

my battle

Posted by beastlyravens - 06 Sep 2017 04:21

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hey everyone,

im a 21 yr old guy, and i would consider myself modern yeshivish. i went to a mainstream yeshiva and spent three years in israel learning. im currently in a yeshiva college program.

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Re: my battle

Posted by Hashem Help Me - 06 Sep 2017 04:31

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Wow! What a first post. You got it all out in the open. Sounds like you are really ready to do whatever it takes to recover. Other than the rebbi, have you spoken to anyone about all this?

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Re: my battle

Posted by bb0212 - 06 Sep 2017 05:26

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[beastlyravens wrote on 06 Sep 2017 04:21:](#)

**Warning: Spoiler!**

Hey, that was a truly fantastic first post.

"Karma" is not usually something that I bring up in a post, but I have to apologize, I meant to ...

Anyway, if one (or 2) of you brothers out there don't mind, can you please click on the +1?  
Thank you!

Good luck with your journey (or trucking as it may be called around here). Read around the forums, there's lots to get inspired from!

=====click +1, but by mistake touched -1. Talk about inappropriate touching=====

Re: my battle  
Posted by GrowStrong - 06 Sep 2017 10:55

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karma is a bitch...

I plus one'd this good young man, and who knows maybe ill get back the minus one i was

BeastlyRavens that was a great first post.

I am in israel, and available to talk anytime, please reach out to me @  
[growstrong613@gmail.com](mailto:growstrong613@gmail.com)

Much success with your recovery.

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Re: my battle  
Posted by Hashem Help Me - 06 Sep 2017 12:27

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I dont pay attention to karma at all, but due to your request i plussed 1 for him. (I dont really understand why the site has this karma thing at all. Maybe someone could enlighten me.)

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Re: my battle

Posted by gibbor120 - 06 Sep 2017 17:40

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Welcome! That was quite a first post! Read the handbook, and definitely read the Dov Quotes (see link in my signature). You may also want to read Dr. Sorotzkins "psychological factors in acting out" (or something like that). I think it is in the reading section of this site. I also have a link to his website in my signature.

How did it go when you opened up to your rebbi? Was he helpful? Do you have someone you can open up to now? I'm afraid that making kabalos will only take you so far at this point. They can help a little, but they will not help that much. I really recommend checking out the dov quotes. There is a treasure trove there. You may want to join his phone call too. (i assume he still does it.)

I wish you the best. Keep posting. You have shown a lot of courage posting. Keep it up, and never ever give up.

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