GYE - Guard Your Eyes Generated: 20 August, 2025, 22:02
Need help Finally Posted by tompepper - 27 Mar 2018 03:43
Hi everyone.
I have been struggling for a good couple of years now.
Thought I could fight it on my own but realized I need a bit of help.
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Re: Need help Finally Posted by 360gye - 27 Mar 2018 03:53
Hey Tom,
Welcome to the GYE community. You've come to the right place to get help. GYE has a lot of tools to use so check everything out and see what works for you.
?I'm always available to help out if you ever need/want.
Email me at 360gye@gmail.com
All the best,
360gye
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Re: Need help Finally Posted by lifebound - 27 Mar 2018 06:03
Hello, welcome.

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==== Re: Need help Finally Posted by gibbor120 - 27 Mar 2018 14:35 Welcome! Check out the handbook. Keep posting. ==== Re: Need help Finally Posted by aryehdovid85 - 27 Mar 2018 22:33 tompepper wrote on 27 Mar 2018 03:43: Hi everyone. I have been struggling for a good couple of years now. Thought I could fight it on my own but realized I need a bit of help. Welcome, you have come to the right place. Yasher Koach for admitting that this mishgas is too much for us to handle on own. We need help! Help from each other and from Hashem. Re: Need help Finally Posted by Hashem Help Me - 28 Mar 2018 04:20 welcome to a great place. it should iyh be with hatzlocha! Re: Need help Finally Posted by Singularity - 29 Mar 2018 07:05

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A BIT OF HELP!?	
It's a start!	
Welcome!	
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Re: Need help Finally Posted by ieeyc - 29 Mar 2018 08:26	
Chazak ve`ematz! the gye handbook is a great s	start!

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