

A struggling bochur

Posted by Shnitzel and kugel - 26 Jun 2018 19:00

Hi, everyone I'm a 21 year old bochur, struggled with masturbation since 14! Went to Yeshivah and bh had no access to technology so it wasn't really a issue then when I got a smartphone 2 years ago the issue started again. Bh I discovered this website 3 weeks ago, then I installed webchaver and iml very careful now with Shmiras ainayim whilst walking in the street, and I've also joined the 90 day challenge and I'm currently 16 days clean! Iyh many more day by day with the eibishter's help!

Any other bochurim out there in my boat?

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Re: A struggling bochur

Posted by Shnitzel and kugel - 08 May 2019 00:42

Alright, I just spoke with my mashpia and and I will be starting to go to live PA meetings iyh.

how exciting!

I feel this is a new stage and step in my recovery and I'm as excited as when I joined gye 11 months ago.

Wondering who else from gye I'll bump into... Lol

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Re: A struggling bochur

Posted by Markz - 08 May 2019 01:10

[Shnitzel and kugel wrote on 08 May 2019 00:42:](#)

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#DeepFryShnitzeling

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Re: A struggling bochur

Posted by Joseph1 - 08 May 2019 01:41

[Shnitzel and kugel wrote on 08 May 2019 00:42:](#)

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how exciting!

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Mazel tov

You will do now the best step in your life.... you will work a program what most people joining it are sober for years with a happy family and strong life

Just ingesting, a bucher should enter SA is an unusual thing, but keep up we are with you

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Re: A struggling bochur

Posted by Shnitzel and kugel - 08 May 2019 04:00

Thanks for the support!

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Re: A struggling bochur

Posted by Shnitzel and kugel - 12 May 2019 04:21

Stam my taphsik shvauh was to give \$75 to tzedaka if I act out.

Tonight someone asks me if I want to buy a pair of tzizis for someone that agreed to start wearing one on Shabbos/Yom tov, and to buy him basic Jewish seforim. Hmmmm definitely will do that!

I'm going to **pa** not **sa** so maybe there are some bochurim that do go, if not I'll be the first.

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Re: A struggling bochur

Posted by Markz - 12 May 2019 04:49

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Re: A struggling bochur

Posted by Realestatemogul - 12 May 2019 04:57

S&K (Its shorter than Schnitzel and Kugel...) I just to start for thanking you for your encouragement when I first started! You were one of the reasons I am sober today, you were so encouraging and were a living example of what I was trying to accomplish. The fact that you got as far as you did can never be taken away from you! It was a serious building block and foundation that you are still building on.

I read a bunch of these past posts and I just want to say one thing, and I hope I am not misunderstood. Being clean is something you have to want and do on your own (With Hashem's help). All these tools are just support to keep you from falling on the way. They are like training wheels. You can put training wheels on a bike, but if the child doesn't pedal he won't go anywhere. But after learning to pedal you can take off the training wheels and with a guiding hand and eventually on his own, the child will be riding along with confidence. All along it was the child riding and directing the bike, not the training wheels and not the parents guiding hand.

I would just recommend thinking about your "why" and seeing what it will take to get where you want to go. You have to be very honest with yourself about where you are and where you are going. Also, no matter what happens Hashem will still give you challenges and that is okay.

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Re: A struggling bochur

Posted by Hakolhevel - 12 May 2019 23:41

REM if I where to summarize.

If we want to be clean only because its wrong to act out, we probably won't have much sobriety.

Is that what you where getting at?

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Re: A struggling bochur

Posted by Shnitzel and kugel - 13 May 2019 00:09

Now I'm beginning to understand dov's point how the forums are not the best tool... I don't recall ever saying that my sobriety is based on the fact that it's wrong, in fact I've said the opposite on my and other threads, I don't practically care whether it's an ????? or not, I want to stay clean cuz I want to live life, stay sane, and not be a slave to lust.

Seems like people are misunderstanding me...

With that being said, I think it's time for me to move on from posting on the forums constantly, and start calling/meeting people.

I'm not going to live meetings as of now, i spoke with Michael from PA which believes I don't need to take that step.

See you,

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Re: A struggling bochur

Posted by Hakolhevel - 13 May 2019 04:21

[Shnitzel and kugel wrote on 13 May 2019 00:09:](#)

Now I'm beginning to understand dov's point how the forums are not the best tool... I don't recall ever saying that...

jokes aside, I think dovs issue with the forum is alot more than just miscommunication...
That is unless you misunderstood dov because you only read his post and didn't talk to him

Anyway for what it's worth agree with your assertion that u should move on to calling/meeting

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Re: A struggling bochur
Posted by Ihavestrength - 13 May 2019 11:27

[No"Shnitzel wrote on 12 May 2019 04:21:](#)

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Nice job mate!

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Re: A struggling bochur
Posted by OTR - 16 May 2019 16:57

[Markz wrote on 12 May 2019 04:49:](#)

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A leitzanus is docheh a hundred tochachos.. but Mark, your witticisms are mamash mechaye meisim for me at least.. Thanks!

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Re: A struggling bochur

Posted by Shnitzel and kugel - 31 May 2019 05:56

Just a suggestion for all those bochurim that nebech can't afford therapy, do what I'm doing...

get yourself a good paying summer job, not in a camp which pays you \$15 a month;) but a job which pays \$15+ an hour and you'll have some extras cash..

Your afraid what you're friends will say? Long ago that stopped bothering me... Question is if your really looking to get help....

Obviously you get it approved by your Rav like I did..

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Re: A struggling bochur

Posted by Shnitzel and kugel - 06 Jun 2019 06:15

Another fall... And then right away another climb up..

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Re: A struggling bochur

Posted by Ihavestrength - 06 Jun 2019 13:02

Sometimes our biggest mistake is living in fear that we are going to make one. So, it's important not to blow our setbacks out of proportion. Sometimes our reaction to a setback is worse than the setback itself. Anyways, sounds like your attitude is great. Godspeed!

