## **GYE - Guard Your Eyes**

Generated: 21 August, 2025, 02:54

A struggling bochur Posted by Shnitzel and kugel - 26 Jun 2018 19:00

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Hi, everyone I'm a 21 year old bochur, struggled with mastrubation since 14! Went to Yeshivah and bh had no access to technology so it wasn't really a issue then when I got a smartphone 2 years ago the issue started again. Bh I discovered this website 3 weeks ago, then I installed webchaver and imI very careful now with Shmiras ainayim whilst walking in the street, and I've also joined the 90 day challenge and I'm currently 16 days clean! Iyh many more day by day with the eibishter's help!

Any other bochurim out there in my boat?
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Re: A struggling bochur Posted by Hashem Help Me - 26 Jun 2018 21:37
Welcome. Great start BH. Hashem should help you continue and break free. Keep posting and stay connected. It helps a lot.
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Re: A struggling bochur Posted by mzl - 26 Jun 2018 22:31
Hi. Not a bachur myself but in the same boat nonetheless.
I was wondering who schnitzel and kugel was. Yum.
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Re: A struggling bochur Posted by Shnitzel and kugel - 27 Jun 2018 02:03

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So I've realized that unfortunately most bochurim with this issue don't seek help thinking after marriage it will be better.. if only they knew....

Also we know that when a person does teshuvah for mitzvos out of love to hashem, the averois become mitzvahs

How come? So its explained that since the averois made him far from hashem that caused him to want to be closer, in other words if nkt for doing averois, he wouldn't seek to be close to hashem,

?"? ????? ????? ????? ?????? ??? ??????

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By us having this problem and realizing it and really being honest about ourselves, it makes such a better person by fixing all our other issues too..

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Re: A struggling bochur

Posted by ChizukSC - 27 Jun 2018 02:11

I am a single Yid myself. Stay strong! We can do it!

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Re: A struggling bochur

Posted by Markz - 27 Jun 2018 02:15

Shnitzel and kugel wrote on 27 Jun 2018 02:03:

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The Vort is as delicious as...

Warning: Spoiler!

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Re: A struggling bochur Posted by i-man - 27 Jun 2018 03:36
Welcome !
stick around on the forum theres a ton of good material and discussions ,and some really grea people here .
Hatzlacha
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Re: A struggling bochur Posted by iampowerless - 27 Jun 2018 14:49
Any other bochurim out there in my boat?
Yup, there's a few of us on the forum, stick around keep posting.
Wishing you lot's of luck
Love Yankel!

Re: A struggling bochur Posted by poland - 27 Jun 2018 17:31
same here on the same page keep it up i am also 16 days
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Re: A struggling bochur Posted by danann@ - 28 Jun 2018 06:04
SoHi, everyone I'm a 21 year old bochur, struggled with mastrubation since 14! Went to Yeshivah and bh had no access to technology so it wasn't really a issue then when I got a smartphone 2 years ago the issue started again. Bh I discovered this website 3 weeks ago, then I installed webchaver and imI very careful now with Shmiras ainayim whilst walking in the street, and I've also joined the 90 day challenge and I'm currently 16 days clean! Iyh many more day by day!
Any other bochurim out there in my boat? I've realized that unfortunately most bochurim with this issue don't seek help thinking after marriage it will be better if only they knew
i'm on the same boat, i'm also 21 boucher and there's plenty that are also in the same boat, and yes that was and still is my #1worry but with hashems help they will, i pray for that all the time,
hashem should give you hazlacha! try to keep contact with pro/experienced members on GYE it will help you a lot!
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Re: A struggling bochur Posted by Shnitzel and kugel - 28 Jun 2018 06:10

My email address is <a href="mailto:shnitzelandkugel@gmail.com">shnitzelandkugel@gmail.com</a> and bochur and only bochurim reach out to me. Married guys have a different type of struggle.

Looking forward in hearing from you soon.
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Re: A struggling bochur Posted by Markz - 28 Jun 2018 13:15
SAG, On this first page, Post #332732 and #332768 don't correspond to each other
Care to explain?
====
Re: A struggling bochur Posted by mzl - 28 Jun 2018 14:15
Markz wrote on 28 Jun 2018 13:15:
SAG, On this first page, Post #332732 and #332768 don't correspond to each other
Care to explain?
Are you saying that one message was written by someone who us married and the other by someone who is not?
Re: A struggling bochur Posted by Markz - 28 Jun 2018 16:40
Shnitzel and kugel wrote on 28 Jun 2018 06:10: