Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

Re: Make it to Yeshiva Posted by iLoveHashem247 - 19 Feb 2023 04:09

YeshivaGuy wrote on 19 Feb 2023 03:25:

Officially 16 days clean from porn but idk.

Found shixas number and messages a bit then stopped.

This feels beneath me, I don't feel sucked into it.

Plugged the whole meaning deleted the crazy workaround.

Having thoughts of doom demise and utter failure that I should throw in the towel.

I masterbated and wasn't the cleanest with eyes.

Won't reset the count yet cuz count is for spending more than a few seconds on a vid.

I gotta shape up and not view myself like all is lost.

I'm also eating my little brothers icecream from the freezer right now, really terrible person...

rabbi Biderman brought out a nice point in this week's Torah Wellsprings

we have to remember that Hashem's providence and hand in in three areas without exception

1. What happens to us

2. what is done to us

3. What we do to ourselves

you won.

Sometimes winning is painful.

Change your perspective, and change your life.

trust the Big Boss. He knows what He's doing, and He is most definitely the one doing whatever is being done.

trust Him!

love

ILH

Re: Make it to Yeshiva Posted by Markz - 19 Feb 2023 05:07

AMAZING STUFF - keep it up!!

YeshivaGuy wrote on 19 Feb 2023 03:25:

I gotta shape up...

3 gallons of ice cream?

I'm also eating my little brothers icecream from the freezer right now, really terrible person...

If you'd be eating your brother, that would (possibly) make you a terrible person.

His ices? I'm sure he's ok with that - he loves you, as we all do!!!!!!

Re: Make it to Yeshiva Posted by YeshivaGuy - 19 Feb 2023 14:22

Starting over

Re: Make it to Yeshiva Posted by YeshivaGuy - 19 Feb 2023 14:23

Starting over Continuing

Re: Make it to Yeshiva Posted by frank.lee - 19 Feb 2023 23:42

Keep up the fight!!!

Maybe one of the great guys here can share some thought, or you can, but how can you replace whatever is pushing you to connect with a nonjew? What is pushing you, how can you replace it or redirect that?

?personally I do not recommend talking to girls, especially if not Jewish

Re: Make it to Yeshiva Posted by YeshivaGuy - 20 Feb 2023 14:25

frank.lee wrote on 19 Feb 2023 23:42:

Keep up the fight!!!

Maybe one of the great guys here can share some thought, or you can, but how can you replace whatever is pushing you to connect with a nonjew? What is pushing you, how can you replace it or redirect that?

?personally I do not recommend talking to girls, especially if not Jewish

What pushes me is man's innate longing for relationship and connection.

How to redirect it is by fostering healthy relationships.

Taiva as well plays a role so the eitza is gedarim.

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Re: Make it to Yeshiva Posted by YeshivaGuy - 07 Mar 2023 12:32

Freilechen Purim!

Still having slight withdrawal from no WhatsApp etc but surviving.

Besides a bunch of noise clouding my mind, doing decent bh.

Re: Make it to Yeshiva Posted by YeshivaGuy - 12 Mar 2023 03:30

Was 19 days clean.

====

Grown a lot, got back into enjoying davening and actually talking to GD and with a minyan for shachris.

Worked hard to use the rejections I've been getting to forward my Avoda, Emunah, and Bitachon.

Finally got a yes so b'ezras Hashem going on a first date for the first time at some point.

Fell on Friday and tonight though.

It doesn't pasul me and I won't go into depression. I will still do shachris with a minyan tomorrow. This doesn't define me.

A few days ago a lady came to me saying "here I have the perfect girl for you, here let me show you a picture." I paused for a moment and gathered the strength to say sorry not doing pictures but thank you.

Was hard but I'm proud of myself.

I've grown alot these last 20 days. Have been off whatsapp completely and off smartphone and I'm still alive.

I'm davening with kavana again, trying to have Bitachon and live with GD in my life.

Yes I just fell again but I will not allow myself to get back into the cycle of shame, self pity, further porn etc etc.

Have a gn,

YeshivaGuy

Re: Make it to Yeshiva Posted by Hashem Help Me - 13 Mar 2023 11:28

YeshivaGuy wrote on 12 Mar 2023 03:30:

Was 19 days clean.

Grown a lot, got back into enjoying davening and actually talking to GD and with a minyan for shachris.

Worked hard to use the rejections I've been getting to forward my Avoda, Emunah, and Bitachon.

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Have a gn,

YeshivaGuy

HERO!!!

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Re: Make it to Yeshiva Posted by OivedElokim - 27 Mar 2023 03:32

Hey pal, it's been awhile!

What's up? How's it going?

Re: Make it to Yeshiva Posted by Emes-a-Yid - 27 Mar 2023 05:07

YeshivaGuy wrote on 12 Mar 2023 03:30:

Was 19 days clean.

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Yes I just fell again but I will not allow myself to get back into the cycle of shame, self pity, further porn etc etc.

Have a gn,

YeshivaGuy

HEY YG. We are here for you whenever you can and have an update, no need to fill us in if it's uncomfortable but I do think its helpful

Re: Make it to Yeshiva Posted by YeshivaGuy - 27 Mar 2023 05:22

My heart is completely broken.

Hope you enjoyed the update.

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Re: Make it to Yeshiva Posted by Emes-a-Yid - 27 Mar 2023 06:03 _____

My heart is completely broken.

Hope you enjoyed the update.

Hey YG, sorry if I intruded, would you be able to let me in on what has "broken your heart", is it shidduchim? I am a bochur too, it's not easy... I can try speaking it through if you can, I sincerely do care, you can send me pm or call as well

Bhatzlacha

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Re: Make it to Yeshiva Posted by YeshivaGuy - 27 Mar 2023 12:41

Emes-a-Yid wrote on 27 Mar 2023 06:03:

My heart is completely broken.

Hope you enjoyed the update.

Hey YG, sorry if I intruded, would you be able to let me in on what has "broken your heart", is it shidduchim? I am a bochur too, it's not easy... I can try speaking it through if you can, I sincerely do care, you can send me pm or call as well

Bhatzlacha

Yes and thanks for the offer.

Not yet though

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