

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by Trouble - 15 Feb 2022 19:47

so, as i was watching the superbowl, i saw a pretty funny commercial with a tremendous "mussar haschil." a kid reached his hand into the pringles can for those last few chips, but lo and behold, his arm got stuck, and although he tried, he couldn't pull it out. went to sleep that night with the cannister on his arm. he got married with the can on his arm - for the rest of his life, he wore it like a sling. for all you porn addicts, yes the commercial showed that he was intimate with his wife, and although birthday suits were worn, his arm was covered by the pringle can. years later, he needed a walker to get around, and the hand with the pringles can was guiding him along. eventually, he died, and with a big smile on his face in the coffin, the pringles cannister is still there.

moral of the story:
..... stick to
jays!

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Re: Make it to Yeshiva

Posted by sleepy - 15 Feb 2022 21:05

[Trouble wrote on 15 Feb 2022 19:47:](#)

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shucks, i tought you were going to give me an idea how to get this pringle can off my hand);

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Re: Make it to Yeshiva

Posted by sleepy - 15 Feb 2022 21:11

[YeshivaGuy wrote on 15 Feb 2022 05:02:](#)

[hashemyeracheim613 wrote on 15 Feb 2022 03:45:](#)

Yeshiva Guy, I just read your post about crying over the Gemora. I'm speechless. I'm going to make some assumptions here, please forgive me. I assume that you wish those traumatic events never happened. I assume that you don't want to be in so much pain. I assume that you know that there is a benefit to suffering, but you don't want the suffering anyways, despite the benefit. There is one thing that I know for certain. Hashem didn't create a person as incredible as you just to suffer. It's as clear as day that you are something special. Even if you don't see it, everyone here does. The pain is going to end one day, and you are going to bring an awesome light to this world. In fact, you already are. Looking forward to great things.

Thank you so much.

Honestly though, I don't feel special.

Rather I feel like a shadow of a man that "could've been."

And like a weak nebach guy not in yeshiva wasting away his potential.

Its good to hear someone else have a different outlook though, I hope one day to feel the same.

I really just don't want to drown, I don't know whether to give up on frumkeit- relinquishing all the sheifos I had once had, or persevere on this journey to the unknown...

I can't live without GD, as I've learnt. Yet I can't bare the path He has set before me.

??? ????? ????? ??

sorry YG for all that you are going through, chazak chazak, all i can tell you is the history of the

klall and in many individual lives has been that it gets darkest before the dawn , so even though everything looks dark now , hopefully your light will shine very soon!!

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Re: Make it to Yeshiva

Posted by cordnoy - 15 Feb 2022 21:40

[Trouble wrote on 15 Feb 2022 19:47:](#)

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moral of the story: stick to
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And here I thought the punchline would be that a mistake one makes when he's young can haunt him his entire lifetime.

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Re: Make it to Yeshiva

Posted by hashemyeracheim613 - 16 Feb 2022 04:57

[YeshivaGuy wrote on 15 Feb 2022 13:02:](#)

Good point and what you say is indeed true.

What I mean by saying that I "can't bare the path set before me" is that it's quite difficult to

surmount the challenges I'm currently experiencing while maintaining a semblance of sanity.

Challenges that are by no means self imposed.

If I were to dispose completely of my past sheifos and allow myself to be led solely by this emotional rollercoaster, then I'm afraid I would GD forbid go from not davening to much larger halachik infractions.

Thereby losing the life I truly want to live.

By retaining a memory of how I've felt in the past, I recall a part of me that yearns and needs to be connected to GD- grounding me despite these waves of uncertainty.

Your point is still true, applicable, and appreciated.

Back in the day, I used to travel extensively to go to therapy. I would wait for a hitch. 1/2 Hour. Then go to the train station. 1 1/2 hour. wait for the train. 15 Minutes. Then the train ride home. 2 hours. Then the walk home. 10 Minutes. Almost 4 1/2hours. Sometimes due to missing trains it was close to five. It was in middle of the winter, and sometimes I would stand on the platform shivering in the snow. When the train finally came, I would huddle there, cold and miserable. There I was, a miserable wretch, on the long journey home to go a therapy session that wasn't helping. I hoped so much that a beautiful slutty woman would plop herself next to me. We would start talking, then find an apartment somewhere and have a great night. I literally davened to Hashem for it. I challenged Him, to at least give me that small comfort, that illegal pleasure. I really believed that's what I wanted. In retrospect, I learnt that it was all of my anger and frustration being vented out, at God, at the world. You are going through an incredible amount of pain right now. It's now wonder that you want to escape, to drop all of your responsibilities and to bury yourself in a life that's free of religious duties. But as you yourself said, you know it's not what you want. Your conscience is too strong. Your sense of honesty will never let you rest. You know where the truth is, and you will not be able to leave it. You would not be happy living that life. I couldn't also, and that thought comforted me. I would always be forced to remain on the real path to happiness. I think, and I hope that I'm not being presumptuous, that it's the same for you. You are in touch with the real you. It's just being clouded by a lot of hurt.

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Re: Make it to Yeshiva

Posted by hashemyeracheim613 - 16 Feb 2022 05:01

As I'm being me'ayin in your posts, I see that you basically already said this.

"I can't live without God"

Yeshiva Guy

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 16 Feb 2022 08:31

Nichshal again.

No using laptops/computers etc past 11:30pm.

Trying to get to day 1

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 17 Feb 2022 05:14

Ok and we're back.

Day #1.

And I'm starting a chavrusa with a friend tomorrow, slowly gotta build up to being able to sit for a full Seder.

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Re: Make it to Yeshiva

Posted by wilnevergiveup - 17 Feb 2022 18:21

[YeshivaGuy wrote on 15 Feb 2022 16:24:](#)

[wilnevergiveup wrote on 15 Feb 2022 13:24:](#)

Hey YG, thanks for popping by, it's nice to hear from you from time to time!

Random Q, if you are not in Yeshiva these days, what are you up to? Are you working?

...Honestly though, I don't feel special.

Rather I feel like a shadow of a man that "could've been."

There is this line from Brene Brown "Let go of who you think you should be and embrace who you are." I found it to be powerful, take it or leave it.

I haven't been working since I haven't felt stable enough to be reliable. I have taken some online courses though and have been working out a lot, but definitely gotta figure stuff out.

As for the quote, it's hard because if I were to embrace who I feel like I am right now then I would be mechalel shabbos, go to a bar and meet a shiksa etc since that's what feels right given my anger etc.

It feels like that's who I am now, but I know it's not who I want to be.

And even that isn't clear anymore, I don't know who I want to be.

What I do know is what I wanted to be a few months ago and since I know I really wanted to be a Ben Torah I won't do radical stuff until things settle down and I can make a rational decision about what I want.

There is truth to the line, it's just very difficult to know when to trust the heart entirely without the mind's restraint.

If you or anyone else can explain what I'm missing I would greatly appreciate it.

You are right, it can be complicated to figure out who you really are.

I don't know if there is a clear cut answer, but you can try doing a "core strengths" and "core values" worksheet.

Here is one option www.viacharacter.org/

I think there are some worksheets in the F2F program along these lines, you can check it out

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Re: Make it to Yeshiva

Posted by sleepy - 17 Feb 2022 21:20

[YeshivaGuy wrote on 17 Feb 2022 05:14:](#)

Ok and we're back.

Day #1.
there. I liked the worksheet version better than the online one, it makes you think more

And I'm starting a chavrusa with a friend tomorrow, slowly gotta build up to being able to sit for a full Seder.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 18 Feb 2022 03:01

Day 2

Didnt start the chavrusa today, starting Sunday.

Hard times, trying for first time in awhile to not fall down.

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Re: Make it to Yeshiva

Posted by sleepy - 18 Feb 2022 03:38

i dont know if this idea is for you ,but when i was a bachur with no zitzfliesh instead of focusing on sitting and learning for a whole seder , i timed it for 10 minutes no matter what i dont get out of my seat until BH im able to sit a hour or two without getting up, after words i heard in the name of a gadol zl that this is a good trick to develop the ability to sit for long periods of time , hatzlacha!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 20 Feb 2022 06:42

Bh I'm 4 days clean.

I went to davening Friday night for the 2nd time in more than 3 months. It was hard but I pulled through just saying the words. Mainly what was hard was that I kept repeating in my mind that I hadn't done this in so long which gave me anxiety...

Trying to slowly build myself back up without judging and looking down on myself for not being better.

Still have a ways to go, but I really feel like I'm slowly piecing myself back together.

I also feel like I should be dating now but I know that I need to deal with these problems I have.

Trying to accept that and to chap how choshuv it is that I work through this all now before marriage because as I go deeper I see I would've gone nuts Chas v'shalom if I'd not deal with this stuff now.

Its hard cuz people walk over and say "nu? Are you dating??" And if I say no not yet they're disappointed like I should be.

Anyway, have a wonderful night guys. You are all true friends.

YeshivaGuy

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Re: Make it to Yeshiva

Posted by i-man - 20 Feb 2022 08:44

Nice to have you back

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