

Some stuff about me...

Posted by OivedElokim - 25 Feb 2018 04:06

Still a teenager. Going through a hard time. I've had an account on here for a few years, but haven't been so on top of my game. I've been falling a lot lately as an escape from various emotional issues that i am struggling to deal with. So i started spending a lot more time on here. I hope i will find what i'm looking for-relief from my lonely struggle with lust, and help for developing a healthier relationship with myself and others, and building a strong sense of self-worth that can withstand the lure of the rampant immorality that is so easily available to us...

Wishing you all a Gut Voch and much success in everything you do,

OivedElokim

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Re: Some stuff about me...

Posted by shmiraShachaim - 02 May 2018 18:46

[OivedElokim wrote on 25 Feb 2018 04:06:](#)

. I hope i will find what i'm looking for-relief from my lonely struggle with lust, and help for developing a healthier relationship with myself and others, and building a strong sense of self-worth that can withstand the lure of the rampant immorality that is so easily available to us...

Better later then never i guess. Welcome to GYE OivedElokim.

Feeling lonely with the struggle with lust is a terrible feeling. Seems like you have great and healthy aspirations for yourself. Hope you find your way to find them.

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Re: Some stuff about me...

Posted by OivedElokim - 06 May 2018 23:29

Just fell last night and again today after a few days clean.

Really in the dumps...

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Re: Some stuff about me...

Posted by Hashem Help Me - 07 May 2018 00:37

Sorry to hear. What triggered it? Do you have a support system of people to reach out to?

Keep in mind, the days that were clean are not erased. They are yours forever. lyh we will help you get up, shake off the dust, and move on.

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Re: Some stuff about me...

Posted by shmiraShachaim - 10 May 2018 17:02

Rough.

How's it been going since?

What have you been up to to see how you can get out of the dumps?

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Re: Some stuff about me...

Posted by OivedElokim - 12 Dec 2018 06:05

Hello everybody,

It's been awhile...

I'm a a pretty low point now. I don't even feel like i want to stop...

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Re: Some stuff about me...

Posted by Markz - 12 Dec 2018 06:22

[OivedElokim wrote on 12 Dec 2018 06:05:](#)

Hello everybody,

It's been awhile...

I'm a a pretty low point now. I don't even feel like i want to stop...

Hey, you did return. That says something, no?

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Re: Some stuff about me...

Posted by Calculator - 12 Dec 2018 06:27

Hi Oived,

I know the feeling.

I've been pushing off some learning this evening. I'm going to get up, and I'll have you in mind.

I don't have a good answer, but try to talk to someone. There is one lesson I heard from a Rabbi when I was younger, not even frum at the time, that stuck with me. When you are feeling down, don't make major decisions in life. This seems sort of straightforward, as most good wisdom is. You are having trouble now, you are in a bad place - you are not in any condition to decide about the future. At best, you have to decide to do what right now. Quitting for good is for another time - try to just quit the next time.

B'Hatzlacha

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Re: Some stuff about me...

Posted by OivedElokim - 05 May 2019 18:20

Hey guys.

I'm back...

I now have two personal devices that have no internet access that I just use for a few basic stuff.

I'm 3 days clean, and optimistic about my chances of making it to 90 days...

Thanks to all the friends here that reached out and nudge me to make a real change...

All the best!

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Re: Some stuff about me...

Posted by ColinColin - 06 May 2019 12:30

Take it day by day, hour by hour if need be.

That way you will get to 90 days and go beyond.

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Re: Some stuff about me...

Posted by OivedElokim - 20 May 2019 18:10

Hey there guys.

I want to publicly thank God for my newfound optimism, energy, productivity, and for 5 days clean.

Thanks to all of those who have supported me many ways.

Gonna keep it short and sweet. For now...

Have a great day

Warning: Spoiler!

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Re: Some stuff about me...

Posted by Markz - 11 Jul 2021 02:54

[gibbor120 wrote on 28 Feb 2018 14:32:](#)

What can you do to step up your game? Make a plan of action. How can you deal with your emotional issues in a healthy way?

Hey it's good to check this out - it can be helpful!

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