

GYE - Guard Your Eyes

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Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 01 Dec 2022 04:49

[chancy wrote on 30 Nov 2022 18:07:](#)

Hi YG,

Let me share a personal story probably my biggest struggle . I'm only sharing it because maybe you will be able to gain strength from this.

I worked in big company which had a lot of employees. There was this young non Jewish girl that started getting very friendly with me. very feisty and independent and very funny and warm. my fantasy come true. The problem as that she liked me as well. I knew I just had to say the word and she would do what i want when i want. But i considered myself to be a erliche yid so I didn't even allow her to touch me. We would go to company parties and she would beg me to dance with her and i would say no I cant. This was the most excruciating pain I've ever been in. My heart was shred into pieces. My mind was started to come up with serous issues like " who says this whole Shomer Ngia is a problem? maybe some extremists came up with it?" and it went further into all kinds of questions into my yidishkeit.... Everything i believed in was tasted because if anything was not true i would be able to do what i want.

I had to take a full inventory of what i know to be true and what i believe and how strongly i believe in the torah and tzadikim. It was a nightmare. As a result of all of this soul searching, I got much stronger in my yidishkeit overall. And i started getting better in this area as well.

But this was a huge struggle for me, so Hashem helped me (not the GYE user, the real one...) and she quite suddenly and that was it. I've met her one or twice since at business functions, but it was much easier already.

So I'm hoping that you learn that its just not worth it, its that simple. and the truth is that you really don't hold there you are a erliche yid and this is way beyond the regular looking at women on the street or online. we have very holy neshamas and this is something far removed from us. Your YH is fooling you by telling you that this is something you might want. Maybe a tiny part of you wants but your essence does not. I promise you that.

Good luck and stay strong

Thank You for sharing and showing that you relate to this situation. And good job staying strong.

Thank You as well for following my thread and being vulnerable in order to help me.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 01 Dec 2022 05:53

[DavidT wrote on 30 Nov 2022 20:52:](#)

[YeshivaGuy wrote on 30 Nov 2022 06:40:](#)

No intro.

I won't explain.

Very close to meeting someone in person, real none jewish girl.

Not getting into more right now.

Told her I'm Jewish so we can't touch, marry etc so won't work...

So she said we can just be "good friends."

Not writing more right now.

Yes I know.

Help me to not ruin my life cuz she lives 15 min away and I'll give in...

Send mussar but only positive mussar.

This happened just now when I began entering into a deeper more painful part of my trauma..

Gn

Shulchan Aruch, Even Ha'Ezer 16. Here's a rough translation:

A Jewish man who has relations with a gentile woman in a way of marriage gets Malkus (flogging) from the Torah, as it says "thou shall not marry them". But one who has relations (as a one time thing), is chayev on the Issur Derabanan of "Kuis" (non-Jewish relations) and "zonah", and he receives "makas Mardus" - (flogging de'rabanan). And if he designates her as a "girl friend" for him, (not for marriage but also not just as a one time thing), then our Sages

made a gezeira (See Gemara Avoda Zara 36b – from Beis Chashmona'im, which preceded the Mishna by a few hundred years!) that he is chayev on Nashga"z, which stands for 4 different Issurim derabanan: "Niddah", Shifcha", "Goya", "Zonah".

Also, (one who has relations with a non-Jewish woman, zealots may kill him during the act, as we see by the story of Pinchas. This is Halacha LeMoshe Mi'sinai – Kana'im Pogim Bo) if he was not killed by zealots and did not receive flogging by Beis Din, his punishment is clear in Tanach that he is chayav Kares, as it says: "For Yehudah has defiled the holy by loving and having relations with gentile women and Hashem will "cut off" (Kares) the man who has done thus..."

Until here are the words of the Shulchan Aruch.

You can also see the same Halachos in the Rambam, [Hilchos Issurei Biyah, Perek 12](#).

Besides for this, The Gemara in Avoda Zara 5a writes that when a person transgresses a sin (with a non-Jewish woman), she is bound to his soul in the next world like a dog... Like it says by Yosef Hatzadik, that he didn't listen to the wife of Potifar "to lay with her, to be with her". (The Gemara learns from the double wording): "To lay with her in this world, and to be with her in the next world".

The Gemara in Eruvin 19a writes that Avraham Avinu sits at the entrance of Gehenom and pulls out from there those who needed to spend some time there, besides for those who had relations with non-Jewish women. This is because when he is with her, she pulls the fore-skin of his member upwards (she doesn't like that he had a bris milla) and therefore Avraham doesn't recognize him (to take him out of Gehinom).

The Maharil explains this simply to mean that when a Jewish man is with a non-Jewish woman, he wishes he would not have had a bris mila, and this "wish" cuts him off spiritually from Avraham Avinu who was the first to make a Bris Milla, and therefore Avraham doesn't pull him out of Gehenom.

Edit: I posted a response to the above but decided on my own volition to take it down for a variety of reasons. Increased sensitivity in the future would be greatly appreciated.

Thank You

Tell me how to live a life alive.

To strive for the greatness that is truly mine to own.

Encourage me that I have a future, and even a present, worth living and fighting for.

YeshivaGuy

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 01 Dec 2022 06:10

[TheYoungerTwin wrote on 01 Dec 2022 01:18:](#)

[YeshivaGuy wrote on 30 Nov 2022 06:40:](#)

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This happened just now when I began entering into a deeper more painful part of my trauma..

Gn

it seems that you are in a lot of pain right now.

for what it's worth, i empathize with your situation, and it is a very difficult one to be in.

it might help to think that starting a relationship with this girl is really just a quick fix, a way out of your pain - but not a real solution.

Whatever happens, whatever decisions you make, please have compassion for yourself.

im praying for you.

Yes my dear friend, you are so so right.

And thank you so much for showing your care in such a time for me it means so much.

The key really is what your saying, compassion, and not punishing myself with destructive behavior.

If you'd have an eitzah perhaps on how to show myself compassion I'd appreciate it.

Thank You.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 01 Dec 2022 06:16

Update: Just had a long conversation with a dear friend and mentor of mine from Yeshiva. I have a greater understanding now of where this is coming from. Thank you guys so much for the unconditional support, chizuk, and love.

For not giving up on me.

The girl asked if we shouldn't speak anymore etc etc and I held back from responding for a few hours as I went back and forth. I confirmed yes.

And I just this second deleted her contact and what's much harder, our whole WhatsApp history which is "eventful."

The subsequent heartache and feelings of loss is profound.

May GOD heal my broken heart and lead me on the path of Holiness, Emes, and Self Love.

YeshivaGuy

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Re: Make it to Yeshiva

Posted by OivedElokim - 01 Dec 2022 06:35

Wow. Just caught up on the thread, haven't really been active on here for a couple of weeks, been going through my own stuff which I may or may not post about later on my own thread. But this is so inspiring. I don't know what it's like to deal with the kind of trauma you went through, and I never got this close to meeting a real girl and having this kind of relationship. There's no doubt in my mind that if I had your challenges I would be in a much worse place. But there's a reason G-d gave yours to you. You're clearly up to the task. You are a person deeply in touch with your emotions, with your inner world, with the tension inherent in being a spiritual being in a physical body. You face inner anxieties, trauma, pain and anguish every day, and you valiantly bear your suffering and carry on. Yes, you're far from perfect, but you know when you've gone to far and try to get back on track as soon as possible. You have certain clear red lines you will not cross. In short, you're a striking portrait of the existential angst endemic to the human experience, and you face your demons with a courage many of us here would deem superhuman.

I have nothing but love and respect for you, and cherish our relationship. I wish you nothing but the best and pray that G-d alleviate your intense pain and give you the clarity and simchas hachayim that you strive for.

Sending hugs,

OivedElokim

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 01 Dec 2022 12:27

Yeshiva Guy, you are a hero. An awesome overpowering 21st century nisayon that we know so many guys would rach"l cave into - almost b'onais. We all crave connection and warmth, and the facade that these relationships will provide that are so powerful. You said "No". Would i have done that in your shoes? who knows? I am definitely not sure of where this would have ended up. When you pushed that delete button, one can only imagine the trauma, confusion,

searing pain, and loss that you experienced. But when you pushed that delete button one can also only imagine the awesome ta'anug the Ribono Shel Olam received and the awesome effect this has on our world. Buddy, you set off a nuclear reaction of kedusha in this world that big tzaddikim cannot begin to emulate.

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Re: Make it to Yeshiva
Posted by Emes-a-Yid - 01 Dec 2022 13:34

[YeshivaGuy wrote on 01 Dec 2022 06:16:](#)

The girl asked if we shouldn't speak anymore etc etc and I held back from responding for a few hours as I went back and forth. I confirmed yes.

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That sounds like an impossible was just possible. You have done a big milestone for something you personally went through, and took it on yourself to overpower it which is incredible. How shocked to see such action, I honestly don't know if I could have said no if I was in a relationship with someone as that. But B"H you beat it and I believe you should congratulate yourself on it because like I said is a huge step in beating this!

Hatzlacha Raba, keep up your amazing journey, you are yourself that noone can control but you, and you have taken up on it!! WOW!

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Re: Make it to Yeshiva
Posted by Vehkam - 01 Dec 2022 14:29

[YeshivaGuy wrote on 01 Dec 2022 06:16:](#)

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YeshivaGuy

That is incredibly painful to accomplish and a korbon of the highest level. When you say ?????? ?????? ?????? ?????? you can definitely have this in mind..... i certainly will!!

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Re: Make it to Yeshiva
Posted by willdoit - 01 Dec 2022 15:51

Hello,

I am at a loss of words...

I read ur post last night before going to sleep and my heart went out for the pain ur going thru, I just begged Hashem to give the strength to be able to resist. and first thing in the morning i checked this thread and i saw the incredible news that u resisted!! u cant imagine how happy I felt....

I cant begin to imagine the pain the turmoil you went thru having this experience - we are all

so desperate of getting the warmth the love and acceptance that women could provide us, and even more so - while going thru emotional hardships and here you had an easy opportunity to get that - although we all know its only temporally, and would only drag us deeper in the whole - and yet you took the beyond human strength and resisted. Ur a Tzadik incomparable!!!!

may Hashem heal ur broken heart and grant you the pleasure of real life

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Re: Make it to Yeshiva
Posted by willdoit - 01 Dec 2022 15:52

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Re: Make it to Yeshiva

Posted by DavidT - 01 Dec 2022 16:50

[YeshivaGuy wrote on 01 Dec 2022 05:53:](#)

[DavidT wrote on 30 Nov 2022 20:52:](#)

[YeshivaGuy wrote on 30 Nov 2022 06:40:](#)

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Gn

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Encourage me that I have a future, and even a present, worth living and fighting for.

YeshivaGuy

YeshivaGuy... Can you imagine a life without GYE? Can you imagine a life without "Hashem Help Me" ?

We are one big family here and we are all here for you!

(I know that my posts are not always the greatest... If I would never make any mistakes, I would

not have been here in the first place :-))

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Re: Make it to Yeshiva
Posted by DavidT - 01 Dec 2022 17:03

[YeshivaGuy wrote on 01 Dec 2022 06:16:](#)

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YeshivaGuy

When I learnt this Gemara (Pesachim 113a) I thought about you...

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?????: ??? ?????????? ?????????? ?????????? ?????????? ??????????,

May Hashem heal your broken heart and lead us all on the path of Holiness, Emes, and Self Love.

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Re: Make it to Yeshiva
Posted by Emes-a-Yid - 01 Dec 2022 19:21

[YeshivaGuy wrote on 01 Dec 2022 06:16:](#)

The girl asked if we shouldn't speak anymore etc etc and I held back from responding for a few hours as I went back and forth. I confirmed yes.

And I just this second deleted her contact and what's much harder, our whole WhatsApp history which is "eventful."

Incredible beating the nisayon, earlier I didn't really know what was it all about in detail, now I see where the convo and connection has gone with, and I am in full out silence to see you broke through that when you were so close and easily reachable. WOWWW ldk what to say you really have done something insane, I am not in such a nisayon, but if someone were I honestly don't know if they can break it as you did. Thank Hashem for gye if that was a factor in helping you succeed. Bravo I am in a loss of words for real!

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