

My struggles

Posted by Tzviki - 12 Jan 2018 06:35

---

I've always had a struggle with shmiras einayim, though I didn't have internet in the house, I had by cousins' houses, friends... After I got married I thought it would get easier, but Hashem had other plans for me. My wife was essentially pressured by her family into marrying me, so we haven't really connected, we're going to therapy... I struggle occasionally and I hope that joining GYE will give me the chizuk I need to shteig in this area in a real and irrevocable way.

=====

Re: My struggles

Posted by ieeyc - 12 Jan 2018 07:30

---

welcome! i hope you get out of gye AT LEAST as much as i have been getting , and more!!

stay with gye a youll see how little by little your life will be changing to the life you always dreamed of,chat with the olam ,make friends ,tell your story,and Bezras Hashem youll feel a big load off your heart and thoughts! hatzlacha!

=====

Re: My struggles

Posted by Markz - 12 Jan 2018 14:31

---

[Tzviki wrote on 12 Jan 2018 06:35:](#)

I've always had a struggle with shmiras einayim, though I didn't have internet in the house, I had by cousins' houses, friends... After I got married I thought it would get easier, but Hashem had other plans for me. My wife was essentially pressured by her family into marrying me, so we haven't really connected, we're going to therapy... I struggle occasionally and I hope that joining GYE will give me the chizuk I need to shteig in this area in a real and irrevocable way.

Welcome brother!

=====

Re: My struggles

Posted by youcan - 12 Jan 2018 15:25

---

Welcome! You won't loose anything from staying with us. What can be better than a group of people always ready to listen to you encourage you when you need it & if you're in the mood of

I don't know your specific marriage situation, but my story is more like your wife's than like yours, you can read my intro

here: [guardyoureyes.com/forum/19-Introduce-Yourself/322790-Addiction-Anxiety-Something-else#322790](http://guardyoureyes.com/forum/19-Introduce-Yourself/322790-Addiction-Anxiety-Something-else#322790). I can assure you that your wife will get past these bad feelings & you can still have a wonderful marriage.

check around the site, see what works for you & get to work!

=====

helping somebody? We're all available

=====

Re: My struggles

Posted by bear - 12 Jan 2018 20:15

---

Hey welcome, best of Hatzlacha here and beyond!

=====

=====

Re: My struggles

Posted by Hashem Help Me - 14 Jan 2018 05:41

---

Welcome. It should be with hatzlocha!!

=====

=====

Re: My struggles

Posted by yxorwa - 14 Jan 2018 21:44

---

Tzviki --

I'm going to ask some questions, and you can answer if you want to.

Can you explain more about how your wife was pressured into marrying you? It doesn't sound like a great way to start a marriage. How long have you been married? Is she resentful? Are you?

Therapy can be a tremendous help to individuals or to couples. For myself, it helped my wife and me through a lot of really difficult times. We slowly learned to talk to each other more respectfully, to listen to what the other had to say-- even when it was hard.

Wishing you a lot of hatzlacha!

=====  
=====

Re: My struggles

Posted by Singularity - 16 Jan 2018 07:55

---

Sorry to hear the situation with your wife. It must be so hard.

=====  
=====

Re: My struggles

Posted by eli613 - 16 Jan 2018 10:05

---

Welcome! Sharing on GYE was a first step for me. I still have relapses but I keep on trying.  
Please keep sharing and let us know how your'e doing. Hatzlacha!

=====

=====