

Can't seem to stop

Posted by evedhashem18 - 09 Oct 2017 21:06

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Hi,I'm currently 22 years old and have been learning in yeshiva for the past few years. Ever since I was about 14 years old, I've been addicted. At different times it's been better or worse, ranging from acting out daily to weekly, and rarely better. I've tried everything, my smartphone doesn't even have an internet browser. But somehow I always manage to find an unfiltered device, borrowing from friends or other ways. I just can't stop, I've followed many of the tips and tools on the website, and I even donate to support because I really believe the site helps so many people, but it hasn't worked for me yet. At this point I'm seriously dating, and feel like I'm hiding a part of me from her so that she won't break it off. I really need to stop, and nothing has worked so far.Thank you for all of your help already, moadim l'simcha,Shmuel

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Re: Can't seem to stop

Posted by Markz - 09 Oct 2017 22:26

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Welcome Sam,

I like to recommend this nice Trucking [Story](#) check it out ;-)

GM.KIT

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Re: Can't seem to stop

Posted by gibbor120 - 17 Oct 2017 14:25

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Welcome! You have come to the right place. I'm not sure that you have tried everything. You have probably tried everything that you can do without opening up about your problem. It may be time to open up and get help. Posting here is a good start.

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