

Relapse after many years

Posted by help1880 - 18 Mar 2018 13:59

Hi

ive been struggling for years with same sex attraction ever since I was molested as a kid thru my early adult years .

I went to the Meadows program and I was able to be clean for approximately 13 years but acted out 4 weeks ago.

i need help .

id love a sponsor and ideas to stay clean.

=====
=====

Re: Relapse after many years

Posted by gibbor120 - 19 Mar 2018 15:59

You acted out only once? Are you afraid of acting out again, or was the one time an anomaly? What did you do to stay clean for so long?

It sounds like you have been doing a lot of things right! Yasher Koach!

=====
=====

Re: Relapse after many years

Posted by Singularity - 20 Mar 2018 13:22

13 years? Shkoyach!

Seems like you've worked on your issues a lot. What works for you?

=====
=====