

"Just regular movies "

Posted by Grant400 - 12 Jul 2020 13:59

---

A few days ago I started a topic in the balei batims forum about how I'm addicted to regular movies. How it takes up way too much time like sometimes till 5am. How I adore them in an almost worshipful manner. How it takes up too much of me.

Well I've just had a rude awakening. You see what I've also struggled with only a few times in the past was exploring regular Hollywood movies that had inappropriate content like nudity...nothing to graphic but enough to get aroused. I have only done this a few times. It only happened on rare occasions and I always got it in check with tricks or a knas etc. I completely got passed it and stopped and haven't done it in like 2 months. And during those months I grew immensely in shmiras einayim in all aspects. I was convinced that I was safe. So the only problem was just my addiction to movies.

Lo and behold out of the blue last night I fell so completely unexpectedly. This led me to view a few inappropriate pictures too. Nothing crazy just something I thought I conquered. Oh well now I really gotta kick my movie habit if it leads to this. I am resetting my 90 day count and will iyh try to stop movies all together. Still gonna watch clean comedy with wife but no more movies by myself unsupervised and at all hours. So my 90 day count will be in regard to movies, viewing inappropriate material and HZ"L (not really a problem but another geder wont hurt). I'm posting here to hold myself accountable.

=====  
=====

Re: "Just regular movies "

Posted by Zedj - 24 Mar 2021 05:34

---

How is our ????? General Grant doing?

=====  
=====

Re: "Just regular movies "

Posted by Grant400 - 24 Mar 2021 10:41

---

[Zedj wrote on 24 Mar 2021 05:34:](#)

How is our ????? General Grant doing?

BH thanks to all of you guys I'm letting go and in a better place. Still having rough moments but they're lessening...

=====  
=====

Re: "Just regular movies "  
Posted by Striving Avreich - 29 Mar 2021 22:01

---

[Grant400 wrote on 23 Mar 2021 13:26:](#)

So I sign off rightfully disgraced but determined, and even slightly proud that I didn't completely relinquish my life to people who don't deserve to be graced with such a term.

Grant

This is gold!!

Why would I want to give up my life, learning & davening to someone of such low morality!

=====  
=====

Re: "Just regular movies "  
Posted by Grant400 - 31 Mar 2021 23:27

---

Today, and right now is one of the hardest moments I've had since joining GYE. Pray for me.

=====  
=====

Re: "Just regular movies "  
Posted by EvedHashem1836 - 31 Mar 2021 23:35

---

will do. want to shmuz w someone?

=====  
=====

Re: "Just regular movies "  
Posted by eyes - 31 Mar 2021 23:46

---

you want to call me, ill speak anytime.

=====  
=====

Re: "Just regular movies "  
Posted by Lou - 01 Apr 2021 05:32

---

[Grant400 wrote on 31 Mar 2021 23:27:](#)

Today, and right now is one of the hardest moments I've had since joining GYE. Pray for me.

I don't know when this was posted exactly.... We feel your pain,brother! Stay strong as we really need you as a role model. Not just saying that. You didn't elaborate much on the issue so can't really comment on it,but please remember that you do have the ability to get through this!

I also had a moment of weakness yesterday. I convinced myself that I really deserve and need some of my old garbage to view and watch and relax for a while. I was able to work through it by telling myself that it is true that I deserve it,however perhaps after the challenging day I had ,I also deserve to eat my favorite pretzels(for those viewing this at a later date it is Pesach now).I decided I have to view the garbage as Chametz. Just like I wouldn't dream of grabbing a bag of pretzels because I am really craving it,the same applies to this. BH that worked wonders!Hatzlocha,

Achecha,

Lou

=====  
=====

Re: "Just regular movies "  
Posted by Zedj - 01 Apr 2021 08:32

---

Dear grant,

How are you doing?

=====  
=====

Re: "Just regular movies "  
Posted by Grant400 - 01 Apr 2021 11:59

---

Thank you all for the chizuk, offers and concern. BH I'm clean. But yesterday was gruesome. The 3 day yom tov was hard but hands are always tied then so it makes it easier. Yesterday was a build up. I refused to give in. What will today bring? I hope a lessening of urges and a refreshment in understanding the true toxicity of giving in and being a swine. I know that eventually I will feel different. Just gotta wait till then. I will update iyh.

=====  
=====

Re: "Just regular movies "  
Posted by Grant400 - 02 Apr 2021 18:37

---

Was looking at technically ok stuff. Mixed in were not good stuff. Sort of quickly swiped past it but should've not started, or at least stopped right away when I saw it. Unfortunately it took me a few minutes. Didn't focus on the bad stuff really but it isn't something I want. I added the "ok" stuff to my taphsic.

=====  
=====

Re: "Just regular movies "  
Posted by Grant400 - 02 Apr 2021 19:48

---

Here is what I'm thinking. Technically according to my rules, I can still click I'm still clean. Here's the catch, until recently I have been pristine. In all areas. Last week, after what happened although I didn't judge it as a fall, it ruined that. For me most of my streak, it wasn't a day-to-day battle. I had a concept in my head I do not do this at all. This remove the battle from being a reality almost like keeping Sabbath. Now after having expose myself to improper images, it whet my appetite on a practical level and made it a minute by minute battle. I've been white knuckling ever since and emailing my Filter Company to keep deleting apps and removing sites.. Unfortunately today I tried to have them remove a site, but they couldn't do it even though I requested it twice. That was the site mentioned above.

As I posted above I was looking at okay things, although between me and you it was stupid of me, and I saw terrible images mixed in. What I feel I need to do is completely restart my count. Although technically according to the rules I didn't have a fall, according to where I was hoping to be I had a fall.

It seems to me that the only way to continue living life is by starting over fresh. A brand new start of being clean in all areas. No more half-measures and excuses about certain things falling on their permitted categories. From now on I restart my account without using it as an excuse to get my fill. My fill is only of kedusha and loyalty to my religion, family and most of all my wife.

I want to hit "rock bottom" while still "on top". I pray this helps. The urges are tremendous. I hope I will make it to Yom Tov clean, and after starting a few day streak it will go back to the way it was. Not constantly on my mind.

Goodbye 172.

Ah gut yom tov!

=====  
=====

Re: "Just regular movies "  
Posted by DavidT - 05 Apr 2021 13:54

---

[Grant400 wrote on 02 Apr 2021 19:48:](#)

Goodbye 172.

Hi Grant

Sorry but I disagree with ~~Goodbye 172~~

Your clean days are yours to keep for ever!

The counting is not like sefiras haomer... It's just a tool to help us grow, but Hashem has a different counting tool... (getting up after the falls, is the greatest form of teshuva and it erases the falls) the clean days count just keeps on accumulating. (this is based on the teaching of sefer tomer devorah)

Please continue to keep us inspired!

=====  
=====

Re: "Just regular movies "  
Posted by Lou - 25 Apr 2021 15:16

---

Where is Grant???????

=====  
=====

Re: "Just regular movies "  
Posted by Grant400 - 14 Jun 2021 21:33

---

Hey guys just a quick update. I had a shaky period recently. I acted out. Fought my way back up B"H. Thanks to many people, especially HHM and Sapy, I feel like I'm on safer ground now. Let's roll!

=====  
=====

Re: "Just regular movies "  
Posted by Grant400 - 29 Jun 2021 00:20

---

I think I might pass out from sheer desire. My head is pounding.

I've read in a few places that urges only last a few minutes, at most up to 20 minutes. Not by me. It can last for days with incredible physical symptoms.

How much longer am I expected to hold out?!?

=====  
=====