

Lusts impact on marriage/shalom bayis

Posted by Newbie - 11 Apr 2019 22:52

Hi Everyone,

first time joining this website. I'm married for quite a few years and been struggling on and off with lust, inappropriate reading/images and on and off porn.

I feel that it would be a tremendous chizuk for me to hear how improving in this area can help improve my relationship with my wife as currently we aren't that close and we are really lacking emotional closeness to each other.

So so if someone can share an article on this topic that would be awesome!

Also I'd love to hear personal examples on how ppl saw improvements in their own marriages.

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