

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 21 Jan 2021 21:12

[Grant400 wrote on 21 Jan 2021 13:53:](#)

[Hashem Help Me wrote on 21 Jan 2021 12:30:](#)

[YeshivaGuy wrote on 15 Jan 2021 21:17:](#)

Wow! A laser guided missile. Thank you HHM.

Whoa! That sounds violent. The worst i do here is a kick in the pams. Let's rephrase that to "a laser guided hug".

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Re: Make it to Yeshiva

Posted by Grant400 - 21 Jan 2021 21:44

[Hashem Help Me wrote on 21 Jan 2021 21:12:](#)

[Grant400 wrote on 21 Jan 2021 13:53:](#)

[Hashem Help Me wrote on 21 Jan 2021 12:30:](#)

[YeshivaGuy wrote on 15 Jan 2021 21:17:](#)

Wow! A laser guided missile. Thank you HHM.

Whoa! That sounds violent. The worst i do here is a kick in the pams. Let's rephrase that to "a laser guided hug".

A laser guided hug. OMG! That's sooooo 2021! LOL!! (That can very well be the first time I ever typed LOL or OMG in my life.) Oh right...we gotta be sweet...we don't want to bruise any

HHM, stay outta the military!

Warning: Spoiler!

Re: Make it to Yeshiva
Posted by Lou - 22 Jan 2021 00:05

Dearest friends,

I wish all of you a heartfelt Gut Shabbos Kodesh.

I will stop using this device and set myself free.

I love you all and thank you all for your support.

With determination,

YeshivaGuy

Yeshiva Guy I want to give you some perspective on the decision you have made. You think you decided to rid yourself of an iPhone as a protection for now - while you are a bochur, which of course is true, and you should be applauded for making that decision. But it goes way beyond that tzaddik.

Yidden have always been careful to make their homes sanctuaries - safe places , unaffected by the street. The term teivas Noach has been used about our homes (and yeshivas). For generations, despite our interactions with goyim out there in the world, we came home and closed the door to whatever was going on "out there". Along came the radio and television and brought the goyim right into our living rooms. Gedolei Yisroel campaigned against TV and to a great degree were very successful and many guys who grew up in TV homes, upon marriage, left the TV out of their new mikdash me'at. Even radio - many bnei Torah restricted radio listening in the house either completely or to a large degree. Some made a gender of "only in the car". Eventually Torah true newspapers were published to help us "know what's going on the world", while protecting us from questionable content, which also served as a great service to keep our homes pure. And then along came the Internet..... and wreaked havoc on all this. Let's not even discuss shmutz. The amount of apikorsus - open and subtle is enormous. People who never dreamed of watching goyishe movies, do so quite often now. And we have been desensitized to aidelkeit. Clips of people's happenings are sent around with no concern for their privacy and dignity - simple example - why should someone's car accident be public? Why are we watching someone in their tough moment? The amount of lashon hara and rechilus is appalling. Since when is "online" the heter to say (or write) just about anything? Kids are seeing traumatic events and tragedies rach"l.

When a bochur decides, "my home is going to be pristine - a kodesh hakadoshim. The street has no entry past my mezuza. Western Culture will not enter my abode. There will not be a device in my pocket that will bring foreign ideas - open and subtle kefirah, lashon hara, or images that even the "heimish" news does not realize are unacceptable - why do they show pictures of lady politicians and the like?! Why?!" When a bochur makes that decision, he is protecting himself, his future wife and kids from challenges to their emunah and their kedusha. You are a wise man. I think the words of the Mesillas Yesharim in the Hakdama aptly apply to the posting of HHM.I will paraphrase "there are no chidushim in Mesillas Yesharim and possibly if you learn it one time you won't lean anything new. However one has to review it many times over so that we van keep it on our mind at all times" He did not say any chidushim. We are all

Bnei Torah. We know all of that. However, we have to Chazer it again and again so that we can actually apply it to our daily lives.

Thank you for the reminder because that is what we all need so so badly.

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Re: Make it to Yeshiva

Posted by Lou - 22 Jan 2021 01:25

My apologies as the post above came out a little strange. It was supposed to be a quote from HHM and a comment. Not sure what happened and I can't edit it.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 22 Jan 2021 20:42

Gut Erev Shabbos chevra,

Baruch HaShem this week went pretty well.

Being detached from this phone has helped immensely.

Though I still struggle with being on time to shachris and Seder, being detached from this distraction has enabled me to be more introspective...

Last night I listened to a shiur during dinner, but I ended up listening to the next segments and missed Night Seder.

So a lesson I'm taking is to avoid even recorded shiurim cuz distraction.

Honestly, I'm not so happy with how this week went.

My first Seder chavrusa stopped coming and my new chavrusa is coming Tuesday.

I feel like I have so much potential and I'm just not utilizing it nearly like I should.

Especialy like I'm probably not doing college classes next year so I can keep learning full time and I feel like if I'm not giving it my all then what's the point...

But anyway, I'm happy I was able to stay away from this phone and am proud of the things which I did manage to accomplish.

Re: Make it to Yeshiva

Posted by Captain - 24 Jan 2021 14:15

Hey Yeshivaguy,

You're a big inspiration to myself and many others here. We are all amazed by the incredible progress and growth you keep making.

Just curious, you have any clear attainable goals written down? It can help keep focused instead of just having this feeling always of not reaching your potential. You can set specific goals in each seder, something reasonable. It will help you stay focused. And then later it can help you look back and see what progress you made and what you can improve on, instead of just living with that feeling of "wasting your potential." (You can try larger goals until the end of the zman, and then break it up further into weekly goals.)

Re: Make it to Yeshiva

Posted by wilnevergiveup - 24 Jan 2021 17:46

[Captain wrote on 24 Jan 2021 14:15:](#)

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Hey, I was about to start typing but you said exactly what I was going to say. The only thing I would add is that it is extremely helpful to share these thoughts with a good Rebbe who can help you navigate through them.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 24 Jan 2021 18:27

[wilnevergiveup wrote on 24 Jan 2021 17:46:](#)

[Captain wrote on 24 Jan 2021 14:15:](#)

Hey Yeshivaguy,

You're a big inspiration to myself and many others here. We are all amazed by the incredible progress and growth you keep making.

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Hey, I was about to start typing but you said exactly what I was going to say. The only thing I would add is that it is extremely helpful to share these thoughts with a good Rebbe who can help you navigate through them.

Thanks guys so so much.

Ya I spoke about it with a friend of mine over Shabbos and he has the same prob and I'll speak to my Rebbi this week hopefully.

Shkoyach!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 24 Jan 2021 18:32

[Captain wrote on 24 Jan 2021 14:15:](#)

Just curious, you have any clear attainable goals written down? It can help keep focused instead of just having this feeling always of not reaching your potential. You can set specific goals in each seder, something reasonable.

Thanks, I do, I think it's a deeper problem that I have. That I'm never satisfied with accomplishments and have a voice inside my head always saying I'm a failure

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Re: Make it to Yeshiva

Posted by BHYY - 24 Jan 2021 19:44

Please do talk to a close Rebbe. B"H I am able to look back at my years in Yeshiva and feel accomplished only because I sat down with my Rebbe and we planned attainable goals. They were true golden years, nothing feels sweeter than feeling accomplished in your limud haTorah. (Obviously we are never completely accomplished but small accomplishments go such a long way).

I still make goals and still follow up with my Rebbe.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 24 Jan 2021 20:18

Will do thanks, but again, it's a much deeper problem. I will discuss with my Rebbi, and if necessary, my therapist

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 24 Jan 2021 20:29

Just Emailed my therapist

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 24 Jan 2021 23:11

[YeshivaGuy wrote on 24 Jan 2021 18:32:](#)

Thanks, I do, I think it's a deeper problem that I have. That I'm never satisfied with accomplishments and have a voice inside my head always saying I'm a failure

Oy! Another perfectionist like me. Every accomplishment *really* isn't good.....

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Re: Make it to Yeshiva

Posted by Sapy - 24 Jan 2021 23:17

[Hashem Help Me wrote on 24 Jan 2021 23:11:](#)

[YeshivaGuy wrote on 24 Jan 2021 18:32:](#)

Thanks, I do, I think it's a deeper problem that I have. That I'm never satisfied with accomplishments and have a voice inside my head always saying I'm a failure

Oy! Another perfectionist like me. Every accomplishment *really* isn't good.....

perhaps, I thought the same, now and a few times before, from other posts, as I am suffering from this attitude too. @yeshivehguy might be a good idea to look into this possibility perhaps talk to @hhm or @excellence they both wrote about their experiences in this area.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 24 Jan 2021 23:58

[Yaa wrote on 24 Jan 2021 23:11:](#)

[YeshivaGuy wrote on 24 Jan 2021 18:32:](#)

Thanks, I do, I think it's a deeper problem that I have. That I'm never satisfied with accomplishments and have a voice inside my head always saying I'm a failure

Oy! Another perfectionist like me. Every accomplishment *really* isn't good.....

It's deeper than that I think.. it's that I b'etzem am a failure... idk waiting for the email back from therapist

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