

A struggling bochur

Posted by Shnitzel and kugel - 26 Jun 2018 19:00

Hi, everyone I'm a 21 year old bochur, struggled with masturbation since 14! Went to Yeshivah and bh had no access to technology so it wasn't really a issue then when I got a smartphone 2 years ago the issue started again. Bh I discovered this website 3 weeks ago, then I installed webchaver and iml very careful now with Shmiras ainayim whilst walking in the street, and I've also joined the 90 day challenge and I'm currently 16 days clean! lyh many more day by day with the eibishter's help!

Any other bochurim out there in my boat?

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Re: A struggling bochur

Posted by sleepy - 28 Oct 2019 16:49

[sleepy wrote on 28 Oct 2019 16:34:](#)

[Markz wrote on 28 Oct 2019 16:27:](#)

Shteigen some points may be valid, maybe not, but this one threw me for a loop

“INNER fear or INNER discomfort with men, which they gleaned from either implicit direction (the hanhaga of separate seating. No mixed events for teens etc.) Or explicit direction (shmoozes from rabbanim about the dangers of mixing of the genders or "sitting by the same table or near tables at the pizza store.").

Separate seating and shmoozes from rabbanim create fear or discomfort?

btw have you read any Dov posts on the subject? Or asked a professional as to why Kalla's have fears?

And does anyone know if we are in the BB section currently

i totally agree with shteigen ,a healthy fear is created ,makes sense.

can you send a link where dov posts on the subject, please enlighten us.

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Re: A struggling bochur

Posted by Markz - 28 Oct 2019 18:05

[sleepy wrote on 28 Oct 2019 16:49:](#)

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It may create a healthy fear amongst the boys too, and we have enough trouble on our hands.

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Re: A struggling bochur

Posted by Hakolhevel - 28 Oct 2019 21:50

I will go with I-man. There are lots of problems it there, and it's good to be educated about them, bit unless you will do something about it, focus on the one thing you can change, yourself.

You can somewhat help your wife, but for the most part, your mission in life is to accept what has come to you , and deal with yourself.

Since people grow up in broken homes with bad parents, don't try to fix your parents, work on yourself. Obviously in a marriage it's a little different because there has to be a relationship, but I think sometimes there has to be a acceptance of your lot, your wife is never going to be there woman your want her to be in this area.

That's how I see it at least.

As markz mentioned though I think this whole discussion would do better in the BB section.

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Re: A struggling bochur

Posted by Shteigen613 - 28 Oct 2019 22:19

Thanks.

Excellent insight.

where is bb?

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Re: A struggling bochur

Posted by sleepy - 29 Oct 2019 00:02

in israel i think

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Re: A struggling bochur

Posted by i-man - 29 Oct 2019 04:20

[i-man wrote on 28 Oct 2019 16:23:](#)

Some good points - But lest we forget when we come into a marriage with years of building expectations from watching porn and fantasizing no one could really compete

(Im not taking away from people who have wives who have a real problem in this area)

I'm trying to remember where to find the Fabulous post from skeptical on this idea I think it was the most thanked post ever...

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Re: A struggling bochur

Posted by mikestrucking - 17 Nov 2019 11:08

[Shteigen613 wrote on 28 Oct 2019 22:19:](#)

Thanks.

Excellent insight.

where is bb?

I hope not in jail

but I don't have any opinions on outside issues

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Re: A struggling bochur

Posted by Shnitzel and kugel - 19 Mar 2020 04:20

Whahoo!! I'm still alive..... This Coronavirus and me being quarentined is causing me to go on this site lol..

How's everyone doing?

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Re: A struggling bochur

Posted by 18gye - 19 Mar 2020 04:55

That's amazing progress. Kol HaKavod.

keep up the great work.

Hatzlacha

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Re: A struggling bochur

Posted by sleepy - 19 Mar 2020 12:22

welcome back !

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Re: A struggling bochur
Posted by Hakolhevel - 20 Mar 2020 12:16

Nice to see you again(virtually of course:)

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Re: A struggling bochur
Posted by Shnitzel and kugel - 30 Oct 2020 20:31

Just a brief update: shnitzel is a father to a healthy child, and bh is doing awesome.

It's incredible that the last time I watched porn was like 1.5 years ago.

I just want to say my following point for all bochurim/singles reading this:

"Does marriage help or not?" I constantly had the same question, and so who wants to hear the truth?

So my opinion is that marriage definitely helps tremendously however **only** if as a single you gave it all you got. **only** (but not limited to) if you actually spoke it over with rav/mashpia, went to

therapy, had others on gye helping etc.

If so, why are there so many on gye that claim marriage made it worse for them? Why are most on gye married?

My theory is, that because unfortunately they didn't know about gye when they were still single so they didn't get a opportunity to figure it out then. They weren't so lucky like you.

Now, if someone didn't use gye tools and really fight it as a single then based on most people on gye marriage will make it worse and I understand it partially. The guilt you have once married, is much worse and you then realize that seemingly there's no light at the end of the tunnel.

I didn't manage to put a complete stop to acting out before I was married, but I constantly fought and that's what it is about, constantly fighting. But if you do that, most probably marriage will help you have a healthy outlet and keep you clean from seeking unhealthy outlets, like it bh does to me.

May hashem help me to constantly stay clean without having any urges which occasionally happens once in a while.

In short singles listen up: fight fight fight now!! This is your chance to fix it, to have an amazing marriage without constantly battling the urges.

Good luck to all, may hashem help us all!! Thanks hashem for helping me till now!

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Re: A struggling bochur

Posted by Looking_to_improve - 31 Oct 2020 19:43

Mazeltov! Very exciting news

I've been reading through your thread, it's very inspiring to see your path of growth.

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Re: A struggling bochur

Posted by YeshivaGuy - 01 Nov 2020 00:01

Mazel Tov.

And thank you so much for the insight.

Bezras HaShem I shall heed your words

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