

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 31 Mar 2021 06:36

I just fell again.

This isn't me. I don't need this.

Im making a small goal.

Im home for 9 more days.

My goal is no computer, no touching, and no lying on my stomach for that period of time.

If I succeed at that, then I will celebrate with dougies.

(Note: I have a comprehensive plan tentatively worked out for once I return to Yeshiva. It entails leaving my iPhone at home, speaking to GYE guys few times a week, and checking in to the site at least once a week).

It is humbling, watching my guf temporarily usurp my Olam Hakatan.

I must reassert my Neshama-enabling it to rank supreme in my "world."

I am not a victim.

I am a Baal Bechira.

I chose to destroy and I choose now to rebuild.

Waking up late, going to the zoo(where I was not so great with Shmiras eynayim), barely learning, and plenty of free time, don't make for a conducive context for ?????? ?????.

At like 2:30am was exhausted and had taiva, and once I lay on my stomach I was finished...

I fought hard these past 7 days.

I had moments where I stood in front of the computer with overwhelming taiva and walked away.

Maybe I should post about accomplishments like that too...

Let it be known that under all this dirt,tuma, and filth, is a heart a neshama which beats to the rythm of Kavod Shamayim and seeks to live a life of complete ??????? to ????? ??.

That is a goal I will reach.

Or at least will die trying.

Mark my words.

With endless determination and will,

YeshivaGuy

(Note: I sounded super positive and determined, but l'maaseh idk guys, not sure I can do this. Idk if I have it in me to be pure... Wow it's almost 4am, I better head to sleep. Thought I should let y'all know how I feel inside...)

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Re: Make it to Yeshiva
Posted by Markz - 31 Mar 2021 13:43

[YeshivaGuy wrote on 31 Mar 2021 06:36:](#)

Let it be known that under all this dirt,tuma, and filth, is a heart a neshama which beats to the rythm of Kavod Shamayim and seeks to live a life of complete ???????? to ????? ??.

That is a goal I will reach.

Or at least will die trying.

Mark my words.

Marked!

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Re: Make it to Yeshiva

Posted by HappyYid - 31 Mar 2021 13:50

Wow, as much as it is hard for you to feel like you are starting all over again (although you are really not; you have all those 200 days, you didn't lose them), you still have such a great positive attitude.

You are so in touch with yourself.

You're really amazing!

And yeah you should post all those accomplishments...

I fell after 115 days some time ago, it wasn't easy to start again, but you know something now that I did I really feel like a better person. It's like, yeah, I am in charge. Just because I fell so many times it doesn't mean I can't start having a clean streak...

I'm sure you could do.

You do have it in you to be pure, everyone does.

With lots of admiration

HappyYid

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 01 Apr 2021 08:02

Masterbated again.

Ive lost all will and drive to fight...

Maybe one day I'll have good news for u guys.

Maybe...

(Both of these falls were after 3am and should be pointed out that I had forgotten on both days to take my depression meds.

I think the sleep thing is a big point cuz usually I use melatonin to fall asleep, and I wasn't sure if was kosher lpesach so not using it. So unfortunately resorted to this destructive way of falling asleep.

As well, this fall was after like 4 hours of hitler documentaries, was interesting but kept me up way too late).

Just A,

Guy

(Note: Since I woke up in the morning, my heart was pounding with taiva. Throughout the day I would even be gripped with taiva so much that I'd need to sit down to breath it was so powerful. Just sayin)

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Re: Make it to Yeshiva
Posted by wilnevergiveup - 01 Apr 2021 10:29

So painful.

We are still here with you, through thick and thin.

I am davening that you should be able to pull yourself out of this funk soon.

All the best,

Wilnevergiveup

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Re: Make it to Yeshiva

Posted by Gevura Shebyesod - 01 Apr 2021 11:26

To paraphrase a Choshuva Yid I know, "You can take a guy out of Yeshiva, but you can't take the Yeshiva out of the guy".

Even though you're going through a rough streak right now, you are still not the same person you were last year. IYH you will pull yourself out of the mud and keep rising, and you will see that it is easier than the first time because you're starting from a better place.

And ask a Rov about the melatonin chances are that it's ok.

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Re: Make it to Yeshiva

Posted by Grant400 - 01 Apr 2021 12:09

(Note: Since I woke up in the morning, my heart was pounding with taiva. Throughout the day I would even be gripped with taiva so much that I'd need to sit down to breath it was so powerful. Just sayin)

I know how you feel. Exactly how you feel.

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Re: Make it to Yeshiva

Posted by eyes - 01 Apr 2021 14:08

And ask a Rov about the melatonin chances are that it's ok.

ask a rov if you could take your meds.

you need them.

if you ever have any question never decide by yourself. call a rov

i once got a heter to take cjalav ackum pills for pain on pesach.

call a rov

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 01 Apr 2021 17:28

Thanks guys.

More health zachen. Going to the doctor soon...

A lot going on, anyway, I'll leave you with a short quote from one of my more recent poems:

The past

Is now gone

And future

Is a dream

Grasping present

In my hand

For that is

Mine to deem

Sun rays

Travel far

Watch

The lion scream

Author present

Cast the past

I'm only

Lost in dream

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 02 Apr 2021 06:25

2:30AM in bed. Tremendous amount of taiva. I've been slipping, touching, seeing not the best.

About to masterbate.

Im in same situation as last night.

Fine guys, I'll give it a shot.

I'll try hard not to give in.

Its just so so difficult.

Especially after I again gave into the Yetzer and lay on my stomach while having hirhurim etc...

I'm trying to fight back and regain lost territory.

May HaShem Yisborach help me...

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Re: Make it to Yeshiva
Posted by YeshivaGuy - 02 Apr 2021 13:51

Last night I won somehow, bh.

Now, I'm awake with a lot of taiva.

As I type this I'm on my stomach in bed about to masterbate.

It is very very very difficult to pull back, but I will.

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Re: Make it to Yeshiva
Posted by HappyYid - 02 Apr 2021 14:02

I hope you are out of bed by now...

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Re: Make it to Yeshiva
Posted by YeshivaGuy - 02 Apr 2021 14:04

[HappyYid wrote on 02 Apr 2021 14:02:](#)

I hope you are out of bed by now...

Thanks, yes I'm out bh

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 02 Apr 2021 16:19

I won a hard fight last night.

I won a hard fight this morning.

And I just now lost a hard fight.

I listened to some Kol Isha and masterbated.

Im not motivated. I don't feel like I want a life of Kedusha.

Obviously I want Kedusha, but with depression creeping in and other health problems I'm just down and this feels good.

Its a drug.

Im embarrassed to be seen in public by anyone because my health thing made me gain a lot of weight. And I just feel bad.

And my home isn't the biggest makom aliya...

But still, I know I could be matzliach.

The problem is that I don't want it.

Im not driven, like in the past, by a singular unyielding ratzon.

That, in my mind is the problem.

Whats the solution?

I'm not exactly sure. I think it would be beneficial for me to meet up with some GYE chevra before returning to Yeshiva, so I'll look into that.

I can make contracts etc but the problem is that I lost my drive. Maybe it's depression, maybe it's the Yetzer Hara? Both? Not sure.

GYE - Guard Your Eyes

Generated: 12 April, 2025, 02:13

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