

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

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Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 18 Oct 2020 01:19

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Ok folks, it's getting exciting.

For whatever reason I can't go to Yeshiva until About Wed or Thurs.

41 clean days from "stimulation" thus far.

And 69 days clean from watching bad vids on YouTube.

Bezras HaShem we'll prevail

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Re: Make it to Yeshiva

Posted by OivedElokim - 18 Oct 2020 02:07

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YeshivaGuy, you're a rockstar!

Keep on trucking...

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Re: Make it to Yeshiva

Posted by Rebuild613 - 18 Oct 2020 14:58

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Deleted

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 19 Oct 2020 03:10

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EDIT:

Gotta survive until Yeshiva.

Giving me massive taiva, especially when I girl looks at me etc and we both like each other.

Gives me massive taiva to go on YouTube, to masterbate, TO JUST TOUCH MY "EVER"!!!!!!

I just looked at a gif of a girl. First time in awhile.

That is the inch the Yetzer wants.

Im being told that once I saw a pic of a girl (dressed) I should masterbate,touch, spend the night on YouTube.

AAAAA!!!!!!

I know I CAN do it (be matzliach).

But I must keep my SEICHEL in control.

Which is a big struggle for me right now.

I was dumb also, I shmuzed with her abit tonight after the meal.

Gotta stop this. Uch.

ISo rough.

I was planning to avoid this, but HaShem shoves me into it.

Hard.

I CAN and I MUST WIN.

Its just so hard. And it would've been easier if I would t have given an inch and shmuzed abit with her tonight. But I did give an inch, spoke to her. And now it's much harder because of that.

Im insane. It's so so beneath me. Gosh.

That would be absolutely terrible for me. It would send me into Yeshiva feeling like garbage.  
(Like has unfortunately happened in the past...)

The most mind boggling thing is.

ITS ALL IN MY CONTROL!

Thats what's so crazy. I just need to use my bechira properly and I can become a tremendous Tzadik and Talmud Chacham.

GOD!

It's insane.

My life is nuts, u guys only know a fraction of the struggles I've been through.

Sometimes I wonder why HaShem gives my such big, elaborate nisyonos...

Ive really been through a lot the last 42 days.

The Yetzer likes keeping things fresh and exciting.

Trying new tactics when he sees I'm winning.

This nisayon is one that I've never overcome before.

But this is ?????? fellas.

Im hear to control my taiva and master my guf.

I hope HaShem Yisborach sees how much I love HIM and yearn for dveikus.

And I hope one day my wife (bezras Hashem) will appreciate the Mesirus Nefesh and Agmas Nafesh I'm going through to one day build a home of Kedusha v'Tahara.

Any eitza to totally avoid them is pointless cuz they're by us.

But open to chizuk.

Thank you all.

I really really hope to “make it to Yeshiva” soon.

And maybe someday, “Yeshiva” will make it to “Me”

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 19 Oct 2020 04:32

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Craving the hana’ah.

But not tonight. Can’t do it tonight.

Guys I need you. I can only get through these days with your support.

Shkoyach

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Re: Make it to Yeshiva

Posted by Im Tevakshena Kakasef - 19 Oct 2020 10:19

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You know, I've been super selfish. I've been indulging my animal side, but refusing to let the neshama get any pleasure. So here neshamale, let me make it up to you. Read yeshivaguys latest post. Better? Thought so.

I've been falling over the last few days. And when I do, I tend to avoid GYE. Why? Because I know that if I read a post like that, that I just wouldn't have it in me to fall.

I have had a more sheltered upbringing then you, No pretty girls around all the time. No

interaction with the opposite sex. And I've often thought, 'if I could just be able to be normal around girls, I would be so much better off. Like if I could chill with them, it would make this fight easier, less pent up frustration and feelings of awkwardness. Not everything they would do would drive me up the wall. I wouldn't sexualize every little thing.' Sound familiar? No? Thought not. Cos its the total opposite of what you feel.

My point is the yetzer convinces us the grass is always greener. You have more interaction with girls, and feel that exasperates the taiva. I have less, and feel the same way. Whatever our matzav is, that is where Hashem wants us to be. You are in a horrid, taiva filled matzav. So do what you can in that situation, and move on.

A girl who had some of the worst tzoras possible happen to her wrote a letter. She says, **'sometimes in life, when you think you are being buried, you are actually being planted.'** In your situation , it seems you can't really avoid seeing this girl. G-d is burying you. Or he's planting you. Your choice.

A final word of warning. Sometimes I feel like there is a specific decision I have to make, and its the key to making or breaking my gadlus. If I don't do this / do do this I will become great. It doesn't work like that. Gadlus is built over time, and with lots successes and failures. All I mean is don't let the yetzer build up this situation into something out of proportion. A pretty girl likes me. I like her, but am not currently dating. That's about all it is. Its a short-term problem.

Keep it up buddy. **Don't tell G-d how big your problems are. Tell your problems how big G-d is.**

p.s. There's always another option. Back to the RV!

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 19 Oct 2020 11:03

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[Im Tevakshena Kakasef wrote on 19 Oct 2020 10:19:](#)

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This post is Gadlus!

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Re: Make it to Yeshiva

Posted by Dave M - 19 Oct 2020 16:08

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Look at all the thank you's you are getting. The GYE chevera really respect and appreciate what you are going through. Just knowing that you have a special group of guys that are behind you and davaning for your success, hopefully should give yo the strength to power through for a few more days until you get to yeshiva. The fact that you are not embarrassed to write and open up about your struggles will itself be the reason that I am confident that you will win this fight.

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Re: Make it to Yeshiva

Posted by Looking\_to\_improve - 19 Oct 2020 22:45

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[YeshivaGuy wrote on 19 Oct 2020 03:10:](#)

Family friends by us for next few days with attractive daughter. We like each other, just seeing her gives me tons of taiva.

Able to avoide abit but not entirely cuz eat together the meals etc.

Gotta survive until Yeshiva.

Giving me massive taiva, especially when I girl looks at me etc and we both like each other.

Gives me massive taiva to go on YouTube, to masterbate, TO JUST TOUCH MY "EVER"!!!!!!

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AAAAA!!!!

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But I must keep my SEICHEL in control.

Which is a big struggle for me right now.

I was dumb also, I shmuzed with her abit tonight after the meal.

Gotta stop this. Uch.

Its so annoying cuz I knew this would be a big nisayon.

So I was gonna leave to Yeshiva early this morning so won't see them.

But now I gotta wait her for my corona results back before going.

So rough.

I was planning to avoid this, but HaShem shoves me into it.

Hard.

Ive always been nichshal whenever seeing/speaking to her, and we've seen each other a lot over the years.

I CAN and I MUST WIN.

Its just so hard. And it would've been easier if I would t have given an inch and shmuzed abit with her tonight. But I did give an inch, spoke to her. And now it's much harder because of that.

I even spoke to her bout hanging out together for abit tomorrow. (Not doing issurim, just shmuzing etc, but the spiritual result would be devastating).

Stupid me!

Shes down (though we'd both want it to be in secret), but if I don't pursue it it won't happen.

Im insane. It's so so beneath me. Gosh.

That would be absolutely terrible for me. It would send me into Yeshiva feeling like garbage.  
(Like has unfortunately happened in the past...)

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Hey Yeshivaguy

?Before I forgot I wanted to thank you for 2 things. Thank you for giving us so much chizuk, it really pushes us all forward.

Possibly more importantly, thank you for being real. I sugarcoat my posts, try to paint myself in a good light, avoid posting when I'm struggling more. It's very heartening to see that you are willing to share more of your inner world, which I personally identify with, but avoid sharing in this forum, and it gives a sense that we are really all in this together. It takes a lot of strength to write your updates in the heat of the moment.

I relate quite closely to your situation. My parents best friends, who they share a similar background, have 2 girls, one a few weeks older than me, and one a year younger. No prizes if you can guess who we often share family simchas, shabbos or Yom tov meals with, or the first family we saw after lockdown. My struggle around this area goes at least 7 years back to my bar mitzvah, if not longer. It's not always been masturbation, but definitely hirhurim. More recently when it was masturbation, it's often just an excuse to act out and look at porn.

I always wonder if they can see the perveted way I act around them, sneaking in a 2nd, 3rd, 4th look. I guess this could be a bit of a deterrent in the future. For a while I would have daily thoughts, bit it's really bit a healthy place to be.

I'll try share a mindset I hope that I'm trying to develop for myself. Recently I started davening for success in this area, I also started davening for a good wife. It may be a bit early but Hashem's listening. But what I realised is probably far more important, is that I started to daven soon after, to be the best husband and father I can be, and this is not only an area to daven for, but also work on. BH I'm very fortunate to have the opportunity to be in yeshiva, and I really want to use this time, like I'm sure you do, to build a very solid foundation where you can build yourself into the best eved Hashem you can be. We don't know Hashem's plans, it could be to marry a childhood sweetheart, or someone you've never met, but either way your marriage will

be enhanced by who you build yourself into over these next few years before your marriage. Build yourself into the best you now, don't get caught up on the details of Hashem's plans.

My best friend is also close family friends with them. I don't want to ruin every shabbos lunch with my best friend, because I thought his wife was the one for me.

Try avoid fantasies and hirhurim, which will make things much difficult. A long term nisayon given to you from Hashem won't be solved by this one line from a person you don't know, but Hashem wouldn't put you in this situation if you couldn't overcome it. Don't turn up the difficulty unnecessarily, I was there for years, probably still am in some regards, please don't put yourself in this hard situation.

Gonna start to tie this up, I realising that I'm writing this both for me and you.

I'm not sure what you mean that "they are by us"? But if you are leaving for yeshiva soon, maybe politely excuse yourself with the excuse you need to pack and get sorted. Make sure you do have something else to do, and not just act out, I hope it's a shayach suggestion. If not, just be a mensch, and act like she's a kid a year or two below you, or like she's her own younger brother, the sort of kid who you'll speak enough to ask about what subjects they do at school, but won't care enough to ask about much more than just small talk.

Try avoiding persuing anything now, its not going to lead to anything before yeshiva, and don't allow yourself to temp yourself and put yourself into situations where you might be nichshal later on

We're all eagerly following your progress, you've grown a lot recently

Looking\_to\_Improve

Ps, please reach out if you wanna chat more, I really hope you found this useful, we've found your posts very useful recently.

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 20 Oct 2020 00:56

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These guys, Yeshiva Guy and Looking To Improve, write incredibly well. They must have attended yeshivas with not so typical limudei chol and learned to write intelligently, utilize a solid vocabulary, keep in grammatical guidelines, and most of all - really express their thoughts clearly. Being that part of breaking free is the ability to do so, maybe GYE should open up an

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 20 Oct 2020 01:26

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EDIT:

English Studies department....

But honestly, I'm bummed that I missed the "opportunity"- would've been so so geshmak.

I know we're not supposed to regret doing mitzvos, but it's just so hard.

Couldve gone on a walk! Uch Oy vey, it kills me.

Im sure under all of this my Neshama is smiling, but currently I feel deprived and annoyed.

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 20 Oct 2020 02:50

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May you iyh have the opportunity to take many geshmak walks with your wife when the right time comes. (Somehow in real life there never is time.....)

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 21 Oct 2020 07:45

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Taiva now to masterbate.

Such a weird taiva...

The Yetzer is so big yet so small.

Daunting yet fleeting...

Anyway, not giving in. 44 days clean BH

Gn

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 21 Oct 2020 11:13

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Pulled through?

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