

A struggling bochur

Posted by Shnitzel and kugel - 26 Jun 2018 19:00

Hi, everyone I'm a 21 year old bochur, struggled with masturbation since 14! Went to Yeshivah and bh had no access to technology so it wasn't really a issue then when I got a smartphone 2 years ago the issue started again. Bh I discovered this website 3 weeks ago, then I installed webchaver and iml very careful now with Shmiras ainayim whilst walking in the street, and I've also joined the 90 day challenge and I'm currently 16 days clean! Iyh many more day by day with the eibishter's help!

Any other bochurim out there in my boat?

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Re: A struggling bochur

Posted by Trouble - 26 Mar 2019 21:14

Personally, torah never worked for me. Could it work for others, even those who are sick? Possibly.

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Re: A struggling bochur

Posted by Shteigen613 - 27 Mar 2019 15:52

Where would you draw the line between one who is "sick" vs. One who merely "sins"?

Also, would secular people have the same view?

thanx for the post

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Re: A struggling bochur

Posted by OTR - 27 Mar 2019 17:38

There is no addict test. I think generally the psychologist people say that if the desires are really more aptly termed obsessions then you are sick. But who makes that classification? Usually the person themselves and on THIS anonymous forum for sure, the only one who can define that for you is you.

Sick people know they are sick usually when you really get down to it. They know there is something different about what this 'aveira' is doing to them than others. You may not realize it immediately and in younger years, but as time goes you begin to understand that you are out of synch with your peers.

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Re: A struggling bochur
Posted by Sidewayz - 27 Mar 2019 19:31

I'm looking for a partner around my age (21) to be in touch with about this struggle if someone's interested hit me up

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Re: A struggling bochur
Posted by Shnitzel and kugel - 27 Mar 2019 20:31

You can pm me, I'd love to have another bochur around my age to be in touch with.

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Re: A struggling bochur
Posted by Shnitzel and kugel - 31 Mar 2019 03:45

[Shnitzel and kugel wrote on 04 Mar 2019 05:18:](#)

So first shot I reached 140 then got to 27 then to 43, then to 53, currently I'm at day 1 as I fell Friday night...

Never, never, never never give up.. tralala who knows that Miami song?

Here i am a month later still clean bh, time goes quick..

Gut voch to all!

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Re: A struggling bochur
Posted by doingtshuva - 31 Mar 2019 15:25

[Shnitzel and kugel wrote on 31 Mar 2019 03:45:](#)

[Shnitzel and kugel wrote on 04 Mar 2019 05:18:](#)

Here i am a month later still clean bh, time goes quick..

Gut voch to all!

Great job, can I serve you Schnitzel and Kugel ??

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Re: A struggling bochur
Posted by Schnitzel and kugel - 02 Apr 2019 18:55

Being that my taphsik shvauh ends tonight I don't want to take any chances so I made one more shavua, for 6 weeks and added a slightly bigger knas if I act out c"v.

That way I don't become too comfortable with the taphsik method...

What will happen after this coming one finishes, we'll see then, meanwhile I'm trucking at full speed.

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Re: A struggling bochur
Posted by Joseph1 - 02 Apr 2019 21:30

:smile:Keep up trucking

We are all with you

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Re: A struggling bochur
Posted by Shnitzel and kugel - 07 Apr 2019 03:36

300 days ago I joined gye, coming from acting out 5 times a day, since joining I only had 5 falls bh!

Never imagined I will reach this milestone and happy I tried.

#36

Gut voch to all,

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Re: A struggling bochur

Posted by doingtshuva - 07 Apr 2019 14:03

Great job, can I serve you Shnitzel and Kugel + pickles ??

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Re: A struggling bochur

Posted by Shnitzel and kugel - 09 Apr 2019 01:35

#spring#beinhazmanim#disaster

#pritzus#hashem#help

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Re: A struggling bochur

Posted by Shteigen613 - 09 Apr 2019 03:22

WOW . Kol hakavod.

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Re: A struggling bochur

Posted by Shnitzel and kugel - 09 Apr 2019 18:04

Not a typical shnitzel post..

So someone asked me how my urges decreased drastically after therapy so I explained that I did muscle testing/kinesiology to which he responded "I'm not into that stuff as *most* rabonim dont allow it only a *few* permit it".

I respect that but somehow when it comes to masturbating, you don't think whether it's permitted or not, you do it regardless, even though it's a *terrible* ?????.

So let me ask you this, would you rather do alternative therapy and rely on those rabomim which permit it and hopefully get your acting out under control, or would you rather not go and continue doing the worst sins?

the latter option *might* be what we call a ??? ????? ?????...

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Re: A struggling bochur
Posted by sbj5775 - 09 Apr 2019 22:08

You have a point. A psak can differ depending on circumstances. But, it's never one specific thing that does it. Different things work for different people in different situations.

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