

How does it Happen?

Posted by shevayipoltzadik - 07 Mar 2018 21:46

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Acting out! acting out! acting out!

Remember this urge that is inside us that push'es us do it! do it!

This is the *Yitzer Hora*,

So you think to yourself you know what we'll give in now, and leave me alone *Yitzer Hora*,

Looks like A familyer deal, Right?

Now one's you gave in to him instead of saying Thanks,

He is back again OMG what do you want from me now I already gave you what you asked for?

No No No! that was only the beginning of my plan *Shafele*, Now comes the real work for me,  
Now I will use your fall to DESTROY YOU!!!!

So basically how he works is, The few hours before the fall he is taking over your whole body,  
makes you do crazy stuff push all the limits to the max [Bt'w if you anytime want to know what  
you are capable of and what your limits really are try to remember that when there is A will there  
is A way:}] so you cannot focus on life, kids, marriage, business, and everything that is  
important to you, Only on the urge.

And then there is the fall, And then after the fall you feel like such A noting that you have no  
appetite to focus on life, kids, marriage, business, and everything that is important to you,

So it was so-posed to be A good *Shaabas*, A good *Yom Tov*, A good *Simcha*, or just another  
good productive day at work or in your life and here it is all destrrrrrrrroyed!

So, lets take all are *kochos* together and tell him NO! NO! and one's again NO!

**?I will try again and again and again, I will push the limits, I will try every trick, support,  
and help that *hashem* gave me and use them to the best of my ability,**

**I will live my life like A yid, and enjoy it like A yid**

**And with *hashems* help I will live A good productive clean life!**

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Re: How does it Happen?

Posted by ieeyc - 08 Mar 2018 01:28

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well said , ive been waitig for some chizuk like this! keep up the battle and hatzlacha , and dont forget to keep on posting!

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Re: How does it Happen?

Posted by gibbor120 - 19 Mar 2018 15:52

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Welcome! Thank you for your post. I think you are missing something important. What comes "before" the urge. What are the triggers that cause you to have an urge in the first place. Pay attention. is it lonliness, boredom, anger or any other negative emotion. Get to the root of the problem. That is 90% of the solution. Once you are in the ring with the Y"H and you are fighting, your odds are not good. Even if you win some, you will likely lose some. The best defense is to stay out of the ring altogether.

Wishing you hatzlacha!

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