

Wake Sleepy up!

Posted by sleepy - 12 Aug 2019 16:24

Hi everyone! I've been a fan of gye for a long time ,I've decided to join the crew and **wake up from my slumber** which has been induced on me and us by the decadent society around us. I'm here to give and get chizuk in a Torah sourced way. A Talmid Chacham advised me personally not to do the 12 steps(thats his personal advice to ME,whoever was advised to use it by Daas Torah ,KOL HAKAVOD!) B"H I've had a streak of clean days, and I feel joining such a chashuva chabura will help out. Hatzlacha to all!

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Re: Wake Sleepy up!

Posted by cordnoy - 25 Sep 2019 01:28

[sleepy wrote on 25 Sep 2019 00:56:](#)

excerpts from stillgoings post:

Is this for real? You want to "protect your values"? You need to call her a "disgusting Sleepy "or" rashanta " or "prutza"

Not necessarily all three at once

because otherwise it will "dent my feelings of tzniyos"?

We are very impressionable, and yes I may have looked at worse things , but just because I ate garlic should i eat some more? When I was under an attack by lust, my mind wasnt working to shoot at what I was seeing, oh disgusting,prutza, rashanta, but when im in the street and NOT in a lust mode and I see someone waking up my lust which I dont want, by her I(I dont want to trigger anyone with details)triggering mode of wear ,ill shoot her mentally and instead of ogling over her ill mentally put her in her place ,"nothing to admire over there, just a person acting like an animal/beheima dont demean yourself and look or even think about her shes just a low

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Rashanta. (Too sharp? Well tzadeikis shes not , a beinenei perhaps? Perhaps but lets not forget im not recquired to dan her likaf zechus, so dont be angry at me if i dont give the benefit of the when al pi Torah im not michuyav, lets not make a new Torah here, so I threw a label of reshanta at her, big deal)

Disgusting? Yes, someone who dresses that way is disgusting and to show that im not a hypocrite ill admit that if I walk around in my underwear I am disgusting, ok?

Does she masterbate?Maybe

What about fantasize about you?No , im not anything to write home about, but im sure she has her not appropriate thoughts, excuse me for saying this but her way of living without a Torah and upbringing in coed situations I doubt she has her "innocence ""ich red nisht vegem a yid""ein ani midaber al isha yisra'elis"

Maybe a little pornography?Maybe.

Who are we fooling? Let's get real about who we are and stop pointing fingers at others! That lady probably has serious modesty issues, but how can we be "holier than thou'.No one is holier than thou, shes a rashanta, prutza , disgusting and im a blankety blank blank, will I gain anything by calling myself that no, will I gain anything by calling her that ? Yes, I will lose my desire to look at her Why should i look at such a person?

Let's look in the mirror for once and call a spade a spade by recognizing that we have work to do in cleaning up ourselves without shifting the blame to others.For those that it works for, kol hakavod, but for those who cleaning ourselves up WITH shifting the blame go for it also.(wow how did this end up like this)

If this won't wake up the sleepin' bear, there ain't nothin' that will!

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Re: Wake Sleepy up!

Posted by stillgoing - 25 Sep 2019 01:31

At the risk of pushing to long (I probably past that already) I still maintain that if we're busy pointing at others, we avoid having to point at ourselves. It's painful to really admit what we do. I never thought that I avoided my problems - I spent years on gye- but when I told my wife the whole megillah, the painful truth started to sink in.

For me, real recovery began when I admitted and focused fully on my own shortcomings...

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Re: Wake Sleepy up!

Posted by Markz - 25 Sep 2019 02:01

"If this won't wake up the sleepin' bear, there ain't nothin' that will!"

Unfortunately many of us bear sleepin' pills. Each to his own - Me too :-(

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Re: Wake Sleepy up!

Posted by stillgoing - 25 Sep 2019 02:53

[sleepy wrote on 25 Sep 2019 00:56:](#)

"sleepy" post=343790 date=1569372961 catid=19

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Let's look in the mirror for once and call a spade a spade by recognizing that we have work to do in cleaning up ourselves without shifting the blame to others.For those that it works for, kol hakavod, but for those who cleaning ourselves up WITH shifting the blame go for it also. (I do hear that point. So, is it working with Long term sobriety?) (wow how did this end up like this) (same way any two chavrusas fight over the sugya. Wanna go for pritzas, I mean pizza?)

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Re: Wake Sleepy up!

Posted by qwerty123456 - 25 Sep 2019 03:43

loving the back and forth here guys!! makes one (who hasnt thought yet,) think.

thanks!

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Re: Wake Sleepy up!

Posted by i-man - 25 Sep 2019 03:56

Why the comparison of lusting to garlic ?

Garlic has many wonderful positive uses , and could be an additional shmira of getting to close to strange women.

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Re: Wake Sleepy up!

Posted by stillgoing - 25 Sep 2019 04:09

[i-man wrote on 25 Sep 2019 03:56:](#)

Why the comparison of lusting to garlic ?

Garlic has many wonderful positive uses , and could be an additional shmira of getting to close to strange women.

Garlic

Avoids

Real

Lustful

Interesting

Conditions

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Re: Wake Sleepy up!

Posted by Hashem Help Me - 25 Sep 2019 04:15

It's been a while since a thread has generated such activity. Wow!

To clarify what I wrote previously: Obviously the best thing is to avoid seeing things in the first place. Some may disagree with what I suggest, but for me what has worked best is avoidance. I stay away from certain stores, and if I must go to one of them it will be at the least populated hours. In the street I slip my glasses down on my nose a bit, so I am simply not seeing all that the street has to offer. Obviously when driving this is not available. At a chasuna I stay away from the women's shmorg. I enter the chupa room when everyone is seated and exit after the crowds have basically left. Likewise, a little planning in advance of a trip to the airport, hotel, etc. can spare one loads of agmas nefesh.

If I do notice someone dressed immodestly, I bh have trained myself to look away immediately. Personally I do not get triggered by what you refer to as "prutzos". I actually usually find them nauseatingly disgusting (excuse my language - but many times they are simply a shame to the human race!). However I look away because that is what Hashem wants us to do - not look at ervah, and scantily clad people are revealing areas of the body that Chazal classify as ervah.

On the occasion that I saw something triggering - whether "prutza" or more often, a frum tzniusdik beautiful woman - and I looked away, but for some reason I cant shake the thought, that is where the "prayer" comes in. I need at that point to separate myself from her completely. For me (and many others) saying a tfilah for her at that point jarringly reminds me she is a person, not my toy/object and she is off limits. For me it works and kills the image/thought.

I hope this clarifies my previous post. But I learned long ago, that we all think differently, so if anyone disagrees, let the fun continue. Hatzlocha to all!

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Re: Wake Sleepy up!

Posted by sleepy - 25 Sep 2019 14:24

[stillgoing wrote on 25 Sep 2019 02:53:](#)

[sleepy wrote on 25 Sep 2019 00:56:](#)

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yes,but no garlic knots please.

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Re: Wake Sleepy up!

Posted by i-man - 25 Sep 2019 15:04

on the other hand -??? ??? ????? ????? ???

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Re: Wake Sleepy up!

Posted by sleepy - 25 Sep 2019 16:24

i have to admit that i had to read the post a second time ,but not bad

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Re: Wake Sleepy up!

Posted by i-man - 25 Sep 2019 17:25
not bad iman,not bad,

I cant make words bold on the app , if I press down it closes the screen..

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Re: Wake Sleepy up!

Posted by GrowStrong - 25 Sep 2019 18:13

i dont have a big prayer program,

I too focus on not looking - not because of chazal but because its poison for me.

Im no better than them... nor worse.... we're all created in the image of God.

You (and they) should all be blessed!

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Re: Wake Sleepy up!

Posted by SpellBreaker42 - 25 Sep 2019 19:43

Hey everyone, this is so amazing. I'm so happy to see so many people waking up.

Here's how I was able to stop watching the poronos.

I did some research and it turns out that alot of the woman who do this for a living are rape and molestation victims, so essentially every time you jeerk off to them you are feeding this rape cycle. These are runway models addicted to drugs and addicted to the trauma addicted to this lifestyle. How can you knowingly participate in rape?? Sorry for the grammar and all that. Just wanted to get that out there. It was easy for me to stop once my perspective on the people

involved changed.

Bless up and be strong, if I can stop so can u.

Ps, the movies and TV shows you watch, are written and cast by literal Wizards and witches who cast spells to keep us all in a trance. So break the spell and stop the cycle and live a life free of the news and the media and the pornos. Because that will break the fear spell and the dispare spell.

HT

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Re: Wake Sleepy up!

Posted by Trouble - 25 Sep 2019 20:19

[SpellBreaker42 wrote on 25 Sep 2019 19:43:](#)

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HT

Deleted by moderator!

Deleted by moderator!

[Mod note: Trouble, please refrain from four-letter words and from defaming remarks and for

inflammatory arguments laced with sultry innuendo; thank you.]

This logic never sits well with me, and it's probably false.

But if it works by you, go for it!

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