

Im Back

Posted by trymyrealbest - 26 Jul 2017 19:19

Hi my dear friends here!

I have alot of pain and in need to share here.

I was in SA for almost 2 years, i went through the 12 steps 2 times with great sponsors.

I was sober few month here and there, and my life was great.

I left SA over a year ago, since then i had few consecutive sober month just by connecting to my Rav, but lately i am falling a lot, with porn masturbation, and online chat.

I do feel that i miss working the steps, but i cannot agree to go back to SA for reasons i dont want to share in public.

I guess my question here is, my life isnt completely unmanageable, as sometimes i can go on for weeks without acting out, So what am i to do?

Is there a support group outside SA? A Group that gets together working the steps?

Respond here or PM me, i would love to get out of this hell, have no idea what to do

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Re: Im Back

Posted by dms1234 - 26 Jul 2017 19:52

Welcome! Just because you can go weeks without acting doesn't mean that your life is not unmanageable.

Maybe you can join a phone conference? Sign up for GYE Live groups?

If you want to chat email me at dms1234ongye@gmail.com. It seems that SA was a good choice for you. Its unfortunate that you had a bad experience. But perhaps it was just one person or a specific meeting that gave you a bad experience not the whole organization? Just pointing it out.

Anyhow, Hatzlacha!

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Re: Im Back

Posted by trymyrealbest - 26 Jul 2017 20:09

[dms1234 wrote on 26 Jul 2017 19:52:](#)

It seems that SA was a good choice for you. Its unfortunate that you had a bad experience. But perhaps it was just one person or a specific meeting that gave you a bad experience not the whole organization? Just pointing it out.

Thanks, I did not post the reason why SA wasnt for me, and i will not post it here.

The experience was great at almost every meeting and person i met

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Re: Im Back

Posted by Markz - 26 Jul 2017 23:34

Welcome back brother ;-)

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Re: Im Back

Posted by serenity - 27 Jul 2017 01:25

Welcome. My email is:

gomu2serenity@gmail.com

There are some great phone conferences here on GYE.

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Re: Im Back

Posted by gibbor120 - 28 Jul 2017 14:55

Wecome! It is a shame that you feel you cannot do the steps anymore since it seems to have helped you a lot.

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