GYE - Guard Your Eyes

Generated: 11 September, 2025, 16:37

Some stuff about me...

Posted by OivedElokim - 25 Feb 2018 04:06

Still a teenager. Going through a hard time. I've had an account on here for a few years, but haven't been so on top of my game. I've been falling a lot lately as an escape from various emotional issues that i am struggling to deal with. So i started spending a lot more time on here. I hope i will find what i'm looking for-relief from my lonely struggle with lust, and help for developing a healthier relationship with myself and others, and building a strong sense of self-worth that can withstand the lure of the rampant immorality that is so easily available to us...

Wishing you all a Gut Voch and much success in everything you do,

OivedElokim

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Re: Some stuff about me...

Posted by iampowerless - 25 Feb 2018 16:04

Welcome aboard! Glad you are making an effort. What's the game plan???

Warning: Spoiler!

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Re: Some stuff about me Posted by ieeyc - 26 Feb 2018 01:44
hi and welcome! im sure every fight that you are fighting is causing Hashem such nachas, keep it up Tzadik and dont ever give up!
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Re: Some stuff about me Posted by abieham - 27 Feb 2018 04:51
OivedElokim I think I was in the same situation. I am 21. If you want message me and we can talk. I would love to help you.
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Re: Some stuff about me Posted by Singularity - 27 Feb 2018 11:38
Welcome!!
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Re: Some stuff about me Posted by Hashem Help Me - 27 Feb 2018 12:27
Welcome. It should be with hatzlocha! Many here, including me went through the same. And bh we broke free. Hang around and keep posting.
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Re: Some stuff about me Posted by gibbor120 - 28 Feb 2018 14:32
Welcome! What can you do to step up your game? Make a plan of action. How can you deal with your emotional issues in a healthy way?
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Re: Some stuff about me Posted by OivedElokim - 01 May 2018 00:52
I keep falling using a relatives unfiltered device.
The simplest thing to do would to stop using it unless i'm around people.
But i keep deciding to do that and then disregarding that desicon b/c i "just need to check one thing etc" and then it goes down from there
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Re: Some stuff about me Posted by lifebound - 01 May 2018 01:11
Sounds like a surefire way to keep falling
So what can you do to change that, to not end up in that situation?
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Re: Some stuff about me Posted by Hashem Help Me - 01 May 2018 11:23
Maybe make a contract that you wont use that device even for kosher purposes. Make it muktza, and create a small knas for using it for anything. If you stay away before being triggered, your "curiosity" wont be aroused to just "look a little further"

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Re: Some stuff about me Posted by OivedElokim - 01 May 2018 16:07
Sounds like a great idea, but who makes sure i keep that contract?
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Re: Some stuff about me Posted by lifebound - 01 May 2018 16:41
OivedElokim wrote on 01 May 2018 16:07:
Sounds like a great idea, but who makes sure i keep that contract?
No one but yourself. Or more specifically, your aversion to the consequences and desire to do
Doesn't work for everyone but reportedly "has freed many people from the obsession":
guardyoureyes.com/tools/taphsic-method?onepage=1
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Re: Some stuff about me Posted by ieeyc - 01 May 2018 16:57
are your relatives someone who you can confide in ,and tell them that its tempting to have access ,can they keep it not so accessible, put a code on it, theyll think youre a TZADIK! make sure you erase your history so they dont check what you used it for,be honest .are you married and your wife will get suspicious over such a request, maybe that be a different story and my idea is NOT good.
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stay in touch often.

Of course the real answer is you. Having an accountability partner is helpful too as long as you