

Wake Sleepy up!

Posted by sleepy - 12 Aug 2019 16:24

Hi everyone! I've been a fan of gye for a long time ,I've decided to join the crew and **wake up from my slumber** which has been induced on me and us by the decadent society around us. I'm here to give and get chizuk in a Torah sourced way. A Talmid Chacham advised me personally not to do the 12 steps(thats his personal advice to ME,whoever was advised to use it by Daas Torah ,KOL HAKAVOD!) B"H I've had a streak of clean days, and I feel joining such a chashuva chabura will help out. Hatzlacha to all!

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Re: Wake Sleepy up!

Posted by Dave M - 04 Oct 2019 16:07

[sleepy wrote on 04 Oct 2019 15:58:](#)

just one more thing till next time (oy vey!)
Sleepy

gye is such a great thing and there are so many tactics to fight the battle, that a person , me specifically,can feel , thats all i need ,and forget this that the Mesilas Yesharim writes concerning the yetzer hara ,**that without Learning Torah**, (according to everyones ability, and circumstance) its not possible to be truly victorious, im not saying that people have to fall, im just pointing out that Hashem says , "I created the yetzer hara , and I created its antidote) and as the Mesilas Yesharim writes, if anyone feels he could get out of Learning Torah, according to everyones level (im talking to myself) is mistaken. and the end wont be good, he may even have a 20 year clean streak it seems to be saying

(and of course he will get tremendous reward for it!), but in the end it wont be good , therefore everyone should make a strong kabala bli neder, that everyday one should take a dose of this Holy Antidote.

i hope this doesnt discourage anyone, G-D forbid that was my intention, but i just wanted to point something out that needs strengthening, at least for me.

Great to hear from you Sleepy. Thanks for re-emphasising the need to maintain a solid

foundation in torah learning.

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Re: Wake Sleepy up!

Posted by sleepy - 06 Oct 2019 06:18

Oy !!'m so nervous once the yomim noraim are over!wouldnt it be nice if the whole year was Elul?

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Re: Wake Sleepy up!

Posted by sleepy - 07 Oct 2019 05:30

[stillgoing wrote on 25 Sep 2019 02:53:](#)

Sleepy wrote :so I threw a label of reshanta at her, big deal). sg wrote:(funny, how I don't hear Rav Chaim Kanievsky throwing the label rishanta as no big deal.)

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Re: Wake Sleepy up!

Posted by sleepy - 07 Oct 2019 05:34

[cordnoy wrote on 26 Sep 2019 12:17:](#)

Dov told me in a voice note that he has found (from his thousands of conversations with guys

over the years) that those who scream "prutzos" & "zonos" from the rooftops or Times square or Kikkar Shabbos are actually people who "get off" on sex and fantasy **with the lowest of the filth.**

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Re: Wake Sleepy up!
Posted by sleepy - 07 Oct 2019 05:44

Sleepys bedtime short rhyme:

"be like Reb Chaim! from me sg expects ,

" sleezys from the lowest!" Cordnoy suspects.

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Re: Wake Sleepy up!
Posted by lionking - 07 Oct 2019 12:49

We might be all confused. Two points to consider.

1: I don't think Cord suspected anything of you. It sounded like a very broad statement.

2: Even the lowest of the lowest, has the potential to be Greater than R Chaim.

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Re: Wake Sleepy up!
~~I'm so confused~~
Posted by 12V8 - 07 Oct 2019 12:59

Perhaps you can look at addiction as continuing to "drink" as he's not yet ready to exert himself. In other words even if for many times he continued, that's still no proof he can't stop the drinking. (No proof what aa. Defines as addict exists)

My point is that while one is "drinking" he could abruptly stop. and if he didn't until now, that's not proof he can't.

The reason I'm saying this is: that a person shouldn't give up hope on himself. (Ie: he can change on his own)

(He need not admit powerlessness nor submit to a higher power)

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Re: Wake Sleepy up!

Posted by cordnoy - 07 Oct 2019 16:48

[Tzvi5 wrote on 07 Oct 2019 12:59:](#)

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And many people with this mindset (me bein' one of them for a while), remain permanently drunk.

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Re: Wake Sleepy up!

Posted by higher - 07 Oct 2019 19:05

[Hashem Help Me wrote on 27 Sep 2019 11:31:](#)

[cordnoy wrote on 26 Sep 2019 12:17:](#)

Dov told me in a voice note that he has found (from his thousands of conversations with guys over the years) that those who scream "prutzos" & "zonos" from the rooftops or Times square or Kikkar Shabbos are actually people who "get off" on sex and fantasy with the lowest of the filth. Those who dehumanize the scantily dressed passerby or the porn actress have been found to be those who crave engagin' in sex with silicon dolls. They need this justification, for otherwise, there is nobody around for them to share a bed with.

Of course, there are other explanations, but this is a plausible one.

There is tremendous truth in what you quote. Of course there may be exceptions but many times the guys who are so busy noticing pritzus and being busy with it are those who are unfortunately struggling deeply with these issues. They don't realize what they are doing. They are actually fanning the flames of taivah/addiction and constantly exposing themselves to triggering scenes. Their subconscious is playing an evil trick on them. There is a second group of people who are wallowing in terrible feelings of yi'ush and guilt and are not yet ready to reach out for help. Usually these are perfectionists who have to appear to their families and friends as tzaddikim in all areas. To help assuage their tormenting emotions, they are "lochem milchemes Hashem" against the ruach ha'tumah etc. (And then they go home and with a total loss of control act out big time...) **As stated in the beginning, there are of course truly ehrliche yidden who are well adjusted, healthy and clean who want to help protect our communities, but it appears this group is the smallest of the three mentioned.**

with all due respect in regards to the bold words...um...how do you assume that? in what way does it "appear"?? do you have statistics? does dov even KNOW that? unless thousands is literal and it really matches up in terms of the numbers....sorry this just smacks of generalization and requires a thorough knowledge of many factors wherever these demonstrations take place (one of them being a real survey which i doubt there is).

way too late to comment on this one, excuse me...

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Re: Wake Sleepy up!

Posted by Tzvi5 - 07 Oct 2019 19:18

[cordnoy wrote on 07 Oct 2019 16:48:](#)

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And many people with this mindset (me bein' one of them for a while), remain permanently drunk.

Sad, but doesnt prove you cant change by yourself.

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Re: Wake Sleepy up!

Posted by Hashem Help Me - 08 Oct 2019 00:01

[higher wrote on 07 Oct 2019 19:05:](#)

[Hashem Help Me wrote on 27 Sep 2019 11:31:](#)

[cordnoy wrote on 26 Sep 2019 12:17:](#)

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My statistics are based on interactions I have had with those who have "led the fight". Being an involved community person, that means a nice amount of people. I also have heard this comment from others who I respect. However your point is well taken. I should not generalize and apply a statistic based on a cross section of my community to the greater population.

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Re: Wake Sleepy up!

Posted by sleepy - 08 Oct 2019 00:04

[lionking wrote on 07 Oct 2019 12:49:](#)

We might be all confused. Two points to consider.

1: I don't think Cord suspected anything of you. It sounded like a very broad statement.

2: Even the lowest of the lowest, has the potential to be Greater than R Chaim.

wow! thanks for the bomb chizuk lion king! a gemar chasima tova!

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Re: Wake Sleepy up!

Posted by sleepy - 08 Oct 2019 00:08

[Tzvi5 wrote on 07 Oct 2019 12:59:](#)

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Re: Wake Sleepy up!

Posted by sleepy - 08 Oct 2019 00:37

[cordnoy wrote on 24 Sep 2019 18:08:](#)

[sleepy wrote on 24 Sep 2019 06:51:](#)

im sorry but i dont get what it has to do with my rhyme(im so confused

thank you R 'Hhm ,from reading your enlightening posts i see how opened minded you are, and therefore do not hesitate to reply and say as nice as it sounds,by me it doesnt /wont work,one of the things that cause me a tzar when i see a truly pritzadiga woman is she is flaunting in my eyes something that i desire and due to my values-religious/moral, cant have,and therefore i **MENTALLY** despise her for the pain that she is giving me(those who dont have these values gawk at her without restraint and enjoy the show,maybe they even whistle)and for someone who can bless is great in MY eyes,but to expect a blessing from me with the attitude,bless her because this that your lusting her and experiencing a discomfort is not HER fault , but YOUR fault for for having bad attitudes,and youre such a low person for not seeing the "person"etc,i think is not realistic, for me at least,i dont know who made up this tactic is (and if it works for some people ,hey,go for it!)but could be blessing and prayer are cheap things anyway which dont mean anything(i dont mean you at all c"v,)so bless them and as your blessing them imagine them in your mind so you should know who your blessing and enjoy that quick fanatsizing of a second, and could be thats why the lust goes away because as one is blessing and picturing them at least they got a mental peek.while if someone who who thinks the way i explained doesnt allow one second of the picture to enter , not one peek,and if a thought creeps in, well thats like the purple elephant that one should not think of,which is not his fault.

in a nut shell , if what i wrote makes sense, i dont think anyone will expect anyone to pray for a molester who ruined someones life even though it may remove resentment from his heart, and the same thing would be in the case of the women mentioned above,and again, anyone who defends them and says ,think to yourselves they dont mean anything, they just want fresh cool air,you are the one who is making such an issue with your lusting mindset ,i dont think is a realistic approach.

wouldnt it be a wonderful thing to look at inappropriate women in the streets or the screen and pray for them? i think that person would be fooling himself (again R' Hhm, i dont mean you in any of the ab)

Mr. Sleepy, Dov wants to know if the mechaber of this post masturbates. What should I tell him?

may i ask you why he wanted to know that?

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