Admission Posted by contraz - 15 Sep 2017 16:15

I would like to formally introduce myself.

It has taken me a very long time to admit to myself, that I have a real problem.

?I believe that I am still not truthful with myself, because I still feel like I can control my urges, but the truth is that I can't.

?The internet has been a tool that I have used for too long to help me escape reality. It obviously caused me to be distant from my family, Hashem and from succeeding in Parnassah.

?I hope this site can help me get better, I am just not sure how things work here.

Re: Admission Posted by Markz - 15 Sep 2017 17:05

contraz wrote on 15 Sep 2017 16:15:

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Welcome brother.

Get in your truck put your pedal to the metal and blow your horn - Tekia Too

Then you will find what works for you even if we can't understand how

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Re: Admission Posted by gibbor120 - 18 Sep 2017 13:54

Welcome! This site is what you make of it. A bunch of guys with similar problems trying to grow together and learn from each other. What has worked, what has not worked. Some chizzuk, some joking around.

Check out the handbook. It's a good place to start. See what works for you. You are the captain of your own journey, but you do not journey alone. We are here for you. Keep posting.

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