

Hello

Posted by hello123456789 - 25 Apr 2018 14:56

I struggle with my shmiras eynaim ans want to over come it

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Re: Hello

Posted by ieeyc - 25 Apr 2018 15:34

! In the way a person WANTS to go,he is lead,you just have to want it enough,that means even being willing to do things that might involve some discomfort like lowering your eyes in the street when faced with a temptation,etc.Believe it or not ,as the time goes by, the battle gets easier and even will come natural not to look.

May I ask in what way do you struggle?Is it the regular ta`ava of looking in the street?Is it internet related?Whatever it is, many people here have dealt with it and have seen a satisfying improvement.

Feel free to tell your story here ,you might and probably will feel a heavy burden lifted from your heart!

Hatzlacha!
Welcome to guard your eyes

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Re: Hello

Posted by Hashem Help Me - 26 Apr 2018 03:17

Welcome. It should be with hatzlocha. Like ieeyc said, maybe post some (unidentifying) details so you can get some good advice from the chevra here.

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