

Wake Sleepy up!

Posted by sleepy - 12 Aug 2019 16:24

Hi everyone! I've been a fan of gye for a long time ,I've decided to join the crew and **wake up from my slumber** which has been induced on me and us by the decadent society around us. I'm here to give and get chizuk in a Torah sourced way. A Talmid Chacham advised me personally not to do the 12 steps(thats his personal advice to ME,whoever was advised to use it by Daas Torah ,KOL HAKAVOD!) B"H I've had a streak of clean days, and I feel joining such a chashuva chabura will help out. Hatzlacha to all!

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Re: Wake Sleepy up!

Posted by sleepy - 24 Sep 2019 01:25

[Markz wrote on 24 Sep 2019 01:20:](#)

300 million US citizens (95% of the population) have a WhatsApp Chizuk Broadcast discussing how best to torment sleepy...

Sleepy

You really believe that?

elaborate please,dont get it

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Re: Wake Sleepy up!

Posted by Hashem Help Me - 24 Sep 2019 01:37

Sleepy, they are both true. Yes, a woman who purposely dresses provocatively may truly be in the geder of a prutza. However what we advise here is how **we** deal with it. Some of us had created a default setting of immediately starting to lust upon seeing such a person. We objectified her and in our imagination "used" her as our toy of pleasure. By praying that she have a nice day, feel well, be able to pay her bills, enjoy her family, we are reminding ourselves that she is a person, not an object. It kills the lusting immediately. What Hashem's cheshbon

with her is or is not, is not the discussion. The only thing that counts is how we deal with this trigger/nisayon.

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Re: Wake Sleepy up!

Posted by sleepy - 24 Sep 2019 06:51

thank you R 'Hhm ,from reading your enlightening posts i see how opened minded you are, and therefore do not hesitate to reply and say as nice as it sounds,by me it doesnt /wont work,one of the things that cause me a tzar when i see a truly pritzadiga woman is she is flaunting in my eyes something that i desire and due to my values-religious/moral, cant have,and therefore i **MENTALLY** despise her for the pain that she is giving me(those who dont have these values gawk at her without restraint and enjoy the show,maybe they even whistle)and for someone who can bless is great in MY eyes,but to expect a blessing from me with the attitude,bless her because this that your lusting her and experiencing a discomfort is not HER fault , but YOUR fault for for having bad attitudes,and youre such a low person for not seeing the "person"etc,i think is not realistic, for me at least,i dont know who made up this tactic is (and if it works for some people ,hey,go for it!)but could be blessing and prayer are cheap things anyway which dont mean anything(i dont mean you at all c"v,)so bless them and as your blessing them imagine them in your mind so you should know who your blessing and enjoy that quick fanatsizing of a second, and could be thats why the lust goes away because as one is blessing and picturing them at least they got a mental peek.while if someone who who thinks the way i explained doesnt allow one second of the picture to enter , not one peek,and if a thought creeps in, well thats like the purple elephant that one should not think of,which is not his fault.

in a nut shell , if what i wrote makes sense, i dont think anyone will expect anyone to pray for a molester who ruined someones life even though it may remove resentment from his heart, and the same thing would be in the case of the women mentioned above,and again, anyone who defends them and says ,think to yourselves they dont mean anything, they just want fresh cool air,you are the one who is making such an issue with your lusting mindset ,i dont think is a realistic approach.

wouldnt it be a wonderful thing to look at inappropriate women in the streets or the screen and pray for them? i think that person would be fooling himself (again R' Hhm, i dont mean you in any of the above.)

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Re: Wake Sleepy up!

Posted by sleepy - 24 Sep 2019 07:15

[Hashem Help Me wrote on 24 Sep 2019 01:37:](#)

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"Some of us had created a default setting of immediately starting to lust upon seeing such a person. "

true, we may have put fuel on the fire, but i think even without the fuel the natural reaction of a person is natural lust, true i may be seeing it this way due to my yetzer hara, but thats how i do see it ,therefore if i will battle it ,the battle will be with other ways but not with blessing, they dont deserve it and they are not getting it .what they really deserve is a "shelt" but ill be kind enough to hold my tounge.

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Re: Wake Sleepy up!

Posted by cordnoy - 24 Sep 2019 12:53

Like usual, just writin' for myself, and somethin' I have written many times here:

Impo, one shouldn't hate 'em, bless 'em, blame 'em, fault 'em, pray for them, despise them, etc.

The moment the issue becomes about them (or 'em), you have lost.

It is about you/me. (And it might not be your fault either, but one that, dependin' on the situation, you might wanna remedy in some way, or not.)

Godspeed

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Re: Wake Sleepy up!

Posted by sleepy - 24 Sep 2019 13:54

[cordnoy wrote on 24 Sep 2019 12:53:](#)

Like usual, just writin' for myself, and somethin' I have written many times here:

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Godspeed

if what you are saying is a DIFFERENT tactic ,i could try to understand(to be honest im not clear on what you want to say ,maybe you can send me a link to where you discussed this),but if your explaining the bless THEM tactic ,then i dont understand , it sounds like bless them but not them, sorry my denseness, i think im trying to be opened minded.

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Re: Wake Sleepy up!

Posted by sleepy - 24 Sep 2019 14:18

once i see a prutza , i dont want to do a kum v'aseh to continue thinking about them and blessing them or blessing,i just want to distract and sometimes the simmering of resentment

which i feel i am entitled to, distracts, and takes away my guilt for experiencing that forbidden pleasure which that guilt will shlep me to other peeks, for example "sleepy", admit it, you enjoyed it, if you were the way you should be you would feel a feeling of disgust of how someone dresses that way, hmm, maybe there is another show around the corner...

but if i go with the above mentioned attitude and live with the reality in what i live in ill be more on guard, because to bless someone sends ME a message of relax your guard.

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Re: Wake Sleepy up!

Posted by sleepy - 24 Sep 2019 14:33

i hope my posts are clear, im not great in articulating my feelings, one more thing is i was taught if someone tries to shoot you in this case your Neshama, the way to be protected from their influence is to shoot first and be mevatel them, because every pritzus we see, IS influencing us to be accepting their way of life because like the Rambam says, a man is influenced by his surroundings, if you witness chilul Shabbos, you HAVE been influenced, if you see a shooting, murder, even on the screen, you HAVE been influenced, if you see pritzus you ARE being influenced, the ideal of tznius and proper living have been under attack, maybe only small chips have fallen, but pruta lpruta mitztarefes (or prutza lprutza) and to guard your heart you need to shoot and blessing will not do the job, at least for me, and for me to bless is in a way accepting an unacceptable thing, unless its a blessing that they should repent, but blessing them with a good day doesnt seem helpful to me, if they c"v spit at a shul, would anyone recommend blessing them?

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Re: Wake Sleepy up!

Posted by cordnoy - 24 Sep 2019 15:01

[cordnoy wrote on 24 Sep 2019 12:53:](#)

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The moment the issue becomes about them (or 'em), you have lost.

It is about you/me. (And it might not be your fault either, but one that, dependin' on the situation, you might wanna remedy in some way, or not.)

Godspeed

I don't think I could've been clearer, but I'll try again.

If you focus on her, you lost.

If you focus on you, you have a chance.

Godspeed!

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Re: Wake Sleepy up!

Posted by sleepy - 24 Sep 2019 15:13

[cordnoy wrote on 24 Sep 2019 15:01:](#)

[cordnoy wrote on 24 Sep 2019 12:53:](#)

Like usual, just writin' for myself, and somethin' I have written many times here:

Impo, one shouldn't hate 'em, bless 'em, blame 'em, fault 'em, pray for them, despise them, etc.

The moment the issue becomes about them (or 'em), you have lost.

It is about you/me. (And it might not be your fault either, but one that, dependin' on the situation, you might wanna remedy in some way, or not.)

Godspeed

I don't think I could've been clearer, but I'll try again.

If you focus on her, you lost.

If you focus on you, you have a chance.

Godspeed!

pirush lipirusho anyone(if cordnoy is busy)? what does focus on her

, focus on yourself mean?

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Re: Wake Sleepy up!

Posted by stillgoing - 24 Sep 2019 15:46

Sleepy my friend..... There is so much to respond to that I'm overwhelmed. First of all, I think that HHM wrote it beautifully. They may well be p'ritzas, and they may well have to answer to Hashem, but they don't have to answer to sg. For years I've judged people in my mind (I still do) and I've come out with a verdict and signed and sealed their fate, but in order for me to do that, I need to have a mindset that I am a power greater then them. Really I'm not. The Torah is a power greater then them, and that's why I wrote that they may have to answer to Hashem, but when I judge I'm assuming the Role of Hashem. Now certainly the Torah has informed me that

pritzus behavior is despicable and I should avoid it at all costs, but the Torah did Not tell me to be in charge of that other person who's not dressing fully. By resenting Them, I'm saying that they should cater to me, they're not and that hurts me - result, I get hurt. By judgeing their behavior I'm not thinking about them, I'm rather think about myself and how I can be better - result, I get better.

One other point, you wrote a lot about guilt. I don't think that that guilt has any part in "that mindset" of which you spoke. When I say that the problem is me, I'm not saying that I'm a bad person, what I am saying is that the solution is found in me as well.

If the problem is that other guy/girl, I'll never get better until they correct their problems, but if the problem is in me, I can work on myself and forget the shoushan about them.

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Re: Wake Sleepy up!
Posted by sleepy - 24 Sep 2019 15:58

i think im saying that anyone who dresses in the emperors clothing is not getting a compliment from me,or a blessing(tischadesh)

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Re: Wake Sleepy up!
Posted by sleepy - 24 Sep 2019 16:07

to give an extreme example, does anyone suggest not to be judgemental on hitler ym"s(now please water it down to the severity of a woman dressing digusting)i dont think my problem is because of focusing on her or judgeing her,and my problem ,i dont feel , will be solved by seeing no evil

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Re: Wake Sleepy up!

Posted by sleepy - 24 Sep 2019 16:15

and if seeing no evil works for some, i dont think blessing her will add to the cause for me at least,as we saw a recent quote from Rabbi miller ztl regarding such people they are acting like animals,beheimos,and thinking it over i think that is a mindset that works for me ,not the "focus that shes (acting like)a person and gets a blessing," that is like saying the emperors clothing is nice

the sotahs korban cosists of animal food since she did a maaseh animal, im not advocating throwing biscuits at anyone but lets call a spade a spade

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Re: Wake Sleepy up!

Posted by stillgoing - 24 Sep 2019 16:16

[sleepy wrote on 24 Sep 2019 15:58:](#)

i think im saying that anyone who dresses in the emperors clothing is not getting a complimentfrom u me,or a blessing(tischadesh)

You may do as you wish. I would not compliment their clothes (or lack thereof) either. I don't see the harm in blessing a tzelem Elokim who had meant me no harm though. I Davin that they find the sensitivity to live their life in a clean productive way.

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