GYE - Guard Your Eyes

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Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33 Hi everyone, First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu. I bh am not addicted to pornography. I haven't been on a porn website. But I'm getting close, and I'm here to gain chizuk not to fall into it. Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila. I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks. i want to just express my gratitude to all of you, and my great admiration for each and every one of you. My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos" So I'm here to gain that chizuk. thank you! ====

Re: Make it to Yeshiva

Posted by starting - 11 Aug 2020 07:53

Aaron1 wrote on 11 Aug 2020 01:27:

I've been on the forum from the sidelines for quite some time, but this is the first time
I post on the site.
Welcome
You write really nicely.
Why don't you open your thread where you can post your own progress?
You sound you are taking big steps so I'm sure you have great chizzuk to share with all of us.
I cannot emphasise enough how helpful it is to come out and share.
Hatzlacha
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Re: Make it to Yeshiva Posted by YeshivaGuy - 11 Aug 2020 23:43
I just fell.
Watched some bad movie clips on YouTube and did M
A few more days to Yeshiva.
I will Rise.
Thank you all for the chizuk and support.

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Re: Make it to Yeshiva Posted by Meyer M 12 Aug 2020 00:32	
You can do it! One day at a time!	
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Re: Make it to Yeshiva Posted by Grant400 - 12 Aug 2020 01:36	
Falls happen unfortunately. But you only fell bed attitude and mindblowing self control as seen in yourself off and get back in the battle.	
To quote Avraham Fried: "This is one fight you v	von't regret ".
I posted this some time back in the topic "I will n	ever stop trying " by icandothis18:
Life isn't built with records and streaks,	
its seconds and minutes, hours and weeks.	
Grant	
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Re: Make it to Yeshiva Posted by Aaron1 - 14 Aug 2020 20:08	

YeshivaGuy wrote on 11 Aug 2020 23:43:
I just fell.
[]
I will Rise.
Such an amazing attitude! I'm jealous of your chavrusa.
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Re: Make it to Yeshiva Posted by Grant400 - 14 Aug 2020 20:14
Does anyone know where YeshivaGuy went?
Did he make it to yeshivah?
Come back brother!
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Re: Make it to Yeshiva Posted by YeshivaGuy - 16 Aug 2020 01:51
Hey I'm back buddy I'm here.
bezras Hashem I start Yeshiva Wednesday night.
Though I'll be WAY WAY safer there, unfortunately I'll need to bring my iPhone there this zman because I've been having some health issues so will need it to do telehealth (zoom doctors etc).
But bh I don't have a browser, App Store blocked.

The only remaining prob is that there's gifs on WhatsApp, and that there's a way to be able to

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watch movie trailers (through ways that even gentech didn't know about and couldn't block when I told them).

But bh I managed to block it through the "downtime" feature on IPhone... (but it's only blocked during downtime, which covers me during the night but still...)

But nonetheless it's a better situation, and I hope to still check in here and update the awesome people here.

Shkoyach!
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Re: Make it to Yeshiva Posted by Im Tevakshena Kakasef - 17 Aug 2020 10:55
Hi YeshivaGuy,
Sounds like your doing great. I'm in yeshiva to, but I'm not going back for a while yet. I admire your resolve and commitment.
The effort your going through to filter and block on your device is incredible. Takes willpower to commit to change.
Keep on updating. You're a massive inspiration. And may Hashem send you a speedy refuah shelaima.
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Re: Make it to Yeshiva Posted by Guard1 - 17 Aug 2020 15:55
Hi YeshivaGuy,

From what I understand, you already did that, but just to be sure, here is how to secure your iPhone :
1. Download all the apps (safe ones) that you need
2. Activate the Screen Time function
Then, in the "Content and privacy restrictions" section :
3. Block the possibility to download new apps
4. For web content, block everything except the allowed URL, and specify which are the safe URLs that you will need
5. Ask your parents, or brother, or Yechiva friend to setup a code that will prevent you to change the settings. If ever you need to change something (for exemple, add a new URL) simply ask that person to do it for you
If that is not enough, you could also / instead use a powerful filter, like Netspark or Gentech. Expensive, but efficient.
Best

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 17 Aug 2020 16:04

Thank you so much. I did that Baruch HaShem.

Though there's no way to block gifs on WhatsApp (I've spoken at length to gentech about it)...

Im so amazed by the care that everyone expresses here about each other's Avodas HaShem. Ashreinu!

Thanks

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Re: Make it to Yeshiva

Posted by Guard1 - 17 Aug 2020 17:39

Hmm maybe you could consider simply getting rid of WhatsApp, at least temporarily?

You could communicate with your family / friends with mails for example? Which in my opinion is a noble way to communicate, where you dedicate time to read and write to the recipient. Like a good old handwritten letter.

It is overall more suited to the Yechiva context, because WhatsApp entices you to check your phone every hour or so, often just to read and say things that are not so important, taking you out of your Torah Mikva.

With mails, you can dedicate a specific time every day or week to reply to your family and friends, where you can focus on the essential. Once you've sent your mail(s), your mind is then fully available for Torah learning.

And if your Yechiva is in Israel and your family is abroad, and you need to call them before Chabbat, or send them text messages, I am sure you can easily buy a simcard allowing you to communicate from Israel to anywhere your family is.
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Re: Make it to Yeshiva Posted by YeshivaGuy - 17 Aug 2020 18:15
Ya I hear that. I'm in America.
iPhone has a thing called downtime which shuts off the phone during a set time slot, so I'll make it cover more time throughout the day so I won't be able to access it.
I hear what ur saying about getting rid of WhatsApp, I mean, though I'd only be able to use it like an hour a day (cuz I'll extend downtime), and obviously my phone is always in the dorms, I hear what ur saying.
That may be a hard decision I'll have to make
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Re: Make it to Yeshiva Posted by Grant400 - 17 Aug 2020 19:09
Sometimes a hard decision leads to an easier outcome.
Grant
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Re: Make it to Yeshiva Posted by YeshivaGuy - 18 Aug 2020 06:13
Hey guys, well tomorrow I head to Veshiya (going a day early), and I want to thank you all for

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the chizuk and support.

I emerge from this 5 month period at home not unscathed.

I return to the Bais Hamedrash limping, but with my head held high.

I have fallen at times, but, thanks to everyone here, and much siyata dishmaya, I haven't been on porn sites (something I felt was inevitable being home for so long).

Im glad I came here, and I do intend, bezras Hashem to keep updating, and sticking around, as certainly new challenges tend to arise.

I now have reached another step in my journey.

My goal was never and will never be to "just make it to Yeshiva," To just "avoid temptation"

But rather to become a true Oved HaShem, an elevated individual, inside and out.

Thank you all, and I anticipate continuing this journey together.

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