

Trying Hard...

Posted by Jersey - 21 Aug 2018 21:33

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Hi

I am an 18 year old bachur.

Been struggling with this for a long time, and have tried many times to stop

I have now joined the 90 day chart (am on day 3) and i made a tafsik Shvua

Any words of advise?

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Re: Trying Hard...

Posted by mzl - 21 Aug 2018 21:49

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[Jersey wrote on 21 Aug 2018 21:33:](#)

Hi

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Been struggling with this for a long time, and have tried many times to stop

I have now joined the 90 day chart (am on day 3) and i made a tafsik Shvua

Any words of advise?

Persistence hurts but it pays off.

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Re: Trying Hard...

Posted by Shnitzel and kugel - 22 Aug 2018 01:28

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Hi, i'm also a bochur 21 though, wish I was 18 when I started taking care of this issue...

you found the right place! Keep us posted with your daily fights and succes against the ????"?

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Re: Trying Hard...

Posted by Hashem Help Me - 22 Aug 2018 02:00

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Keep posting. Connection with successful guys in recovery is very helpful. Have hatzlocha!

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