

hershy

Posted by hershy5970 - 14 Sep 2017 16:03

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Chassidishe yingerman addicted to gazing an frum women int he street and masturbating a bit.

no smartphone but i get then a chuck them a few days later also i go to public pc`s to chat with men and women.

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Re: hershy

Posted by Markz - 14 Sep 2017 16:07

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Welcome

That's an expensive habit...

I had other expensive habits... time, money...

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Re: hershy

Posted by hopfulshimon - 14 Sep 2017 19:36

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welcome to the family

i hope you find this website helpful

may g-d help you and all the rest of us on gye

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Re: hershy

Posted by Hashem Help Me - 14 Sep 2017 20:54

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Welocome. You have come to a great place where you can get serious help. Stay connected.

Hatzlocha.

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Re: hershy  
Posted by heiligeryid - 17 Sep 2017 17:28

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Often i wander why new visitors to our site get a sort of sarcastic welcome from certain members, although their intention is good and it might be considered as humorous, but at the same time it can very off putting for a lot of broken hearted confused people who are looking for guidance and sincere advice. (Perhaps the humorous comments can wait for a later day when things settle down).

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Re: hershy  
Posted by Hashem Help Me - 17 Sep 2017 17:33

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[heiligeryid wrote on 17 Sep 2017 17:28:](#)

Often i wander why new visitors to our site get a sort of sarcastic welcome from certain members, although their intention is good and it might be considered as humorous, but at the same time it can very off putting for a lot of broken hearted confused people who are looking for guidance and sincere advice. (Perhaps the humorous comments can wait for a later day when things settle down).

This is an unfortunate problem that keeps happening. Some chevra here just dont seem to understand that their style can scare away a newcomer. Obviously these very well meaning people have their own challenges.....

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Re: hershy  
Posted by heiligeryid - 17 Sep 2017 17:43

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Besides that most of these kind of comments are hard to understand and require meforshim.

So i would suggest to all dear chaverim: Please try your best to welcome every newcomer with open arms and words of chizuk, and if you feel that you don't have the right words or you are not in the best mood then just move over to the side and let other members do the job.

Thanks in advance!!!

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Re: hershy  
Posted by Markz - 17 Sep 2017 18:37

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Read the edit box

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Re: hershy  
Posted by Phill Up - 17 Sep 2017 19:05

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You have come to the right place!! Hatzlacha for joining and remember you can do it and Hashem loves you! Connect with people and you can find many people who will help you and have been through your struggles or at least relate to them.

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Re: hershy  
Posted by ColinColin - 17 Sep 2017 20:08

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Welcome Hershy.

Sounds to me like you can be a really great person, with a lot of confidence to get things achieved, but it is getting channelled in the wrong way because of lust, or whatever causes that lust.

If you have the guts to chat to strangers in public toilets, then you can flip it so that you have the guts to chat to strangers to raise funds for Tzedakkah or be a macher at a shul kiddush to welcome new families into a kehilla.

Take your time and read various articles on here.

Some will help, others will not.

Different approaches are suggested.

Find the ones which work for you.

There is no "One size fits all" approach.

For me, the HALT system has been useful.

It alerts people to when they are most at risk of sinning.

The triggers are

Hungry

Angry (or resentful of someone or a situation)

Lonely

Tired

One of these puts you at risk.

More than one simultaneously is when alarm bells sound loud!

The answer is to recognise when you are feeling at risk, and do something positive...walk, phone a friend, visit a friend, read, learn, daven, hotbodedut etc.

Even eating, because being Hungry can be a trigger.

As for the sarcasm on here, ignore it.

Some people think they are comedians by being sarcastic on here, by replying with asinine comments.

They are far from comedians, they are merely being used by the Yetzer Harah to distract from positive conversations here.

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Re: hershy  
Posted by GrowStrong - 17 Sep 2017 20:51

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public computers not public toilets.

Also you guys chose the wrong communist to mess with.

Don't mess with the most valuable member of the forum please.

It hurts

Welcome Chassidishe Yingerman,

Sounds like you are ready to stop gazing...

I managed it!

Find what works for you and work it.

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Re: hershy  
Posted by GrowStrong - 17 Sep 2017 20:52

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Also Colin, HALT is not one size fits all.

I am most triggered when im in a good place and on 'top of the world'

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Re: hershy  
Posted by ColinColin - 18 Sep 2017 03:35

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GrowStrong

I did not write that HALT is "One size fits all".

I wrote that it helps me.

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Re: hershy  
Posted by gibbor120 - 18 Sep 2017 13:49

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Welcome! You have come to the right place. This site has a lot to offer. Read the handbook. It is very helpful. Keep posting.

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Re: hershy  
Posted by OneLookLess - 28 May 2023 16:29

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so quite here.... why?

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