

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 01 Dec 2021 04:54

[lhavestrength wrote on 01 Dec 2021 04:05:](#)

[YeshivaGuy wrote on 30 Nov 2021 04:47:](#)

[omekhadavar wrote on 29 Nov 2021 04:39:](#)

Hang in there!

B"H it's Chanukah where those who are "Temeim Beyad" become "Tehorim." And those who became "Reshaim Beyad" become "Tzadikim."

Stare into the light of the menorah because even a little bit of light can be docheh harbei choshech.

A Freilichin Chanukah!

Thank you.

The struggle though is, that there is a part of myself that harbors great disdain for these "tzadikim," and wants to stay very far away from them and what they represent.

A large part of myself wants the harbei choshech to be docheh any last remnant of ???, and leave me to a life estranged from the creator.

And this real part of myself is disgusted by chanuka and can barely lay its eyes on the neiros for an instant.

@yeshivaguy The following thought came up for me reading your post. I don't know if you will find it useful, but in case it might... here goes:

When I focus too much on this struggle and then fail, it can make me feel like Yiddishkeit, or the "tzadikim" are oppressing and depressing me... Then I become bitter towards it all.

At those times I remind myself that there is no mitzvah in the Torah to count days, (could be a good tool of course) and that yiddishkeit is about more than not masturbating. Basically sometimes if I focus too much on this I can get a very narrow perspective.

Ok, I fear this may be totally irrelevant lol, so my apologies if it is. I just didn't want to refrain in case it might be somewhat useful.

Thank you for reaching out and offering those divrei chizuk.

My issue though is quite unrelated to mitzvos and aveiros.

My emotions are due to a deep trauma which I won't discuss in this manner.

Not much more to say.

This isn't a forum to be venting about things outside of inyanei kedusha.

Thank you and all of u for being there for me.

Ps. Was at sheva brachos of a cousin. Met a cousin I didn't know I had and really attracted to her... I refrained from asking a girl for her number... not discussing further and my deep emotional pain causes me to blow everything up to make it a big deal, I realized that and that this wouldn't fill the deep void within me.

Even now lying in bed, I'm just thinking about her smile- so vibrant and full of life, and those thoughtful eyes.

Also I saw her hug two people and it was such a warm loving hug, oy I'm so broken...

Delayed therapy, going in the morning.

Daven please that I have a refua shelaima. That I be set free.

Gut Chanuka

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 02 Dec 2021 07:16

Therapy was good.

The entire day, including now, my chests has been killing like crazy from subconscious anxiety.

Feels like I'm perpetually drowning...

Tonight at dinner, my mother nonchalantly brought up something very private/emotionally charged in front of others.

Pissed me off. Especially cuz she's clueless (really trying hard to not curse, holding back a lot).

Just so painful..

My therapist taanas that it's worthwhile to deal with these problems, though a part of me feels like it's a waist of time and I should just ignore emotions and learn etc, though Imaaseh I can't cuz I've become disfunctional.

Anyway, hope to resume going to the gym in the morning. Should be good.

I really hope HaShem sees the tears that all my pain holds me back from shedding.

Gn

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 10 Dec 2021 07:22

Alive.

Almost went on a porn site. It's pain/anxiety that brought me there, not even taiva...

Anyway, have good Shabbos,

YeshivaGuy

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Re: Make it to Yeshiva

Posted by Avrohom - 10 Dec 2021 17:05

[YeshivaGuy wrote on 10 Dec 2021 07:22:](#)

Alive.

Almost went on a porn site. It's pain/anxiety that brought me there, not even taiva...

Anyway, have good Shabbos,

YeshivaGuy

One could argue that inner pain and anxiety is always what drives people to the reality escape of pornography, fantasy and the release pleasure of masturbation - regardless of whether it's a subtle pain or a stronger, more obvious one.

Either way, congrats on making it through!

Have a restful, enjoyable Shabbos!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 10 Dec 2021 17:29

I'd disagree.

There is something called taiva.

Though you are correct that it's often the case.

And some people are clueless...

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Re: Make it to Yeshiva

Posted by Avrohom - 12 Dec 2021 03:10

You're right. The "always" in my post is incorrect. Thanks.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 24 Dec 2021 02:24

Doing ok.

Hatzlocha

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Re: Make it to Yeshiva

Posted by growup - 24 Dec 2021 04:32

yeshivaguy i trully admire and am jealous of you -if i had a 100th of the opportunities that you come across - i would be in pretty bad shape \

from where i grew up no pretty girls:(nobody texting me no internet no phone till i was older there were no smartphone but rather internet cafes and porn magazines stuck in my socks on the bus for hours till i found my spots ...i was so low -- but you - you sit with the mighty giants!!!!!!!!!!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 26 Dec 2021 02:06

[growup wrote on 24 Dec 2021 04:32:](#)

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Thank you very much for your kind words.

I wouldn't say I'm in the best of shape nor am I sitting with mighty giants.

I am though, currently sitting in front of a computer.

I have webchaver which has been great, but it seems since getting an antivirus it stopped working.

I emailed them.

Now I would love to indulge, and perhaps later on I will.

But as for now I'll bring myself downstairs to play with my little brother.

Ive been home this last while, many ask what's going on with me. It really is a painful and tumultuous time.

I'm not holding back for GD, as currently I've had problems with our relationship as I deal with my problems.

I hold back for I know my issue and I know this won't solve it, and maybe even it's a pintele yid. Maybe...

I have no words, and the path before me is one filled with anguish and pain.

But I hope, somehow, someway, to remain,

YeshivaGuy

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Re: Make it to Yeshiva

Posted by growup - 26 Dec 2021 03:04

wowow sounds intense -ill just tell you a quick story thats been going around

A billboard displaying an inappropriate advertisement was placed in an area that was frequented by frum people. There was a yid, a principal in an L.A. yeshiva, who was very much disturbed by this, and he decided that he was going to have it removed. He called the advertiser, who obviously laughed him away. He then called the owner of the billboard, who told him that this was prime advertising space. He asked if he could take over the space, at the earliest possible opportunity. They said that in order for them to consider it, he would have to pay \$1000 per day for the space. He said that he had \$90000 in his savings, and he would like to rent the space for 90 days. They agreed, but they asked him to provide his advert. He said he has nothing to advertise, but they said he should do something. After some thinking, he suggested that they should make a countdown to the end of the 90 days. The agreement was finalized, and sure enough, the offensive advertisement was not displayed anymore, and in its place a simple countdown. What happened next was something that they were completely unprepared for. As people passed by, they were intrigued by this mysterious countdown. The newspapers took interest, and it became "the talk of the town". People tried to contact the billboard owner, but they said that they could not disclose anything, which added to the intrigue. As the end got closer, this man was contacted by coca-cola, who offered him 3 million dollars, to take over the countdown, and use it to break out a new advertisement on the climatic day. The

man gladly agreed, having reached his goal in an exceptional way. This yid was so sincere; it bothered him so much that yidden would be nichshal in inappropriate images, that he was ready to give up his entire savings. Even more, he did not have the resources to eliminate the problem in its entirety, however he decided to do whatever he could, with the emunah that something would happen. He very appropriately made a countdown, this was a countdown to the climax of his personal mesiras nefesh – And indeed Hashem took over!

The points are obvious - but one thing is clear - when we make our will his will - he will step in

email me brother thekingmbd@gmail.com

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Re: Make it to Yeshiva

Posted by FighterWithFire - 26 Dec 2021 03:34

[growup wrote on 26 Dec 2021 03:04:](#)

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The amazing part is I heard that story just this past Shabbos! Mi K'amacha Yisroel...

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Re: Make it to Yeshiva
Posted by YeshivaGuy - 26 Dec 2021 04:21

Had a rough Shabbos, got triggered about certain past traumas so was having a terrible time...

Watched a clip on YouTube so I could masterbate. Did it. I don't have strength to worry so much about my elevating "level of tolerance."

Not much more to say. Add this to the list, I don't even know what I want anymore I really don't, whatever, have a gn and gut vuch.

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Re: Make it to Yeshiva
Posted by YeshivaGuy - 26 Dec 2021 04:26

[growup wrote on 26 Dec 2021 03:04:](#)

The points are obvious - but one thing is clear - when we make our will his will - he will step in
email me brother thekingmbd@gmail.com

Thanks. The problem is though that I currently feel that I don't want GD. That I don't want him in my life anymore because he's screwed it up.

I don't want to make my will anyone else's will, because I've had enough of allowing people to step on me...

But yet late at night, despite so much anger and resentment, not davening etc. Before I fall

asleep, I look up and ask Him to save me- this aimless broken shadow of a man.

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Re: Make it to Yeshiva

Posted by wilnevergiveup - 26 Dec 2021 06:41

Hey Yeshivaguy sounds tough, I cannot begin to imagine the kind of pain you are going through. I really feel for you and I hope you find a place for yourself soon that you are comfortable in and happy with.

The only question I have is this, if you refuse to be called a tzaddik, refuse to believe that you are sitting with giants, refuse to believe that you are really a good guy, then you must explain to me what being a tzaddik really means. Explain to me please who does sit with the giants and who these giants actually are. Explain to me all the stories in Chaza"l that talk about *Eliyahu Hanavi* pointing out people who are *bnei olam habah*. When asked what they did to deserve this *Eliyahu Hanavi* would say some single act or single special thing that they do even though they didn't seem like or look like the "classic Tzaddik." There are also many stories with the Admorim that I don't know too many details about, (aside from the stories of R' Shlomo Charlebach) but they are filled with people who were great even though they didn't seem like it or realize it because of overcoming one struggle or doing one type of special thing.

Give yourself some credit man! We all see it, you can see it too! You are great, everyone on this site is, and someone who is struggling and suffering and still hangs around here in this *makom* of bnei aliyah is certainly a great.

It's okay to go through a hard time, it's okay to struggle with *kedusha*, struggling is part of the package. We all have our ups and downs, don't get too down on yourself for struggling with *kedusha* with so much else going on in your life.

Hang in there, *im lo l'mancha, l'maaneinu*.

We're thinking about you.

Wilnevergiveup

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