with a woman. But I'm really holding myself back from expressing that emotion negatively through masterbating etc...

Ive been fighting and holding myself back from so many things, temptations, opportunities to do issurim, for many years....

I really hope it's all worth it.
Please, someone tell me it's worth it. I know in ruchnius that mesirus Nefesh is worth it but
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Re: Make it to Yeshiva Posted by Zedj - 13 Dec 2020 01:24
Hey yeshiva guy,
You articulate in writing what you feel very well.
I'm single and often find myself in similar situations as you.
So I've been been told this is a sign of being a healthy male?
I admire that you realize reacting negatively to your feelings, temptations and desires is just not worth it at the end of the day. (Wish i would tell myself this when I'm feeling down or having a hard time but it's the truth)
In my eyes, it will be worth it.
As for me when Im in those situations, my heart wants but my head knows 'now is not the time'
Keep strong and keep us all inspired! A gut voch and afreilechen Chanukah!

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Gonna go down and get these restrictions back on.

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Re: Make it to Yeshiva

Posted by Markz - 13 Dec 2020 04:44

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GN
Oh no. Refua Sheleima!!!!!
You missed the most important complaint.
ITS NO FAIR - ALL MY FRIENDS CAN PORN AND MASTERBATE AND TALK TO GIRLS,
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Re: Make it to Yeshiva Posted by Grant400 - 13 Dec 2020 05:22
YeshivaGuy wrote on 13 Dec 2020 04:42:
Sitting on my bed. With three clicks I can watch stuff, in a few moments I can be under my covers, warm. My heart pounding, enjoying- finnaly.
Well, honestly, screw it (pardon my French).
Gonna go down and get these restrictions back on.
AND do YOU To this House IV Pig is a new level self control! How many people in the world do you think can exercise such discipline? Tremendous. Only respect my friend, only respect.
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