## **GYE - Guard Your Eyes**

Generated: 29 July, 2025, 09:21

Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33 Hi everyone, First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu. I bh am not addicted to pornography. I haven't been on a porn website. But I'm getting close, and I'm here to gain chizuk not to fall into it. Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila. I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks. i want to just express my gratitude to all of you, and my great admiration for each and every one of you. My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos" So I'm here to gain that chizuk. thank you! ==== Re: Make it to Yeshiva Posted by Hashem Help Me - 26 Aug 2020 14:32

Amazing how in tune with yourself you are. Presently the mehalech of avoiding the nap is wise but the ultimate goal is to iyh be able to take a nap if necessary. I know the feeling of fear to lay down in bed, knowing that almost automatically certain thoughts and urges explode. BH to a great degree i graduated (although there are times....) and iyh you will graduate too.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 26 Aug 2020 18:18

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Hashem Help Me wrote on 26 Aug 2020 14:32:

Amazing how in tune with yourself you are. Presently the mehalech of avoiding the nap is wise but the ultimate goal is to iyh be able to take a nap if necessary. I know the feeling of fear to lay down in bed, knowing that almost automatically certain thoughts and urges explode. BH to a great degree i graduated (although there are times....) and iyh you will graduate too.

Amen. Shkoyach, bezras Hashem!

My currents goal is to be clean until Succos (especially since I'll be going back home then and time to take up arms for the fight). And we'll take it from there.

Ill keep posting. Thanks for the chizuk!!
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Re: Make it to Yeshiva Posted by YeshivaGuy - 26 Aug 2020 18:21
Also, a Question, what do u mean by graduate?
u mean at a certain point the taiva becomes less?

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 27 Aug 2020 03:04

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YeshivaGuy wrote on 26 Aug 2020 18:21:

Also, a Question, what do u mean by graduate?

u mean at a certain point the taiva becomes less?

There comes a point where one stops panicking when he gets an urge. That "monster" that was hiding in the closet and was oozing out of the door frame, will have been defined as being what it is - an urge to act out. Simple. It will lose that larger than life feeling. Secondly one realizes that he is a good person even if he is plagued by desires and urges from time to time. So it is not that the *taiva* becomes less. It does not really change, but it becomes accepted as normal. It therefore is not given so much attention and therefore passes quicker with distractions, reaching out to a chaver, etc.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 30 Aug 2020 04:43

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17 days clean. Motzei Shabbos is always hard, got taiva now to masterbate, but not gonna give in cuz I know I have support from u all.

Shkoyach!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 30 Aug 2020 12:25

Left shachris early to take nap before Seder. Bad idea...

Big taiva now, and struggling, very close to the point where the zera comes out, got aroused...

At any other time I would just give in.

But not here. Not now.

Not sure why I'm fighting so hard, I think "is it such a big deal? Does it really matter?"
I assume it does and I won't give in
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Re: Make it to Yeshiva Posted by Grant400 - 30 Aug 2020 12:31
You do know why you are fighting so hard. But right now you're mind isn't allowing you to comprehend it do to the urge. Remind yourself your original reasons. Remember how much happier you are when clean.
Never forget how amazing you are. You are destined for great things my friend. We are rooting for you and becoming inspired. Hang in there, and shtieg away!
Grant
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Re: Make it to Yeshiva Posted by Im Tevakshena Kakasef - 30 Aug 2020 17:01
Hope you pulled through o.k.
Look back now and you'll see clearly why you were fighting, and you'll also feel a real satisfaction in the fight you gave. 20 20 vision in hindsight.
Much Beracha
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Re: Make it to Yeshiva Posted by YeshivaGuy - 30 Aug 2020 17:48
Yup I did bh. I'm looking back now bh, shkoyach
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Re: Make it to Yeshiva Posted by tikkunhabrit - 30 Aug 2020 21:08
Please don't watch videos on Youtube besides kosher shiurim. Also If you want to surf the net without seeing any tum'ah, here's what you can do:
On Google Chrome(computer)
1)Click on the three dots in the upper right corner
2)Click on Settings
3)Click on Privacy and security (on the left)
4)Click on Site settings
5)Click on Images (at the bottom of the page)
6)Click on Do not show any images.
Or you can simply copy and paste this into your address bar and go there:
chrome://settings/content/images
Click on 'Do not show any images'.

5)Click on Images (at the bottom of the page)

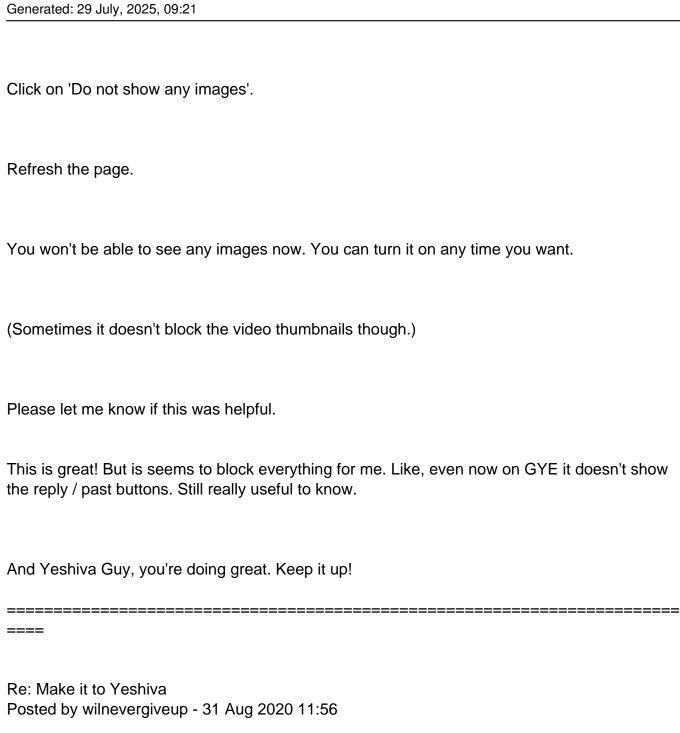
6)Click on Do not show any images.



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I know HaShem sees me and is proud, it's just hard especially when my roommates aren't in the room
anyway, Thanks everyone!
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Re: Make it to Yeshiva Posted by Im Tevakshena Kakasef - 31 Aug 2020 10:16
tikkunhabrit wrote on 30 Aug 2020 21:08:
Please don't watch videos on Youtube besides kosher shiurim. Also If you want to surf the net without seeing any tum'ah, here's what you can do:
On Google Chrome(computer)
1)Click on the three dots in the upper right corner
2)Click on Settings
3)Click on Privacy and security (on the left)
4)Click on Site settings
5)Click on Images (at the bottom of the page)
6)Click on Do not show any images.
Or you can simply copy and paste this into your address bar and go there:
chrome://settings/content/images

settings.



If you have a decent filter, you should be able to do this more efficiently through your filter