

Back Again

Posted by bgit - 23 Aug 2017 18:59

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Hello everyone,

I've been here before over the years, but haven't made a very much progress. Long story short, I'm in my upper 20's now and have been struggling with porn for a good fifteen years and masturbation for about ten. I don't remember every going for more than about three or four days without them, but lately I've been spending less time on it and I've kind of plateaued at around once a day. I'm (again) looking to stop, and would like to be able to go to a Yom Kippur clean this year. I can't even imagine what that would be like.

I'm married with kids and have been in kollel for several years. I would like to finally break free of this baggage from when I was younger.

I've tried to stop many times over the years and have never been fully successful. If anyone would be able to help me stay accountable, please let me know.

Thanks,

Bgit

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Re: Back Again

Posted by Markz - 23 Aug 2017 19:09

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[bgit wrote on 23 Aug 2017 18:59:](#)

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Thanks,

Bgit

To stay accountable hidden?

Why would you need to create a new username?

Beats me.

If youre ready to join a daily call or call a fellow Trumping quack that's fine

Otherwise I think you're wasting your time

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Re: Back Again

Posted by bgit - 23 Aug 2017 19:28

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I forgot my old account and don't have access to it's email account. I'm not sure what the rest of your post is supposed to mean...

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Re: Back Again

Posted by Markz - 23 Aug 2017 19:38

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Ok forgive me -I appologize!

I've been here too long and encountered people here that changed the name hoping for a new leaf and seen old timers change their names and guess what, the fellow is the same

Just like me, how different am I compared to 10 years ago?

People don't change...

easily

If you feel you need a real change, it can be done...

For a nominal fee (not taphsic) ;-)

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Re: Back Again

Posted by bgit - 23 Aug 2017 19:43

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Not a problem.

I've been looking to join a phone conference but all the times are in the morning or afternoon (even though it says at night), and I'm only available in the evening.

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Re: Back Again  
Posted by Markz - 23 Aug 2017 19:54

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Cool!

So how about partner with another gye... in the evening

Most are helping their wives with supper and putting kids to bed etc...

But you may have luck

Id call dov and ask him if he knows of a fellow that's available to partner

All the best brother and keep in touch and KOT!!

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Re: Back Again  
Posted by gibbor120 - 25 Aug 2017 15:08

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Welcome! Check out the handbook. Keep posting. Dov's phone call really helped me. Calling

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Re: Back Again

Posted by bgit - 27 Aug 2017 22:45

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My wife catching me was also very helpful

Hopefully we'll stop this before that point...

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Re: Back Again

Posted by gibbor120 - 29 Aug 2017 14:36

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I also hoped. Hope wasn't enough for me.

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Re: Back Again

Posted by Mesayin - 29 Aug 2017 14:53

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I'm still looking to catch myself a wife.

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