

getting started

Posted by battle-of-the-gen - 25 Mar 2019 06:50

20 yr old bachur in yeshiva

been battling on my own for 4-5 yrs with short stints of success. Just found this website and hopefully will win the battle for once and for all. all the chizuk and tips would greatly help!

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Re: getting started

Posted by battle-of-the-gen - 24 Dec 2019 08:31

Hey so I've been off the site for a while, but I'm back and ready for another battle.... would accept chizuk and tips

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Re: getting started

Posted by Dave M - 24 Dec 2019 14:49

[battle-of-the-gen wrote on 24 Dec 2019 08:31:](#)

Hey so I've been off the site for a while, but I'm back and ready for another battle.... would accept chizuk and tips

Glad to have you back. It might be helpful to post more often in the beginning to help get the momentum going.

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Re: getting started

Posted by DavidT - 24 Dec 2019 15:02

[battle-of-the-gen wrote on 24 Dec 2019 08:31:](#)

Hey so I've been off the site for a while, but I'm back and ready for another battle.... would accept chizuk and tips

If I may suggest, please find a good stable accountability partner. These battles are almost impossible to fight by yourself especially when you've tried in the past and failed.

Please let me know if you need help finding a suitable partner and we will gladly help you and with Hashems help you'll grow to be healthy clean and stronger than ever.

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Re: getting started
Posted by battle-of-the-gen - 24 Dec 2019 19:05

thanks for the advice, I sent in a few requests for some mentors/partners so hopefully one of those well pan out

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Re: getting started
Posted by battle-of-the-gen - 24 Dec 2019 19:06

ill definitely try to, does get me more pumped

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Re: getting started
Posted by Mark18 - 25 Dec 2019 20:57

[DavidT wrote on 24 Dec 2019 15:02:](#)

[battle-of-the-gen wrote on 24 Dec 2019 08:31:](#)

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If I may suggest, please find a good stable accountability partner. These battles are almost impossible to fight by yourself especially when you've tried in the past and failed.

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As usual thank you for your insightfull post. This is very true the only way i have been able to stay clean for almost 60 days is because if the postings here but even more so due to the close relationship i have with my mentors/partners in california and england who have really become my brothers. The fact you have someone to talk to who really understands your struggles because of their struggles gives you tremendous chizuk. I dont know where i would be if it wasnt for them. Actually i know exactly where i would be in a downward spiral.

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Re: getting started

Posted by battle-of-the-gen - 26 Dec 2019 00:14

yup so i started the mentor program and lets see how it goes

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Re: getting started

Posted by Hashem Help Me - 01 Jan 2020 04:36

Welcome back. It should be with hatzlocha!

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Re: getting started

Posted by battle-of-the-gen - 02 Jun 2020 16:59

Wow, looking back at this thread... Some really good tips from everyone(thank you) and its interesting how time progresses

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