

A struggling bochur

Posted by Shnitzel and kugel - 26 Jun 2018 19:00

Hi, everyone I'm a 21 year old bochur, struggled with masturbation since 14! Went to Yeshivah and bh had no access to technology so it wasn't really a issue then when I got a smartphone 2 years ago the issue started again. Bh I discovered this website 3 weeks ago, then I installed webchaver and iml very careful now with Shmiras ainayim whilst walking in the street, and I've also joined the 90 day challenge and I'm currently 16 days clean! lyh many more day by day with the eibishter's help!

Any other bochurim out there in my boat?

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Re: A struggling bochuri

Posted by Johnsmith2468 - 16 Dec 2018 15:56

Been where you are trying to get back up I'm 23 been trying to stop since I realized it was bad for my soul ever since I was 16

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Re: A struggling bochuri

Posted by ??? ??? - 17 Dec 2018 05:37

go for it . I've been in you're position although now i'm about ten years older. How i wish i had access/knew about GYE at that age.Take advantage for all it is worth-at this age and try very hard to make a true commitment with all the help you get over here, and it will help you're future life in ways you cannot imagine.

HATZLOCHA

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Re: A struggling bochur

Posted by ??? ??? - 17 Dec 2018 05:43

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don't knw who told you HOLOCAUST was because of this , but if it was then it's definitely alot better than the alternative (otherwise G-D wouldn't have done it) so definitely no reason to get depressed.

Let's just guard our mouths and eyes andbring Moshiach now

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Re: A struggling bochur

Posted by ??? ??? - 17 Dec 2018 05:43

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Re: A struggling bochur

Posted by Shnitzel and kugel - 23 Dec 2018 02:58

Gut voch to all!

Today is #28 second highest since joining gye, since last fall I've reached such highs! My amount of wasting time has decreased by 3-4 hours each day and my learning has increased to 3-4 hours each day, so not sure if it's such a fall to some extent...

My falls were due to me wasting time..

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Re: A struggling bochur

Posted by stillgoing - 23 Dec 2018 23:22

[Shnitzel and kugel wrote on 23 Dec 2018 02:58:](#)

Gut voch to all!

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My falls were due to me wasting time..

Way to go Shnitz! Keep it up.

What was your wasting time due to?

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Re: A struggling bochur

Posted by Shnitzel and kugel - 24 Dec 2018 00:38

Due to me reading different articles online instead of me using that time wisely.

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Re: A struggling bochur
Posted by stillgoing - 24 Dec 2018 02:03

Sounds interesting.

Were the articles what caused you to waste time, or were they just the way that you used your wasted time?

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Re: A struggling bochur
Posted by stillgoing - 24 Dec 2018 02:18

Sounds interesting.

Were the articles what caused you to waste time, or were they just the way that you used your wasted time?

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Re: A struggling bochur
Posted by Shnitzel and kugel - 24 Dec 2018 02:20

Both

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Re: A struggling bochur
Posted by i-man - 24 Dec 2018 04:15

Correct me if im wrong but it sounds like the classic trap - " I'm such a loser I might as well be unproductive and read articles.. and than- see all I do is waste time reading articles .. back and forth and then if Im a waste than I might as well act out...

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Re: A struggling bochur

Posted by Shnitzel and kugel - 24 Dec 2018 04:45

I don't feel like a loser when I read those articles as they give me knowledge in specific topics I like looking into.

Wasting time itself isn't gonna cause me to me act out, it's the "bored times" that eventually leads to acting out.

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Re: A struggling bochur

Posted by stillgoing - 25 Dec 2018 14:56

[Shnitzel and kugel wrote on 23 Dec 2018 02:58:](#)

Gut voch to all!

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My falls were due to me wasting time..

"Stillgoing"

Way to go Shnitz! Keep it up.

What was your wasting time due to?

"Shnitzel and kugel" post=337965 date=1545533903 catid=19

...Wasting time itself isn't gonna cause me to me act out, it's the "bored times" that eventually leads to acting out.

Ok, so it sounds like you want to be michalek now between "wasting time" and "bored times". That's your right, its your thread afterall :-) . But then I'm going to want to rephrase my question

What was your bored times due to?

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Re: A struggling bochur

Posted by Schnitzel and kugel - 26 Dec 2018 01:58

I retract on my words... Wasting time and bored times are the same.. though not sure what your trying to get to..

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Re: A struggling bochur

Posted by Schnitzel and kugel - 26 Dec 2018 02:03

Day #31

Rewiring my brain back as quoted in the "30 day email" one receives when hitting 30

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