

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

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Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by sleepy - 15 Jan 2023 07:09

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[Human being wrote on 11 Jan 2023 20:34:](#)

[sleepy wrote on 06 Jan 2023 16:11:](#)

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I'm curios to know your mehalech and how its helped you.

when i get a chance i will bli neder try read your post again , as of now i dont get it .i just want to say that %99 of the peoples mehalach here on gye dont seem to be working either, but dont give up and KOT!

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Re: Make it to Yeshiva  
Posted by sleepy - 15 Jan 2023 07:12

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Posted by Human being - 15 Jan 2023 11:22

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No not at all. Your doing great. Keep it up. And it seems that many of us are growing by leaps and bounds! I have a streak of 121 days and 58 days. Bh im growing. TYH

What I am asking you is, it seems that you are hell-bent to look at what it says in the Torah/rabbanim/sefarim as your guide. Now that is a wonderful idea, that is what we are all doing. Where we go different, is in our *approach* to what it says in our Torah/rabbanim/seforim.

It seems pretty clear to me, that many of the things that helped previous generations grow and get closer to Hashem, --for example speeches about 'hell and brimstones'-- no longer help us grow close to Hashem, (for the vast vast majority). For an example, reading Rabbienu Yona again and again about the gehenim we get when we do such and such aviera. That may have worked fir generations of the past. But its quite clear, that that doesn't help the vast majority of our generation. The opposite. Its quite clear, it heightens anxiety and knocks down the self worth of most of us that use a previous generations approach. And that is why, even if a rebbe suggests something from a previous approach, its not bad at all to approach a different rebbe that will suggest a more 2022 type of approach that wont hurt him.

Thank g-d my rebbe is in 2022, but unfortunately, many are not. That being said, there is no mitzva to listen to a rebbe that wants to use an approach that doesn't work in this generation. A rebbe who tells me to "just have more bitachon" will not be someone i ever ask a hashkafic question to, simply because he's giving me advice that doesn't work for 2022. It seems though, that you believe we should listen to a rebbe that gives us such advice, even if it doesnt help us, but instead brings us farther from Hashem. As in the case of @yishivaguy

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if you quoted something from me that you have a question about i would take the time to answer, but it looks like youre making assumptions about what i hold(fire and brimestone?!) so ill just remain humbly quiet .

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Re: Make it to Yeshiva

Posted by hashemyeracheim613 - 16 Jan 2023 04:03

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my mehalech is to be found in my kuntris called "Wake sleepy up!" it is to be found in the gye E-section ,over 5,000 downloads!(oops sorry, just checked ,its not available at the moment, its probably being updated) it has helped get a 10 year streak(and THAT aint no joke my friend) and will help gain it again, i feel even longer bezras Hashem

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Re: Make it to Yeshiva  
Posted by Markz - 16 Jan 2023 14:57

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Sleepy and YG, what do you think?

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Re: Make it to Yeshiva  
Posted by YeshivaGuy - 16 Jan 2023 23:21

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Howdy,

I'm waiting as well for your carefully worded post and hope physical copies of the book will be available as well.

Goes without saying that I expect a signed copy.

But ya, I'd appreciate an explanation since I'm curious how your initial response works with what you're hinting to here.

Either way, I'd like to clarify what I meant by "having bitachon" and the circumstance in which it was being invoked.

What I am doing now is what I need to do in order to progress both in my internal world of emotions, yidishkeit etc, as well as in my ability to be a functional member of society (i.e not in bed all day).

How do I know this?

I know to the extent I can know by engaging in self reflection, consultation with my close Rebbi as well as with my therapist.

That said, I remain human and therefore affected by societal expectations and judgements in which someone in my predicament would possibly struggle with shidduchim.

And regardless of the accuracy to the above observation, I remain entangled in a struggle to either do what society deems I should do or what I should actually be doing.

The strength to face doubt with courage is what I, in my post, called bitachon.

Now, one can argue that a better word would be self reliance, courage, self esteem and so on.

I chose the word Bitachon because I believe that since doing what I am doing (i.e not full time learning) is the only way for me to progress and grow forward, it is by extension, the will of GD.

Its relation to Bitachon is that I am doing GDs will, and though others (like that Rebbi) may look at me and say I'm messing myself over, I try to remain committed to what it is I'm meant to be doing now and trust that Hashem will lead me on the path I am meant to own.

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update how my mehalach is working for me:

at work things get veeeeery boring with no customers to serve and this computer is seducing me and being very flirtous to spend time with it.

i used to go straight to it and fall ,now BH im up to 2 and a 1/2 hours of self control of not touching it until i fall R "L, i dont know if Hashem extremely happy with my progress, but at least Hashem sees that im not just throwing in the the towel!

! ??? ????? ??? ?????? ????? ??? ???????

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Excellent question.

Thank You for bringing this important critique to light.

And remember, not just a copy.

I want a SIGNED copy with a personal inscription.

I hadn't had much to do with this Rebbi for quite some time and I wasn't going to him asking about his opinion on what I should do.

He had mentioned in a past conversation that he had done similar to me (i.e teaching) before dating and I was just hoping he'd provide basic chizuk and encouragement as I made clear to him.

He's machshiv my Rebbi an an adam gadol, I wasn't going to him seeking eitzah but rather I expressly told him what I'm doing is al pi the eitzah of my Rebbi and was just looking for someone to relate to me.

Instead he cut me down.

He was clearly projecting his own insecurities about his daughters not getting shidduchim as was evident from the conversation (he couldn't stop bringing that up etc).

He was advocating conformity at the expense of my personal growth.

Even after I shared with him a little of what I'm going through and the journey and struggle it's been to get myself back to getting out of bed in the morning, davening and learning.

He still was only concerned with shidduchim and completely disregarded the value of my growth and instead viewed it merely as an impediment to societal conformity.

We can call that a lack of Bitachon, we can call it Cowardice or whatever you'd like.

At the end of the day, however, the people I look up to and seek to emulate and follow in my life are those encouraging me to be courageous where others cower.

To ascend the "path less traveled" so long as it is the one I'm meant to own.

As for "textbook bitachon," it's not my place to judge him.

It was, however, evident that he was more concerned with societal expectations than he was my true needs.

Perhaps some would view that as "practical advice."

I however, albeit influenced by the Rebbium who have helped shape my worldview, view it simply as "bad advice."

I hope this cleared things up.

I too am allergic to "clergy bashing" and certainly see in retrospect how it seemed like I was being gaavadik.

Now, it could be you'll read what I just wrote and still think that lol and perhaps to an extent it may unfortunately be true...

Thanks again for picking up on this important point, and I anticipate hearing your response and any further critiques you may have, all of which I do appreciate.

YeshivaGuy

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Re: Make it to Yeshiva

Posted by sleepy - 17 Jan 2023 17:03

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[YeshivaGuy wrote on 17 Jan 2023 11:43:](#)

[sleepy wrote on 17 Jan 2023 05:47:](#)

[YeshivaGuy wrote on 16 Jan 2023 23:21:](#)

[sleepy wrote on 16 Jan 2023 21:47:](#)

[Markz wrote on 16 Jan 2023 14:57:](#)

[hashemyeracheim613 wrote on 16 Jan 2023 04:03:](#)

I personally am having a very hard time following either position in this conversation, starting from sleepy's original post. I think YG also wasn't sure what sleepy meant and being as the post

was directed at him I think it would be helpful to clarify. Thank you!

Online, tone of voice and inflections are totally missing so it's possible to totally miss the point. I believe Sleepy misunderstood YeshivaGuys message of that Rabbi who gave him no support **and Bitachon was not the right message at that time!**

Sleepy and YG, what do you think?

*au contraire* ! the rebbe was being very practical and didnt mention Bitachon, yeshivaguy was the one who mentioned bitachon. but i plan posting a proper post with clarity but im waiting for the writers block to lift so it should be a post worthy of the name sleepy, also want to make sure its properly written so i dont have to rewrite it when the next ebook comes out .

hey if delusion works for me, go for it!

Howdy,

I'm waiting as well for your carefully worded post and hope physical copies of the book will be available as well.

Goes without saying that I expect a signed copy.

But ya, I'd appreciate an explanation since I'm curious how your initial response works with what you're hinting to here.

Either way, I'd like to clarify what I meant by "having bitachon" and the circumstance in which it was being invoked.

What I am doing now is what I need to do in order to progress both in my internal world of emotions, yidishkeit etc, as well as in my ability to be a functional member of society (i.e not in bed all day).

How do I know this?

I know to the extent I can know by engaging in self reflection, consultation with my close Rabbi as well as with my therapist.

That said, I remain human and therefore affected by societal expectations and judgements in which someone in my predicament would possibly struggle with shidduchim.

And regardless of the accuracy to the above observation, I remain entangled in a struggle to either do what society deems I should do or what I should actually be doing.

The strength to face doubt with courage is what I, in my post, called bitachon.

Now, one can argue that a better word would be self reliance, courage, self esteem and so on.

I chose the word Bitachon because I believe that since doing what I am doing (i.e not full time learning) is the only way for me to progress and grow forward, it is by extension, the will of GD.

Its relation to Bitachon is that I am doing GDs will, and though others (like that Rebbi) may look at me and say I'm messing myself over, I try to remain committed to what it is I'm meant to be doing now and trust that Hashem will lead me on the path I am meant to own.

Now, one may argue that what I profess is not true Bitachon in Hashem but rather more of a belief in myself and in my own decisions.

I certainly agree to that and personally think in my case that the two are intertwined.

I hope this was clarifying for @Sleepy and the chevra. As said, I truly do await to learn what it is you have been trying to convey to me.

With much appreciation,

YeshivaGuy

lol, when the copy comes out, youre the first to get it !

?thank you for a very well written explanation of your post. i definitely see your story clearer .you dumbed down your post very well.(What does dumbing something down mean? to lower

the level of difficulty and the intellectual content of something, such as a textbook -google)

please forgive me though, as i am very allergic to clergy bashing, why do you think you have more bitachon than your rebbi? he was just trying to give you practical advice,albeit wrong advice according to your true understanding of your situation.

Excellent question.

Thank You for bringing this important critique to light.

And remember, not just a copy.

I want a SIGNED copy with a personal inscription.

I hadn't had much to do with this Rebbi for quite some time and I wasn't going to him asking about his opinion on what I should do.

He had mentioned in a past conversation that he had done similar to me (i.e teaching) before dating and I was just hoping he'd provide basic chizuk and encouragement as I made clear to him.

He's machshiv my Rebbi an an adam gadol, I wasn't going to him seeking eitza but rather I expressly told him what I'm doing is al pi the eitza of my Rebbi and was just looking for someone to relate to me.

Instead he cut me down.

He was clearly projecting his own insecurities about his daughters not getting shidduchim as was evident from the conversation (he couldn't stop bringing that up etc).

He was advocating conformity at the expense of my personal growth.

Even after I shared with him a little of what I'm going through and the journey and struggle it's been to get myself back to getting out of bed in the morning, davening and learning.

He still was only concerned with shidduchim and completely disregarded the value of my growth and instead viewed it merely as an impediment to societal conformity.

We can call that a lack of Bitachon, we can call it Cowardice or whatever you'd like.

At the end of the day, however, the people I look up to and seek to emulate and follow in my life are those encouraging me to be courageous where others cower.

To ascend the "path less traveled" so long as it is the one I'm meant to own.

As for "textbook bitachon," it's not my place to judge him.

It was, however, evident that he was more concerned with societal expectations than he was my true needs.

Perhaps some would view that as "practical advice."

I however, albeit influenced by the Rebbium who have helped shape my worldview, view it simply as "bad advice."

I hope this cleared things up.

I too am allergic to "clergy bashing" and certainly see in retrospect how it seemed like I was being gaavadik.

Now, it could be you'll read what I just wrote and still think that lol and perhaps to an extent it may unfortunately be true...

Thanks again for picking up on this important point, and I anticipate hearing your response and any further critiques you may have, all of which I do appreciate.

YeshivaGuy

wow, 5 star post! thanks for for elaborating, i see where your coming from and i can see where youre headed,to gadlus ! hatzlacha and keep it up! shkoach.

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Re: Make it to Yeshiva

Posted by sleepy - 17 Jan 2023 17:10

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[sleepy wrote on 17 Jan 2023 06:01:](#)

[sleepy wrote on 15 Jan 2023 07:12:](#)

[Human being wrote on 11 Jan 2023 20:34:](#)

[sleepy wrote on 06 Jan 2023 16:11:](#)

wow , so you mean to say that if people will start judging you and if you will have a hard time, it wont get you down because you have bitachon and you did the right thing according to your rebbiums advice?! wow , im impressed! from where have you acquired such a level of bitachon. do you learn shar habitachon over and over? you must have!just curious, what would of happened if this rebbe would of told you to have bitachon and not go to work? chazak chazak! and keep it up !

Dear Rav Sleepy, i ask as a friend and with love, what is your "mehalech?" Has it worked for you? Because it seems that your mehalech doesn't work for 99% of the guys here, especially @yishivaguy as he clearly states. Hashem is perfect he doesn't need science to back us up, and he doesn't "disagree" with science either. He is perfect. If something works or doesn't work doesn't depend on what a specific rebbi that i had 14 years ago said or not. It depends on whether Hashem decided it should work or not work. If it works to get him closer to Hashem then that's what Hashem wants. Hashem doesn't want us to do things that bring us farther away from Hashem even if a rebbi we once had tells us that its the right thing to do.

I'm curios to know your mehalech and how its helped you.

many times my mehalach has helped me stay clean for today, is that not enough for you? what

do you expect from me...perfection?

update how my mehalach is working for me:

at work things get veeeeery boring with no customers to serve and this computer is seducing me and being very flirtous to spend time with it.

i used to go straight to it and fall ,now BH im up to 2 and a 1/2 hours of self control of not touching it until i fall R "L, i dont know if Hashem extremely happy with my progress, but at least Hashem sees that im not just throwing in the the towel!

! ??? ????? ??? ????? ????? ??? ???????

just to clarify , i was mekabel everytime i go to work for the first 2 and a half hours i wont go on the computer. it started off with 1 hour then 2 hours, then 2 hours and 15 min. now its 2 and 1/2 hours , yesterday i almost caved in after an hour,held strong BH and got distracted and didnt touch it for my whole 8 hour work shift. BH. i dont know what the next day holds for me , but Hashem yishmor!

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