

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

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Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 08 Oct 2020 05:12

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Posting here for achrayus.

Im pretty aggravated now. Goin to bed.

Wont masterbate as stress relief. But still, annoyed.

Gn

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Re: Make it to Yeshiva

Posted by wilnevergiveup - 08 Oct 2020 06:02

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Sweet dreams, don't let the bed bugs bite...

How does your own bed feel?

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 08 Oct 2020 07:08

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[wilnevergiveup wrote on 08 Oct 2020 06:02:](#)

How does your own bed feel?

It's very very comfortable bh. But that's part of the prob, cuz makes the issur more geshmak...

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Re: Make it to Yeshiva

Posted by Im Tevakshena Kakasef - 08 Oct 2020 09:55

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[YeshivaGuy wrote on 08 Oct 2020 07:08:](#)

[wilnevergiveup wrote on 08 Oct 2020 06:02:](#)

How does your own bed feel?

It's very very comfortable bh. But that's part of the prob, cuz makes the issur more geshmak...

I never got this. Doing it in bed would make such a mess. And the smell...

Anyway congrats on a month clean! You've been smashing it.

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Re: Make it to Yeshiva

Posted by OivedElokim - 08 Oct 2020 15:58

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*(I know this isn't the topic here, but just wanted to go off on a tangent in response to ITK. I hope Yeshiva Guy will forgive me for the temporary hijacking of his thread.)*

There comes a point where you just want to do it and it doesn't matter what the consequences are. After the desire begins to really snowball you can almost never stop it by trying to reason with it. That's been my experience. I've been told (a couple of years ago, when I first mustered up the courage to call somebody from GYE) that our bechira is to not put ourselves in risky situations. After that you have very little or absolutely no control, depending on the situation. No smell, mess, ??? or anything else will get between you and your "fix".

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Re: Make it to Yeshiva

Posted by Rebuild613 - 08 Oct 2020 16:05

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 08 Oct 2020 17:31

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Re: Make it to Yeshiva

Posted by Rebuild613 - 08 Oct 2020 17:35

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 08 Oct 2020 17:35

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[Im Tevakshena Kakasef wrote on 08 Oct 2020 09:55:](#)

[YeshivaGuy wrote on 08 Oct 2020 07:08:](#)

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Re: Make it to Yeshiva

Posted by starting - 08 Oct 2020 18:47

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[YeshivaGuy wrote on 07 Oct 2020 23:04:](#)

Really wanna masterbate.

Feeling deprived.

The "maaseh biah" keeps flashing through my mind.

I won't respond so won't give ppl ideas, but don't worry about it  
Can't believe I'm not giving in.

Feels like I'm not "myself"- in the past I would def masterbate right now without thinking twice...

Take care fellas.

Are you allowing thoughts of fantasy to run freely through your brain?

That makes it a much longer and much more painful journey than necessary.

Focusing on distractions is a more practical approach if you are trying to completely break free from the entire 'lifestyle' that the yetzer hora wants you to pursue.

A wise person once said 'it's better to stare at a woman and think of the wall than to stare at the wall and think of a woman'.

After all, it's the thoughts, the fantasising, the ?? ??, that connects the ??? ???? to the ??? ?????

I don't suspect of actively pursuing such thoughts, as is evident by how amazingly well you're doing, I just feel that a reminder is always a good chizzuk.

Please excuse my blunt approach and keep up the good work!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 08 Oct 2020 18:58

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[starting wrote on 08 Oct 2020 18:47:](#)

[YeshivaGuy wrote on 07 Oct 2020 23:04:](#)

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Yes. Unfortunately you are right.

I have been allowing my mind to roam freely from time to time.

And I must focus more on distraction/filling my mind with Torah so it won't be ????? ?? ??????.

Sometimes it feels like I should just throw myself a bone and indulge in just a shtikl hirhurim.

But you are very much correct. And I deeply appreciate you seeing through me and bringing it to the surface.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 09 Oct 2020 00:43

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Family's having outdoor fire pit chill with another fam who has attractive daughter.

Im not hangin out there though and instead learning in the Succa.

Taiva to flirt, but I'm being misgaber, Baruch HaShem.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 09 Oct 2020 13:35

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So I won last night.

Had a dream though where I was walking with her, shmuzing etc, it felt good.

Thats a trigger, but I'm trying to ignor it.

I feel a big part of my problem is not taiva, but rather a desire for "connection" and to feel loved...

It's hard, sometimes I feel lonely and crave such a relationship, but I know that the ratzon HaShem for me now is not to be dating etc but rather to learn etc.

Though it's hard, I know I must work more on my middos, these inyanim, and be more entrenched in Torah/Hashkofas haTorah before marriage.



A gutten Kvittel!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 12 Oct 2020 00:15

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Gut vuch.

Yom Tov was decent. Had hirhurim, fought a lot to push back.

BH clean from touching the “ever” for Hana’ah for the last 35 days!

I head to Yeshiva this Sunday, I hope to go there with 41 clean days.

Hatzlocha!

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