

Not much hope but still prepared to give it a try

Posted by Buzi - 10 Dec 2017 10:01

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Hello,

I am in my forties and been struggling with porn and masturbation since I was a teenager.

I have tried to stop using different methods with degrees of success but nothing helped long term.

I have basically resigned myself to the fact that I nothing will help me, but recently it has gotten "worse".

So I am here in the hope that sharing here will "calm down" the lust.

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