

"Just regular movies "

Posted by Grant400 - 12 Jul 2020 13:59

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A few days ago I started a topic in the balei batims forum about how I'm addicted to regular movies. How it takes up way too much time like sometimes till 5am. How I adore them in an almost worshipful manner. How it takes up too much of me.

Well I've just had a rude awakening. You see what I've also struggled with only a few times in the past was exploring regular Hollywood movies that had inappropriate content like nudity...nothing to graphic but enough to get aroused. I have only done this a few times. It only happened on rare occasions and I always got it in check with tricks or a knas etc. I completely got passed it and stopped and haven't done it in like 2 months. And during those months I grew immensely in shmiras einayim in all aspects. I was convinced that I was safe. So the only problem was just my addiction to movies.

Lo and behold out of the blue last night I fell so completely unexpectedly. This led me to view a few inappropriate pictures too. Nothing crazy just something I thought I conquered. Oh well now I really gotta kick my movie habit if it leads to this. I am resetting my 90 day count and will iyh try to stop movies all together. Still gonna watch clean comedy with wife but no more movies by myself unsupervised and at all hours. So my 90 day count will be in regard to movies, viewing inappropriate material and HZ"L (not really a problem but another geder wont hurt). I'm posting here to hold myself accountable.

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Re: "Just regular movies "

Posted by YeshivaGuy - 21 Dec 2020 18:31

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Very impressive. Shkoyach!

Where are these books? In your house?

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Re: "Just regular movies "

Posted by Grant400 - 21 Dec 2020 18:33

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[YeshivaGuy wrote on 21 Dec 2020 18:31:](#)

Very impressive. Shkoyach!

Where are these books? In your house?

Library

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Re: "Just regular movies "

Posted by YeshivaGuy - 21 Dec 2020 18:35

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U go there often?

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Re: "Just regular movies "

Posted by Grant400 - 21 Dec 2020 18:59

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[YeshivaGuy wrote on 21 Dec 2020 18:35:](#)

U go there often?

No. Occasionally. Why?

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Re: "Just regular movies "

Posted by YeshivaGuy - 21 Dec 2020 19:18

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Was just wondering how often the nisayon would arise

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Re: "Just regular movies "

Posted by chancy - 21 Dec 2020 19:34

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Hi Grant,

For me, books are much worse then pictures. The fantasy is unbound. In Pictures, i always find things that turn me off.... So i dont touch any goyishe books anymore.

The library is not a safe place for me either. neither are any book stores.

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Re: "Just regular movies "

Posted by lionking - 22 Dec 2020 02:28

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Grant,

for someone with a vivid imagination as yourself, books can be worse than videos or pictures.

I like to read as well and understand the struggle. There is a bunch of decent books available.

BTW, the story teller finally touched on fiction today. A heimishe meidel wouldn't know to write those things in her journal. What does lust mean?! What does feeling violated mean?! Isn't it the woman's job to make sure the husband doesn't sin?!

Just joking on the above. Great writing. Please keep it up.Thanks!!!

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Re: "Just regular movies "

Posted by Grant400 - 22 Dec 2020 03:01

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[lionking wrote on 22 Dec 2020 02:28:](#)

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I understand the sentiment about imagination, but pics are way, way worse for me.

Also, it was a book about indecent subjects. A guy writing about his not so nice exploits. (It was in the wrong section) I shouldn't have read it. Now I know that. But the desire for regular books that have literary pornography is also a problem. It's hard to skip those parts when I'm involved with the characters and their emotions.

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Re: "Just regular movies "

Posted by Lou - 31 Dec 2020 06:20

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R Grant,

We have communicated here and there in various forums,private messages etc. However,tonight I actually took the time to read through your whole thread(well,most of it anyway). I am blown away and awed at your journey. Your honesty and will to succeed is a breath of fresh air! Keep up the good work on your end,but also keep coming to inspire us as well. I have no idea of your age or much else about you. However, I wold like to accept you as my rebbe in these inyanim. Wow!

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Re: "Just regular movies "

Posted by Grant400 - 31 Dec 2020 14:38

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[Lou wrote on 31 Dec 2020 06:20:](#)

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Thank you for your kind words. Much appreciated. I'm happy to know my thread can lend inspiration.

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Re: "Just regular movies "

Posted by Ish MiGrodno - 31 Dec 2020 20:28

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Grant is certainly a Rebbi of sorts in this forum. And others as well. Each of the chevra teaches a unique limud - a perspective that no one else can possibly bring. Sorry if I sound so cliché - or as my kids say cringy - but this is how I see it. I feel as if I have known you all for so long (there I go on and on, awkward, mushy and buttery...).

While I can only wish that I had this support as a bochur so many years ago, I am far better off thanking Hashem that I have it now.

Grant, Lou and so many others; thank you!

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Re: "Just regular movies "

Posted by Lou - 31 Dec 2020 21:33

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Grant, Lou and so many others; thank you!

This is so true! I was very inspired reading Grant's thread, but in truth his Nisyonos were different than mine.

Just to keep the mushiness going, I truly appreciate your presence on here as well. You provide a different outlook than many others here and I like it!

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Re: "Just regular movies "

Posted by eyes - 01 Jan 2021 00:41

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[lionking wrote on 22 Dec 2020 02:28:](#)

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Just joking on the above. Great writing. Please keep it up. Thanks!!!

Hi Guys,

Yes for me everything is a trigger, pictures, books, even vidoes that may have something, triggers me.

Any advice ?

Thanks

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Re: "Just regular movies "

Posted by wilnevergiveup - 01 Jan 2021 05:16

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[eyes wrote on 01 Jan 2021 00:41:](#)

[lionking wrote on 22 Dec 2020 02:28:](#)

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Re: "Just regular movies "

Posted by Hashem Help Me - 01 Jan 2021 12:22

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[eyes wrote on 01 Jan 2021 00:41:](#)

Hi Guys,

Yes for me everything is a trigger, pictures, books, even vidoes that may have something,  
Move to a cave  
triggers me.

Any advice ?

For most of us. it is accept it and move on.

the trigger is only an issue if we act on it.

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